

CHILTERN HARRIERS A.C.

SHARDELOES 10k

20th SEPTEMBER 2015

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RESULTS

Note: Competitors are eligible for one individual prize only

Men's Race Prize Winners:

Seniors	1st	Owain Jones	Bristol & West AC	34:59
	2nd	Tim Haughian	St Mary's Richmond AC	37:53
	3rd (V60)	Paul Gregory	Vale of Aylesbury AC	38:17
Veterans 40-49	1st	Nick Hughes	Chiltern Harriers AC	38:29
Junior (U20)	1st	Jacob Hine	St Albans Striders	41:59
Veterans 50-59	1st	Micheal Turney	Chiltern Harriers AC	43:42
Veterans 60	1st	Tony Barrows	Bearbrook RC	49:16
Team (4 to score)	1st	Chiltern Harriers	Nick Hughes	4th
			Andy Hickman	14th
			Andrew Wiseall	15th
			Jonathan Taylor	18th

Women's Race Prize Winners:

Seniors	1st	Phillippa Keast	Newquay RR	43:04
	2nd (V45)	Cath Holloway	Chiltern Harriers AC	45:54
	3rd (V35)	Helen Livingstone		45:55
Veterans 35-45	1st	Joanne Johnson	RAF Triathlon Association	46:52
Veterans 45-54	1st	Claire Pusey		47:29
Veterans 55	1st	Patricia Keene	Burnham Joggers	53:19
Team (3 to score)	1st	Chiltern Harriers	Cath Holloway	2nd
			Kate Loach	7th
			Charlotte Draper	8th

Fun Team Competition:

Fun Team (4 to score)	1st	Sunny Daze	Brian Gregory	69th
			Gill Baxter	150th
			Clare Davey	169th
			George Baxter	192nd

Full Team Results

	MEN	Pts.	WOMEN	Pts.	FUN*	Pts
1st	Chiltern Harriers	51	Chiltern Harriers	17	Sunny Daze	579
2nd	Burnham Joggers	83	Burnham Joggers	99		

*Fun Teams can be mixed gender and the points score is based on overall finish positions.

SHARDELOES 10k - MEN'S RACE – 20TH SEPTEMBER 2015

POS	COMPETITOR	TEAM	CATEGORY	TIME	RACE PLACE
1	JONES, Owain	Bristol & West AC	Senior	34:59	1
2	HAUGHIAN, Tim	St Mary's Richmond AC	Senior	37:53	2
3	GREGORY, Paul	Vale Of Aylesbury AC	Veteran 60	38:17	3
4	HUGHES, Nick	Chiltern Harriers AC	Veteran 40	38:29	4
5	WOODWARD, Peter	Forest of Dean AC	Senior	39:10	5
6	LANGLEY, Ross	Tring RC	Senior	39:20	6
7	BARROWS, Bob	Bearbrook RC	Senior	40:28	7
8	CIRILLO, Sebastian	Basildon AC	Senior	40:46	8
9	SULLIVAN, Nigel	Burnham Joggers	Veteran 40	41:32	9
10	KEAST, Geoffrey	Newquay RR	Senior	41:43	10
11	HINE, Jacob	St Albans Striders	Junior	41:59	11
12	ATKINSON, Alex	Kenilworth Runners	Veteran 40	42:15	12
13	HOWARD, Nicholas	Reading AC	Senior	42:24	13
14	HICKMAN, Andy	Chiltern Harriers AC	Veteran 40	42:30	14
15	WISEALL, Andrew	Chiltern Harriers AC	Senior	42:39	15
16	KENCROFT, Mark	Ealing, Southall & Middlesex	Veteran 40	42:44	16
17	TAYLOR, Ian		Veteran 40	43:05	18
18	TAYLOR, Jonathan	Chiltern Harriers AC	Senior	43:11	19
19	HOLMES, Ash	Chiltern Harriers AC	Senior	43:37	20
20	JOHNSON, John	Royal Air Force AA	Veteran 40	43:41	21
21	TURNER, Michael	Chiltern Harriers AC	Veteran 50	43:42	22
22	TAYLOR, Nathan	Chiltern Harriers AC	Veteran 40	43:45	23
23	ROSE, Chris	Burnham Joggers	Veteran 50	43:56	24
24	HOLMES, Zack		Senior	44:13	25
25	ROONEY, Sean	Burnham Joggers	Veteran 40	44:14	26
26	HUMPHREY, Derek	Burnham Joggers	Veteran 50	44:25	27
27	HIGGINS, Craig	Tring RC	Veteran 50	45:04	28
28	SHERFIELD, Will		Veteran 40	45:12	29
29	LAWLEY, Kevin		Veteran 50	45:22	30
30	CHRISTIE, Paul	Dacorum & Tring	Senior	45:36	31
31	POWELL, Thomas	Chiltern Harriers AC	Senior	45:39	32
32	WHITAKER, Grant	Chiltern Harriers AC	Veteran 50	45:47	33
33	MOORE, Mark	Burnham Joggers	Veteran 50	45:51	34
34	WORSFOLD, Mike	Chiltern Harriers AC	Veteran 40	45:53	35
35	WOOD, Sam		Senior	45:59	38
36	DAVIS, Duncan		Veteran 40	46:03	39
37	BUCKINGHAM, Daniel		Veteran 40	46:05	40
38	MOFFAT, Mark		Veteran 40	46:12	41
39	WRIGHT, Michael	Thames Valley Orienteering Club	Veteran 50	46:22	42
40	LAWRENCE, Matt	Chiltern Harriers AC	Veteran 40	46:37	43
41	BATEMAN-RAWLE, Peter		Veteran 40	46:38	44
42	ALEXANDER, Damian		Veteran 40	47:11	46
43	WALKER, Peter	Burnham Joggers	Veteran 40	47:42	48
44	ADLEY, Nicholas	Reading RR	Senior	47:47	49
45	BARNES, Louis		Senior	47:49	50
46	EASTER, Greg		Senior	48:05	51
47	TALBOT, Robert	Burnham Joggers	Senior	48:21	52
48	SALMON, John	Thames Hare & Hounds	Veteran 50	48:28	53
49	BAILEY, Michael	Chiltern Harriers AC	Veteran 40	48:31	54
50	PICKEN, John		Veteran 40	48:35	55
51	CURTIS, Martin		Senior	48:39	56
52	BATEMAN, Jonathan	Road Runners Club	Veteran 60	48:42	57
53	SIBLEY, George		Veteran 50	49:02	59
54	ROSS, Rick	Ealing Eagles RC	Veteran 50	49:11	60
55	BARROWS, Tony	Bearbrook RC	Veteran 60	49:16	61
56	SMITH, John		Veteran 70	49:22	62
57	SMITH, Neal		Senior	49:23	63
58	BAKER, Dan		Veteran 40	49:40	65
59	MCCORMACK, Ade	Chiltern Harriers AC	Veteran 50	49:43	67
60	MORGAN, David		Veteran 40	50:04	68
61	GREGORY, Brian	Sunny Daze	Veteran 40	50:08	69
62	NUNN, Geoffrey		Veteran 40	50:16	70
63	FERGUSON, Bruce		Veteran 50	50:18	71
64	BREWER, John	UKNetrunner	Veteran 50	50:39	73
65	HOFF, Nigel		Veteran 50	50:40	74
66	SABAN, Tim	Fairlands Valley Spartans	Veteran 40	50:55	75
67	KENT, Nick		Senior	50:58	76
68	TAYLOR, Chris		Senior	51:30	79
69	BENTLEY, Eddie		Junior	51:32	80
70	MCCARTHY, Paul		Veteran 40	51:36	81
71	ROBINSON, Tom		Veteran 40	51:42	82
72	HERON, Gary	Burnham Joggers	Senior	51:45	83

POS	COMPETITOR	TEAM	CATEGORY	TIME	RACE PLACE
73	BROWN, Matt		Veteran 40	52:03	84
74	TOLE, Chris		Veteran 40	52:05	85
75	STARKEY, Tim		Veteran 40	52:07	86
76	GREATOREX, Nick		Veteran 40	52:11	87
77	JOHNSON, Guy	Chiltern Harriers AC	Veteran 50	52:22	88
78	SHAWCROSS, Dan		Veteran 40	52:32	89
79	GILLINGWATER, Clive		Veteran 50	52:34	90
80	KENNETT, Roland	Triathlon UK	Veteran 50	52:44	91
81	SAUL, David		Veteran 50	52:45	92
82	AYRES, Tom	Chiltern Harriers AC	Senior	52:54	93
83	BENTLEY, Giles		Veteran 50	53:02	94
84	WILLIAMS, Tom		Senior	53:26	97
85	BLUNDELL, Mark	Redway Runners	Veteran 50	53:26	98
86	CLARKE, Jonathan	Chiltern Harriers AC	Senior	53:29	99
87	DAVIES, Lewis		Senior	53:47	100
88	DAWSON, Tim		Veteran 40	54:06	102
89	TURNER, Ian	Chiltern Harriers AC	Veteran 50	54:10	103
90	VAUGHAN, Chris		Veteran 50	54:33	104
91	SHEPPARD, Simon		Veteran 40	54:34	105
92	RICKETT, Peter	Runnymede Runners	Veteran 50	54:35	106
93	SIBLEY, Patrick		Veteran 60	54:42	107
94	TAYLOR, Marcus		Senior	54:42	108
95	SHARP, Ben		Veteran 50	55:02	112
96	OWENS, Russell		Veteran 40	55:08	113
97	PEARCE, Paul	Chiltern Harriers AC	Veteran 40	55:09	114
98	FIELD, Steve	Chiltern Harriers AC	Veteran 60	55:13	116
99	CHANNER, Matt	Chiltern Harriers AC	Senior	55:19	119
100	WALKER, Simon		Veteran 40	55:39	120
101	BIDDLE, Chris		Veteran 40	55:45	121
102	MITCHELL, Ian		Veteran 40	55:49	122
103	ELLERBY, Roger	Chiltern Harriers AC	Veteran 50	55:59	124
104	DRISCOLL, James		Senior	56:02	125
105	EDWARDS, Rik	Chiltern Harriers AC	Veteran 50	56:16	126
106	DALE, Andy		Veteran 40	56:22	127
107	HILL, Greg		Veteran 60	56:27	128
108	BRAWN, Trevor	Chiltern Harriers AC	Veteran 60	56:30	130
109	TRAVERS, Mark	St Albans Striders	Veteran 50	56:51	131
110	ROGERS, Peter	St Albans Striders	Veteran 50	57:05	132
111	KUNJASIC, Steve		Senior	57:35	136
112	WATSON, Julian		Senior	57:37	137
113	PAUL, Alistair		Senior	57:55	140
114	STASIUK, Stefan	Burnham Joggers	Veteran 60	57:58	141
115	KEENE, Oliver	Burnham Joggers	Veteran 50	57:59	142
116	FAHY, Declan	Chiltern Harriers AC	Veteran 50	58:15	144
117	MOORE, Jonny	Chillblain Worriers	Veteran 40	58:37	145
118	VERYARD, Michael		Veteran 40	59:31	152
119	CRAWSHAW, Roger	High Wycombe Hash House Harriers	Veteran 60	59:53	153
120	CARROLL, John		Veteran 40	1:00:03	154
121	HOLMES, David		Veteran 60	1:00:27	155
122	EGGLETON, Darran		Senior	1:00:54	157
123	CLISH, Tony	Burnham Joggers	Veteran 50	1:01:29	160
124	KING, Doug	Chiltern Harriers AC	Veteran 60	1:01:32	161
125	KUMAR, Raman		Senior	1:02:08	162
126	GARRETT, Martin	Sudbury Court RC	Veteran 60	1:02:09	163
127	PRICE, Kevin		Veteran 50	1:02:32	164
128	AOUN, Antoine		Senior	1:03:14	166
129	VINCENT, John		Veteran 40	1:03:49	167
130	KING, Philip		Veteran 50	1:03:59	170
131	MOLESWORTH, Steve		Veteran 40	1:04:06	172
132	MOLESWORTH, Tony	Chiltern Harriers AC	Veteran 70	1:04:06	173
133	WATSON, Alan	Burnham Joggers	Veteran 60	1:04:20	174
134	PORTLAND, Keith		Veteran 50	1:04:28	175
135	DEWHURST, Peter		Senior	1:04:54	177
136	GILBERT, Andrew	Burnham Joggers	Veteran 40	1:05:19	178
137	SCOTT, David		Senior	1:05:46	179
138	QASAM, Yasaer		Senior	1:06:13	180
139	SHEDD, Ed		Veteran 40	1:06:17	182
140	TOGNERI, Dave		Veteran 40	1:06:24	183
141	DRIZEN, Alex	Watford Joggers	Senior	1:07:31	185
142	SINGH, Sukjit	Burnham Joggers	Veteran 50	1:08:47	188
143	WILKINS, Derek	Burnham Joggers	Veteran 50	1:09:17	190
144	BAXTER, George	Sunny Daze	Veteran 40	1:09:40	192
145	CLARK, Eric		Veteran 40	1:09:42	193

SHARDELOES 10k - WOMEN'S RACE – 20TH SEPTEMBER 2015

POS	COMPETITOR	TEAM	CATEGORY	TIME	RACE PLACE
1	KEAST, Phillippa	Newquay RR	Senior	43:04	17
2	HOLLOWAY, Cath	Chiltern Harriers AC	Veteran 45	45:54	36
3	LIVINGSTONE, Helen		Veteran 35	45:55	37
4	JOHNSON, Joanne	RAF Triathlon Association	Veteran 35	46:52	45
5	PUSEY, Claire		Veteran 45	47:29	47
6	WOOD, Tara		Veteran 35	48:55	58
7	LOACH, Kate	Chiltern Harriers AC	Veteran 45	49:27	64
8	DRAPER, Charlotte	Chiltern Harriers AC	Senior	49:41	66
9	LAWLEY, Elodie		Senior	50:38	72
10	ALEXANDER, Helen		Veteran 35	51:17	77
11	ISTREFI, Yllka	Fairlands Valley Spartans	Veteran 35	51:18	78
12	ASKEY, Abigail	Chiltern Harriers AC	Veteran 35	53:12	95
13	KEENE, Patricia	Burnham Joggers	Veteran 55	53:19	96
14	FRYER, Anna	Bearbrook RC	Veteran 35	54:00	101
15	FOOT, Elizabeth	Chiltern Harriers AC	Veteran 45	54:46	109
16	DEARSLEY, Melissa		Senior	54:52	110
17	MORLEY, Claire		Veteran 35	55:01	111
18	PAWLIK, Teresa	Chiltern Harriers AC	Veteran 35	55:11	115
19	WALSH, Katarzyna	Chiltern Harriers AC	Veteran 35	55:18	117
20	BAKER, Natalie	Chiltern Harriers AC	Veteran 35	55:18	118
21	MAYOT, Lauren		Senior	55:50	123
22	MELLOR, Lyn		Veteran 55	56:29	129
23	THOMAS, Geraldine		Veteran 35	57:21	133
24	FOLKARD, Heidi	Chiltern Harriers AC	Veteran 45	57:27	134
25	FERGUSON, Sue	Tring RC	Veteran 45	57:28	135
26	CUMMING, Sophie		Senior	57:39	138
27	TAFT, Sarah		Veteran 35	57:42	139
28	DOWNS, Ursula		Veteran 55	58:10	143
29	TRUBRIDGE, Nicola		Veteran 35	58:39	146
30	ALIAJ, Julia	Chiltern Harriers AC	Senior	58:41	147
31	HARRIS, Phillippa	Chiltern Harriers AC	Senior	59:08	148
32	WEST, Jo	Chiltern Harriers AC	Veteran 35	59:10	149
33	BAXTER, Gill	Sunny Daze	Veteran 35	59:13	150
34	TANK, Debbie	Chiltern Harriers AC	Veteran 35	59:28	151
35	WRAY, Rachel		Senior	1:00:29	156
36	DAVIS, Mary	Vegetarian Cycling & AC	Veteran 45	1:00:56	158
37	FLAHERTY, Leona	Gade Valley Harriers	Veteran 45	1:01:11	159
38	THOMPSON, Martine	Burnham Joggers	Senior	1:03:09	165
39	DAVEY, Clare	Sunny Daze	Veteran 35	1:03:50	168
40	NEWMAN, Rosemary		Veteran 55	1:03:59	169
41	MILLER, Lindsay		Senior	1:04:06	171
42	STEVENSON, Iona		Senior	1:04:54	176
43	LEE BRIGGS, Laura		Veteran 45	1:06:13	181
44	DALE, Julie		Veteran 55	1:07:17	184
45	FRANCIS, Linda	Hedge End RC	Veteran 55	1:08:09	186
46	GIDDINS, Jane		Veteran 45	1:08:15	187
47	DARVILL, Sian		Veteran 35	1:08:52	189
48	BUCKINGHAM, Yvette	Burnham Joggers	Veteran 35	1:09:17	191
49	SMITH, Lucy		Veteran 35	1:11:24	194
50	BARGETTO, Vanya		Veteran 35	1:11:31	195
51	FRASER, Emma		Veteran 35	1:12:12	196
52	FOSTER, Jo		Veteran 45	1:12:24	197
53	IVES, Saskia		Veteran 35	1:12:25	198
54	DU TOIT, Antoinette		Senior	1:14:17	199
55	CAMERON-HARRIS, Myrna		Veteran 35	1:14:17	200