

**CHILTERN HARRIERS AC
PEDNOR 5
MONDAY 5th MAY 2014**

*See Below for
Race Walk*

MEN'S RACE

POSN (MEN)	RACE POSN	COMPETITOR	CLUB/TEAM	CATEGORY	TIME	PRIZES
1	1	O'GORMAN, Eddie	Chiltern Harriers AC	Veteran 40	28:15	1 st
2	2	LANGLEY, Ross	Tring RC	Senior	29:06	2 nd
3	3	MILES, Pete		Senior	29:17	3 rd
4	4	ADCOCK, Matt	Watford Harriers	Veteran 40	29:23	1 st V40
5	5	WILLIAMS, Nick	Tring RC	Senior	29:32	
6	6	MELVILLE-SMITH, Alistair	Chiltern Harriers AC	Senior	29:34	
7	7	DIXON, Thomas	Chiltern Harriers AC	Senior	29:41	
8	8	KYTE, Jon	Harrow AC	Senior	29:45	
9	9	POCKLINGTON, Tom		Senior	30:03	
10	10	STEWART, Allan	Chiltern Harriers AC	Senior	30:03	
11	11	SIKORA, Simon	Marlow Striders	Senior	30:17	
12	12	TAYLOR, Jonathan	Chiltern Harriers AC	Senior	30:18	
13	13	FOSTER, Graham	St Albans Striders	Veteran 50	30:24	1 st V50
14	14	MILES, Andy	Hillingdon AC	Veteran 50	30:55	
15	15	RUTTLEY, Paul	Watford Harriers	Veteran 40	31:21	
16	16	NEEDLEMAN, Ian	Dacorum & Tring	Veteran 50	31:28	
17	17	BRAYBROOK, Colin	St Albans Striders	Veteran 50	31:31	
18	18	SCHIFFER-HARTE, Ben	Burnham Joggers	Senior	31:32	
19	19	ROSE, Chris	Burnham Joggers	Veteran 50	31:42	
20	20	SULLIVAN, Nigel	Burnham Joggers	Veteran 40	31:45	
21	21	DIXON, Dave	Watford Joggers	Veteran 40	31:50	
22	22	BRADLEY, Mikk	Watford Harriers	Veteran 50	32:03	
23	24	THOMAS, Hywel	Chiltern Harriers AC	Veteran 40	32:20	
24	25	TAYLOR, Colin	Watford Joggers	Veteran 50	32:24	
25	26	KING, Cliff	Trail Runners Association	Veteran 40	32:27	
26	28	FULLER, Bob		Veteran 50	32:37	
27	30	WALKER, Peter	Burnham Joggers	Veteran 40	32:41	
28	32	GADDIE, Robert	Ashmei RC	Veteran 40	32:48	
29	33	DIXON, Scott	Hillingdon AC	Veteran 40	32:55	
30	34	O'GRADY, John		Veteran 40	32:57	
31	35	GOODWIN, Scott	Watford Joggers	Senior	33:05	
32	36	JAMES, Brian	Watford Joggers	Veteran 60	33:11	1 st V60
33	37	WORSFOLD, Mike	Chiltern Harriers AC	Veteran 40	33:14	
34	38	NEWMAN, David	Hillingdon AC	Veteran 50	33:34	
35	39	HICKMAN, Andrew		Veteran 40	33:35	
36	40	TREMAINE, Robin	Watford Joggers	Veteran 50	33:37	
37	41	VALLIS, Keith	Overton Harriers & AC	Veteran 40	33:42	
38	44	VOCKINS, Richard		Senior	33:58	
39	46	LARK, Trevor	Tring RC	Veteran 50	34:11	
40	47	KELLY, Tim	Vale Of Aylesbury	Veteran 60	34:25	
41	49	MAYOH, Graham	Watford Harriers	Veteran 40	34:32	
42	50	BLOOM, Richard	Herts Phoenix	Veteran 60	34:53	
43	51	PALMER, Richard		Senior	34:56	
44	52	ANGUS, Andrew	Watford Harriers	Veteran 50	34:59	
45	53	FIRMAN, Chris	Burnham Joggers	Veteran 40	35:07	
46	55	ROBERTS, Alan	Vale Of Aylesbury	Veteran 50	35:12	
47	56	WHITAKER, Grant	Chiltern Harriers AC	Veteran 50	35:13	
48	57	BRYAN, Jerry	Barnet & District AC	Veteran 50	35:16	
49	58	PACKHAM, Anthony	Shaftesbury Barnet Harriers	Veteran 60	35:20	
50	59	WELDON, Ciaran	Watford Harriers	Veteran 40	35:23	
51	60	ILLING, Paul	Watford Harriers	Veteran 40	35:25	
52	62	WATSON, Giles		Veteran 50	35:29	
53	63	BICKLEY, Phil	Burnham Joggers	Veteran 40	35:31	
54	64	MCCORMACK, Ade	Chiltern Harriers AC	Veteran 50	35:33	
55	65	EWIN, Colin	Garden City Runners	Veteran 60	35:34	
56	66	WILD, David		Veteran 40	35:37	
57	67	KLIKIS, Pani	Chiltern Harriers AC	Veteran 50	35:46	
58	68	PASSEY, Duncan		Senior	35:46	
59	69	BULL, Howard	St Albans Striders	Senior	35:47	
60	70	TALBOT, Rob	Burnham Joggers	Senior	35:50	
61	71	GREENHALGH, Alan		Veteran 50	35:54	
62	72	MAINWARING, Rupert	Gade Valley Harriers	Senior	35:57	
63	73	MARSHALL, David		Veteran 40	36:06	
64	74	STEWART, Andrew	Chiltern Harriers AC	Veteran 50	36:07	

POSN (MEN)	RACE POSN	COMPETITOR	CLUB/TEAM	CATEGORY	TIME	PRIZES
65	76	COOPER, Neil	Chiltern Harriers AC	Veteran 50	36:36	
66	80	HALL, Steve	Chiltern Harriers AC	Veteran 40	36:50	
67	81	PARRY, Alister	Garden City Runners	Veteran 40	36:52	
68	82	BORRILL, Stuart	Watford Joggers	Veteran 40	36:53	
69	84	BELCHAMBER, Roy	Ashmei RC	Veteran 40	37:01	
70	85	FOSKETT, Richard	Herts Phoenix	Veteran 50	37:06	
71	86	BOURNE, Antony	Marlow Striders	Veteran 40	37:08	
72	87	MALDEN, Ted		Veteran 50	37:16	
73	88	HOPE, John	St Albans Striders	Veteran 60	37:37	
74	89	NORCOTT, Lee	Burnham Joggers	Senior	37:40	
75	90	MANNION, Des	Handy Cross Runners	Veteran 40	37:44	
76	91	HEDGE, Terry	Watford Harriers	Veteran 50	37:46	
77	93	ROSE, Nigel	Marlow Striders	Veteran 60	37:59	
78	94	MARTIN, Glen	Chiltern Harriers AC	Veteran 40	38:08	
79	98	MELDRUM, Samuel	Chiltern Harriers AC	Veteran 40	38:35	
80	99	WELLAND, Elliot	Ashmei RC	Senior	38:39	
81	100	BROOKE, Stuart	Ashmei RC	Veteran 40	38:43	
82	101	IRWIN, John	Burnham Joggers	Veteran 60	38:44	
83	102	PRICE, Simon		Senior	38:46	
84	103	COOPER, Neil		Veteran 50	38:48	
85	106	BROWN, Jim	Fairlands Valley Spartans	Veteran 60	38:59	
86	109	FERGUSON, Bruce		Veteran 50	39:20	
87	110	BURCHETT, Dominic	Burnham Joggers	Junior	39:22	1 st Junior
88	111	BOYDEN-WILSON, Steve	Chiltern Harriers AC	Veteran 50	39:24	
89	112	HATTON, Michael		Veteran 50	39:27	
90	114	TAYLOR, Keith	Watford Joggers	Veteran 50	39:34	
91	118	KENNETT, Roland	Triathlon England	Veteran 50	40:06	
92	120	SMITH, John		Veteran 70	40:11	
93	122	DYER, Paul		Veteran 40	40:21	
94	124	SHEPHERD, John		Veteran 40	40:23	
95	125	FRY, Mark	Chiltern Harriers AC	Veteran 50	40:28	
96	126	YEARLEY, Paul		Veteran 50	40:34	
97	128	IRWIN, Olivir	Burnham Joggers	Senior	41:01	
98	129	TREVETTE, Brian		Veteran 60	41:07	
99	130	WETTERS, Justin		Veteran 40	41:14	
100	131	BLESSON, Greg		Veteran 40	41:38	
101	133	SLADE, Nick	Watford Joggers	Veteran 40	41:46	
102	136	PEACE, Thomas		Veteran 40	42:05	
103	137	LLOYD, Richard	Chiltern Harriers AC	Veteran 40	42:21	
104	139	RICHARDSON, Paul		Veteran 50	42:53	
105	140	DUNCAN-ANDERSON, Rob	The Brewery Shop	Senior	42:59	
106	141	FAHY, Declan	Chiltern Harriers AC	Veteran 50	43:04	
107	144	BONNICK, Ian	Watford Joggers	Veteran 50	43:49	
108	150	VAN DER SLUIJS, Peter		Veteran 40	44:08	
109	156	MCINTYRE, Rob		Veteran 50	44:54	
110	157	DUNCAN-ANDERSON, Jason		Senior	45:24	
111	159	WESSON, David		Veteran 50	45:38	
112	161	KING, Kevin		Veteran 40	46:15	
113	162	CHAPMAN, Ian	The Brewery Shop	Veteran 50	46:31	
114	163	TAYLOR, Peter	Chiltern Harriers AC	Veteran 40	46:42	
115	165	WRIGHT, Peter	Buryfields	Veteran 40	47:02	
116	166	BRAWN, Trevor	Chiltern Harriers AC	Veteran 60	47:12	
117	167	MCQUAID, Douglas	Watford Joggers	Veteran 50	47:15	
118	170	LORD, Andrew	Watford Joggers	Veteran 50	48:00	
119	174	GILBERT, Andrew	Burnham Joggers	Veteran 40	48:32	
120	176	SINGH, Sukjit	Burnham Joggers	Veteran 50	50:11	
121	181	TRAVERS, Mark	St Albans Striders	Veteran 50	51:25	
122	188	GILBERT, Barry	Wadhurst Runners	Veteran 60	52:50	
123	194	DOYLE, Noel		Senior	54:06	
124	197	HOYLE, Raymond	Watford Harriers	Veteran 70	69:58	

WOMEN'S RACE

POSN (WOMEN)	RACE POSN	COMPETITOR	CLUB/TEAM	CATEGORY	TIME	PRIZES
1	23	YOUNG, Ali	Chiltern Harriers AC	Veteran 35	32:13	1 st
2	27	REYNOLDS, Sandra	Chiltern Harriers AC	Veteran 35	32:35	2 nd
3	29	MACK, Eva	Hillingdon AC	Senior	32:39	3 rd
4	31	GRAY, Jess	Watford Joggers	Senior	32:46	
5	42	AUSTIN, Julia	Vale Of Aylesbury	Veteran 45	33:45	1 st V45
6	43	HALFORD, Angela	Watford Harriers	Veteran 35	33:54	1 st V35
7	45	PARRY, Lizzie	Herts Phoenix	Junior	34:04	1 st Junior
8	48	QUANTRILL, Sarah	Chiltern Harriers AC	Veteran 35	34:30	
9	54	BURGESS, Verna	Tring RC	Veteran 45	35:11	
10	61	NEEDLEMAN, Sarah	Chiltern Harriers AC	Junior	35:26	
11	75	JONES, Carol	Ealing, Southall & Middlesex	Veteran 55	36:17	1 st V55
12	77	SAMMES, Rachel	Burnham Joggers	Veteran 35	36:40	
13	78	CONN, Joanna	Serpentine Running Club	Veteran 35	36:43	
14	79	NI CHIOBHAIN, Lean	Chiltern Harriers AC	Senior	36:46	
15	83	PICKARD, Kate	Watford Joggers	Veteran 35	37:00	
16	92	ATTRIDGE, Michelle		Senior	37:54	
17	95	JULIN, Barbro	Marlow Striders	Veteran 45	38:26	
18	96	HAND, Jennie	Chiltern Harriers AC	Senior	38:26	
19	97	BOWLES, Ann	Marlow Striders	Veteran 55	38:34	
20	104	RALPH, Barbara	Chiltern Harriers AC	Veteran 55	38:53	
21	105	CONWAY, Fiona		Veteran 45	38:56	
22	107	THOMAS, Patricia	Ealing, Southall & Middlesex	Veteran 45	39:10	
23	108	FERGUSON, Katie	Tring RC	Senior	39:17	
24	113	BOLDEN, Melanie		Veteran 45	39:32	
25	115	LERNER, Joan		Veteran 35	39:44	
26	116	DAVIDSON, Sharon	Purple Patch Runners	Veteran 35	39:47	
27	117	HOPE, Deborah	Marlow Striders	Veteran 45	40:05	
28	119	BONNICK, Clare	Watford Joggers	Veteran 45	40:10	
29	121	LOACH, Kate	Chiltern Harriers AC	Veteran 45	40:20	
30	123	SHARMAN, Sarah	Watford Joggers	Veteran 45	40:21	
31	127	STEVENS, Christina		Senior	40:41	
32	132	OWEN, Jill	Watford Harriers	Veteran 45	41:45	
33	134	PASSEY, Tessa		Veteran 35	41:53	
34	135	SPENCER, Melanie	Hillingdon AC	Veteran 35	42:05	
35	138	REDINGTON, Alison		Veteran 35	42:26	
36	142	WELCH, Jane	Watford Joggers	Veteran 55	43:06	
37	143	GOLDHAGEN, Daisy	Tring RC	Junior	43:11	
38	145	COURT, Cathy	Tring RC	Veteran 45	43:56	
39	146	CURTIS, Tessa	Chiltern Harriers AC	Veteran 45	43:56	
40	147	DAVIDSON, Ann		Veteran 55	43:57	
41	148	FERGUSON, Sue	Tring RC	Veteran 45	44:05	
42	149	QUINN, Marcia	Watford Joggers	Veteran 45	44:07	
43	151	ARMSTRONG, Jacqueline	Watford Joggers	Veteran 45	44:25	
44	152	DOBSON, Kathryn	Thames Valley Harriers	Senior	44:41	
45	153	TOOKEY, Clare	Gade Valley Harriers	Veteran 35	44:42	
46	154	HOLFORD, Nora	Kidlington RC	Veteran 45	44:45	
47	155	RUSSELL, Kylie		Senior	44:50	
48	158	MCQUAID, Linda	Watford Joggers	Veteran 55	45:33	
49	160	KEMPSON, Miriam		Veteran 45	46:13	
50	164	HOGG, Kate	Buryfields	Veteran 35	47:01	
51	168	WILSON, Joanne		Veteran 35	47:31	
52	169	EDWARDS, Donya		Veteran 45	48:00	
53	172	DEFOE, Susan	Watford Joggers	Veteran 45	48:07	
54	173	COLTMAN, Sarah	Watford Joggers	Veteran 35	48:25	
55	175	ATTWOOD, Elspeth		Veteran 55	48:48	
56	177	YEANLEY, Carole		Veteran 45	51:11	
57	178	WALDER-DAVIS, Susanna		Veteran 35	51:12	
58	179	YALDEN, Sarah		Veteran 35	51:14	
59	180	CALDER, Fiona	Chiltern Harriers AC	Senior	51:19	
60	182	LORD, Mary	Burnham Joggers	Veteran 45	51:49	
61	183	RANKIN, Amanda	Stopsley Striders	Veteran 45	51:56	
62	184	BENNET, Jennifer		Veteran 45	52:24	
63	185	EDWARDS, Angela	Watford Joggers	Veteran 45	52:29	
64	186	FULLYLOVE, Roz	Watford Joggers	Veteran 45	52:36	
65	187	THOMAS, Mari	Ashmei RC	Senior	52:47	
66	189	KNEVITT, Nichola	Handy Cross Runners	Senior	52:51	
67	190	GLYN, Alex		Senior	52:53	
68	191	SHEPHERD, Debbie		Veteran 45	53:01	
69	192	ROWLANDS, Louisa		Veteran 35	53:01	
70	193	BISHOP, Fiona	Woking AC	Veteran 45	53:49	
71	195	POTTS, Laura		Senior	54:07	
72	196	HARLEY, Sarah		Senior	55:09	

FULL TEAM RESULTS

	MENS TEAM	PTS	SCORERS	POS		WOMENS TEAM	PTS	SCORERS	POS
1	Chiltern Harriers	24	E O'Gorman	1	1	Chiltern Harriers	11	A Young	1
			A Melville-Smith	6				S Reynolds	2
			D Thomas	7				S Quantrill	8
			A Stewart	10					
2	Watford Harriers	82	M Adcock	4	2	Watford Joggers	47	J Gray	4
			P Ruttley	15				K Pickard	15
			M Bradley	22				C Bonnick	28
			G Mayoh	41					
3	Burnham Joggers	84	B Schiffer-Harte	18	3	Marlow Striders	63	B Julin	17
			C Rose	19				A Bowles	19
			N Sullivan	20				D Hope	27
			P Walker	27					
4	Watford Joggers	108	D Dixon	21	4	Tring Running Club	69	V Burgess	9
			C Taylor	24				K Ferguson	23
			S Goodwin	31				D Goldhagen	37
			B James	32					
5	St Albans Striders	162	G Foster	13					
			C Braybrook	17					
			H Bull	59					
			J Hope	73					
6	Ashmei RC	258	R Gaddie	28					
			R Belchamber	69					
			E Welland	80					
			S Brooke	81					

PEDNOR 5 RACE WALK

Incorporating the Buckinghamshire AA Road Walk Championships

MEN'S RACE

Place	Time	Name	Club	Race Age Category	Bucks
1	40.26	Francisco Reis	Ilford AC	Vet 50	
2	42.59	Fabian Deuter	Hillingdon AC		
3	44.17	Peter Ryan	Ilford AC	Vet 60	
4	45.20	Steven Uttley	Ilford AC	Vet 55	
5	45.32	Malcolm Martin	Surrey Walking Club	Vet 55	
6	45.48	Steve Allen	Barnet and District AC	Vet 55	
7	46.47	Stuart Bennett	Ilford AC	Vet 55	
8	47.12	John Ralph	Enfield & Harringey AC	Vet 55	Bucks
9	47.31	Keith Vallis	Overton Harriers AC	Vet 45	
10	47.32	John Hall	Belgrave Harriers	Vet 65	
11	48.34	Andrew Cox	Hillingdon AC	Vet 60	
12	48.36	Ken Bobbett	Hillingdon AC	Vet 65	Bucks
13	48.41	Arthur Thomson	Enfield & Harringey AC	Vet 75	
14	49.30	Dan Maskell	Surrey Walking Club	Vet 65	
15	50.48	Gary Smith	Enfield & Harringey AC	Vet 55	
16	51.21	Mark Culshaw	London Front Runners	Vet 45	
17	52.05	David Kates	Ilford AC	Vet 65	
18	52.13	Allan Stewart	Chiltern Harriers AC		Bucks
19	52.22	Alan Roberts	Vale of Aylesbury AC	Vet 50	Bucks
20	52.43	Sean Pendor	Enfield & Harringey AC	Vet 60	
21	52.49	John Borgars	Herts Phoenix AC	Vet 65	
22	53.02	Christopher Flint	Surrey Walking Club	Vet 65	
23	53.43	Michael Harran	Surrey Walking Club	Vet 75	
24	55.55	Peter Taylor	Chiltern Harriers AC	Vet 45	Bucks
25	56.14	David Delaney	Surrey Walking Club	Vet 70	
26	57.17	Richard McKenzie	Hillingdon AC	Vet 45	
27	58.53	Paul Richardson	Unattached	Vet 50	
28	59.02	David Hoben	Surrey Walking Club	Vet 60	
29	59.04	Trevor Brawn	Chiltern Harriers AC	Vet 60	Bucks
30	60.52	Terry Morris	Nuneaton Harriers	Vet 65	
31	65.29	Mike Morgan	Burnham Joggers	Vet 70	Bucks
32	66.13	Martyn Cartwright	Chiltern Harriers AC	Vet 70	Bucks
33	67.04	David Ainsworth	Ilford AC	Vet 65	
34	67.22	William Sutherland	Highgate Harriers	Vet 65	
35	72.41	Ken Livermore	Enfield & Harringey AC	Vet 80	

LADIES RACE

1	51.10	Maureen Noel	Belgrave Harriers	Vet 50
2	52.15	Helen Middleton	Enfield & Harringey AC	Vet 50
3	52.55	Fiona Bishop	Woking AC	Vet 50
4	52.56	Angela Martin	Surrey Walking Club	Vet 45
5	59.02	Jenny Middleton	Hillingdon AC	Vet 35
6	66.03	Elsbeth Attwood	Unattached	Vet 55

BOYS 2 MILE RACE

1	27:22	Luke Richardson	Tring School	Under 13
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GIRLS 2 MILE RACE

1	28:05	Talien van Kuijk	Chiltern Harriers AC	Under 9
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PEDNOR 5 CHALLENGE

The combined times for competitors in both the Pednor 5 Road Race and Road Walk

Posn	Total Time	Name	Club	Walk Time	Run Time
<u>LADIES</u>					
1	106:44	Fiona Bishop	Woking AC	52:55	53:49
2	114:51	Elsbeth Attword	Unattached	66:03	48:48
<u>MEN</u>					
1	81:13	Keith Vallis	Overton Harriers AC	47:31	33:42
2	82:16	Allan Stewart	Chiltern Harriers AC	52:13	30:03
3	87:34	Alan Roberts	Vale of Aylesbury	52:22	35:12
4	101:46	Paul Richardson	Unattached	58:53	42:53
5	102:37	Peter Taylor	Chiltern Harriers AC	55:55	46:42
6	106:16	Trevor Brawn	Chiltern Harriers AC	59:04	47:12