

# RESULTS OF PEDNOR 5 EVENTS

## 7th May 2012

### PEDNOR 5 ROAD RACE

(see below for Race Walk)

#### MEN'S RACE

POSN	COMPETITOR	CLUB/TEAM	CATEGORY	TIME	PRIZES
1	BEEDELL, Tom	Chiltern Harriers AC	Senior	27:14	1st
2	MAY, Charlie	Vale Of Aylesbury	Senior	27:39	2nd
3	O'GORMAN, Eddie	Chiltern Harriers AC	Senior	28:08	3rd
4	TAYLOR, Rob	Vale Of Aylesbury	Senior	28:20	
5	LANGLEY, Ross	Tring RC	Senior	29:17	
6	BEEDELL, Simon	Chiltern Harriers AC	Senior	29:29	
7	ROBERTS, Dave	Fell Runners Association	Veteran 40	29:49	1st V40
8	BERRY, Adrian	Chiltern Harriers AC	Senior	29:58	
9	BEDFORD, Chris	Abingdon Amblers	Veteran 40	30:07	
10	POWLEY, Andrew	Burnham Joggers	Senior	30:15	
11	FRANCIS, Richard	Harrow AC	Veteran 50	30:28	1st V50
12	BRADLEY, Mikk	Watford Harriers	Veteran 50	30:34	
13	LANE, Mick	Ranelagh Harriers	Veteran 50	30:40	
14	USSHER, Michael	Queens Park Harriers	Veteran 40	31:06	
15	SMITH, Nigel	Burnham Joggers	Senior	31:34	
16	EDWARDES-EVANS, Henry	Vale Of Aylesbury	Veteran 40	31:39	
17	ROSE, Chris	Burnham Joggers	Veteran 40	31:49	
18	TAYLOR, Nathan	Chiltern Harriers AC	Veteran 40	31:56	
19	WALKER, Peter	Burnham Joggers	Veteran 40	32:25	
20	RENPHREY, Tom	Purple Patch Runners	Veteran 40	32:28	
21	SHARKEY, Jon		Veteran 40	32:32	
22	LARK, Trevor	Tring RC	Veteran 50	32:37	
23	QUINCEY, James	Burnham Joggers	Senior	32:58	
24	MAYOH, Graham	Watford Harriers	Veteran 40	33:21	
25	O'GRADY, John		Veteran 40	33:31	
26	BROOKS, David	Wycombe Phoenix Harriers	Senior	33:44	
27	HEDGE, Terry	Watford Harriers	Veteran 50	33:48	
28	GUISO, Luca		Veteran 40	33:51	
29	ALLEN, Peter	Burnham Joggers	Junior	34:22	1st Junior
30	ILLING, Paul	Watford Harriers	Veteran 40	34:35	
31	WHITAKER, Grant	Chiltern Harriers AC	Veteran 50	34:50	
32	NEWING, Stephen	Gade Valley Harriers	Senior	34:53	
33	BROWN, Andy	Burnham Joggers	Veteran 40	35:11	
34	COOPER, Neil	Chiltern Harriers AC	Veteran 50	35:20	
35	BREWER, John	UKNetrunner	Veteran 50	35:30	
36	APPLEBY, David	Burnham Joggers	Veteran 40	35:39	
37	REEVES, Gordan	Dunstable Road Runners	Veteran 40	35:48	
38	WINTER, Peter		Senior	35:52	
39	ANGUS, Andrew	Watford Harriers	Veteran 50	35:53	
40	DUTFIELD, Tim	Chiltern Harriers AC	Veteran 40	35:56	
41	SHEPHERD, Joe		Junior	35:59	
42	WHITING, Jack		Senior	36:03	
43	MARSHALL, David		Veteran 40	36:21	

44	CREIGHTON, Andrew		Veteran 40	36:22
45	COUTTS, Jonathan	Chiltern Harriers AC	Veteran 40	36:27
46	PALMER, Richard		Senior	36:28
47	BAXTER, Fred	Chiltern Harriers AC	Veteran 60	36:29
48	RIVANS, Tsen		Senior	36:32
49	CAMPRUBI, John	Metros	Veteran 50	36:44
50	STORRIE, Martin	Gade Valley Harriers	Veteran 50	36:54
51	TURNER, David	Chiltern Harriers AC	Veteran 40	37:05
52	VERRINDER, Matt	Rule Six	Veteran 40	37:26
53	COOPER, David		Junior	37:29
54	NEILL, Andy		Veteran 40	37:32
55	DAY, Brian	Purple Patch Runners	Veteran 40	37:34
56	ARMOND, Chris		Veteran 40	37:47
57	COOPER, Neil		Veteran 50	37:50
58	MCCORMACK, Ade	Chiltern Harriers AC	Veteran 50	37:57
59	IRWIN, John	Burnham Joggers	Veteran 60	37:59
60	TRAVERS, Mark	Tring RC	Veteran 40	38:00
61	PADBURY, Stewart	Diaz Harriers	Senior	38:13
62	UTTLEY, Steven	Ilford AC	Veteran 50	38:35
63	MALDEN, Edward		Veteran 50	38:36
64	ROBERTS, Alan	Vale Of Aylesbury	Veteran 40	38:40
65	DA COSTA, Carlos		Senior	38:55
66	O'FARRELL, Andy		Veteran 40	39:08
67	RICKMAN, John	Maidenhead AC	Veteran 60	39:11
68	WILLIAMS, David		Senior	39:13
69	PEPPER, Alex	Chiltern Harriers AC	Veteran 50	39:30
70	ALLEN, Charles	Burnham Joggers	Veteran 50	39:32
71	HOWE, Darrin		Veteran 40	40:02
72	HILL, Roger		Veteran 50	40:28
73	HOLMES, David	Chiltern Harriers AC	Veteran 50	40:29
74	SHEPHERD, John		Veteran 40	40:31
75	ALLEN, Steve	Barnet & District	Veteran 50	41:05
76	ASHBY, Matthew	Gade Valley Harriers	Junior	41:29
77	SPURR, James	Burnham Joggers	Senior	42:01
78	MITTERHUBER, Paul	Chiltern Harriers AC	Veteran 50	42:03
79	KIDBY, Malcolm	Marshall Milton Keynes	Veteran 40	42:07
80	PRICE, Dave		Senior	42:08
81	FORDHAM, James		Veteran 40	42:09
82	WATKINS, Glyn	Metros	Veteran 50	42:41
83	LAMONT, Jason		Veteran 40	42:53
84	FORD, David	Burnham Joggers	Veteran 60	43:08
85	MCINTYRE, Rob		Veteran 40	43:13
86	SLADE, Nick	Watford Joggers	Veteran 40	43:16
87	BRAWN, Trevor	Chiltern Harriers AC	Veteran 60	44:21
88	TAYLOR, Peter	Chiltern Harriers AC	Veteran 40	44:35
89	FREW, Ian	Tanglewood Terriers	Veteran 50	45:55
90	DAVIES, Cliff		Veteran 50	47:11
91	WALKER, David	Chiltern Harriers AC	Veteran 60	47:35
92	ROSER, Geoffrey	Tring RC	Veteran 60	47:45
93	FRY, Mark		Veteran 40	48:00
94	CARTWRIGHT, Martyn	Chiltern Harriers AC	Veteran 70	48:31
95	SINGH, Sukjit	Burnham Joggers	Veteran 50	51:36
96	BRANDWOOD, Tim		Senior	52:10

97	BRYANT, David	Watford Harriers	Veteran 70	54:45
98	MASON, Frank	Burnham Joggers	Veteran 60	55:41
99	MORGAN, Mike		Veteran 70	55:42
100	VAN DER SLUIJS, Peter		Veteran 40	56:24

**LADIES RACE**

<b>POSN</b>	<b>COMPETITOR</b>	<b>CLUB/TEAM</b>	<b>CATEGORY</b>	<b>TIME</b>	<b>PRIZES</b>
1	AMEND, Samantha	Belgrave Harriers	Senior	29:41	1st
2	YOUNG, Ali	Chiltern Harriers AC	Veteran 35	32:42	2nd
3	ELLIOT, Kirstie	Chiltern Harriers AC	Veteran 35	34:28	3rd
4	CONN, Joanna	Serpentine Running Club	Veteran 35	36:31	1st V35
5	SAMMES, Rachel	Burnham Joggers	Veteran 35	36:43	
6	ORR, Judith	Chiltern Harriers AC	Veteran 45	36:47	1st V45
7	JONES, Carol	Ealing, Southall & Middlesex	Veteran 45	36:56	
8	DAVIDSON, Sharon	Purple Patch Runners	Senior	38:33	
9	MANNERS, Debbie	Hillingdon AC	Veteran 45	39:17	
10	CONWAY, Fiona		Veteran 35	39:38	
11	HARRIS, Lynne	Looe Pioneers RC	Veteran 55	39:40	
12	ANNETTS, Elizabeth	Burnham Joggers	Veteran 55	39:43	
13	ALLEN, Alison	Burnham Joggers	Veteran 45	39:50	
14	DOWNS, Ursula		Veteran 55	40:00	
15	NETTLETON, Sharon		Veteran 35	40:03	
16	BEDFORD, Liz	Abingdon Amblers	Veteran 35	40:06	
17	EMPSON, Sarah	Chiltern Harriers AC	Veteran 35	40:33	
18	OWEN, Jill	Watford Harriers	Veteran 45	40:54	
19	SMITH, Karen	Burnham Joggers	Senior	41:12	
20	LOCK, Siv Vatne	Chiltern Harriers AC	Veteran 35	41:35	
21	BARNES, Sue	Vale Of Aylesbury	Veteran 55	41:57	
22	COOK, Paula	Gade Valley Harriers	Veteran 45	42:11	
23	CREIGHTON, Ingrid		Veteran 35	42:12	
24	MOORE, Christine	Chiltern Harriers AC	Veteran 45	42:30	
25	ZAREMBA, Jenny	Burnham Joggers	Veteran 35	42:31	
26	JONES, Sandra	Chiltern Harriers AC	Veteran 55	43:12	
27	FULLYLOVE, Roz	Watford Joggers	Veteran 45	43:16	
28	HUDSON, Wendy	Gade Valley Harriers	Veteran 45	44:08	
29	DAVIS, Mary	Vegetarian Cycling & AC	Veteran 45	44:41	
30	CURTIS, Tessa		Veteran 45	45:06	
31	ROBERTS, Robyn		Senior	45:39	
32	IVIN, Susie	Gade Valley Harriers	Senior	45:45	
33	PANNAMAN, Sue		Veteran 45	45:54	
34	HOLLINGDALE, Susan	Tanglewood Terriers	Veteran 45	46:32	
35	HARDIE, Sandra		Veteran 45	47:04	
36	DAVIES, Holly		Senior	47:11	
37	BISHOP, Fiona	Woking AC	Veteran 45	47:20	
38	MULLEN, Shona	Tring RC	Veteran 45	47:28	
39	SMART, Jude		Veteran 45	48:00	
40	FREW, Imogen	Tanglewood Terriers	Junior	48:15	1st Junior
41	ATTWOOD, Elspeth		Veteran 45	48:36	
42	ROWLANDS, Louisa		Veteran 35	48:56	
43	SHEPHERD, Debbie		Veteran 35	48:59	
44	CALDER, Fiona	Chiltern Harriers AC	Senior	49:22	
45	THAM, Yee-King	Chiltern Harriers AC	Veteran 45	50:39	
46	QUINCEY, Joanna	Burnham Joggers	Senior	52:14	
47	HUDSON, Jan	Gade Valley Harriers	Veteran 45	53:55	
48	BRADLEY, Mia	Watford Harriers	Veteran 45	54:32	
49	VAN DER SLUIJS, Carla		Junior	56:24	

50	HOLFORD, Nora	Kidlington RC	Veteran 45	56:25
51	SORENSEN, Anna		Veteran 55	59:15

MEN'S TEAM			WOMEN'S TEAM				
	PTS	POSN	SCORERS		PTS	POSN	SCORERS
Chiltern Harriers	18	1	BEEDELL, Tom	1	11	2	YOUNG, Ali
		3	O'GORMAN, Eddie			3	ELLIOT, Kirstie
		6	BEEDELL, Simon			6	ORR, Judith
		8	BERRY, Adrian	2	30	5	SAMMES, Rachel
Burnham Joggers	61	10	POWLEY, Andrew			12	ANNETTS, Elizabeth
		15	SMITH, Nigel			13	ALLEN, Alison
		17	ROSE, Chris	3	82	22	COOK, Paula
		19	WALKER, Peter			28	HUDSON, Wendy
Vale Of Aylesbury	86	2	MAY, Charlie			32	IVIN, Susie
		4	TAYLOR, Rob				
		16	EDWARDES-EVANS, Henry				
		64	ROBERTS, Alan				
Watford Harriers	93	12	BRADLEY, Mikk				
		24	MAYOH, Graham				
		27	HEDGE, Terry				
		30	ILLING, Paul				
Tring RC	178	5	LANGLEY, Ross				
		22	LARK, Trevor				
		60	TRAVERS, Mark				
		91	ROSER, Geoffrey				

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# PEDNOR 5 RACE WALK

Incorporating the Buckinghamshire AA Road Walk Championships

## MEN'S RACE

Place	Time	Name	Club	Race Age	Bucks Category
1	41:52	Francisco Reis	Ilford AC	vet 45	
2	44:19	Steven Uttley	Ilford AC	vet 50	
3	44:19	Peter Ryan	Ilford AC	vet 55	
4	45:32	Steve Allen	Barnet & District AC	vet 55	
5	46:32	John Ralph	Enfield & Haringey AC	vet 55	Bucks
6	50:33	Keith Vallis	Overton Harriers AC	vet 45	
7	51:04	Michael Harran	Surrey Walking Club	vet 70	
8	51:22	Christopher Flint	Surrey Walking Club	vet 65	
9	52:13	Sean Pender	Enfield & Haringey AC	vet 55	
10	52:26	Alan Roberts	Vale of Aylesbury AC	vet 55	Bucks
11	54:50	Les Scrivens	Worcester AC	vet 65	
12	55:52	Ron Powell	Enfield & Haringey AC	vet 70	
13	57:18	David Hoben	Surrey Walking Club	vet 55	
14	57:35	Trevor Brawn	Chiltern Harriers AC	vet 60	Bucks
15	57:49	Robert Gutteridge	Yeovil Olympiads AC	vet 60	Bucks
16	58:57	Peter Taylor	Chiltern Harriers AC	vet 45	Bucks
17	60:08	Martyn Cartwright	Chiltern Harriers AC	vet 70	Bucks
18	62:45	Terry Morris	Nuneaton Harriers	vet 65	
19	62:50	Bernard Hercock	Enfield & Haringey AC	vet 70	
20	65:06	William Sutherland	Highgate Harriers	vet 65	
21	65:08	Mike Morgan	Burnham Joggers	vet 70	Bucks
22	85:11	Chris Barnes	Unattached	vet 65	

## LADIES RACE

1	47:38	Helen Middleton	Enfield & Haringey AC	vet 45	
2	54:59	Fiona Bishop	Woking AC	vet 50	
3	57:58	Norma Grimsey	Enfield & Haringey AC	vet 55	
4	59:19	Anna Sorensen	Unattached	vet 55	Bucks
5	64:49	Elsbeth Attwood	Unattached	vet 50	
6	67:55	Sue Barnes	Vale of Aylesbury	vet 60	Bucks

## GIRLS 2 MILE RACE

1	29:57	Lena Randall	Chiltern Harriers AC	Under 11
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# **PEDNOR 5 CHALLENGE**

**The combined times for competitors in both the Pednor 5 Road Race and Road Walk**

<b>Posn</b>	<b>Total Time</b>	<b>Name</b>	<b>Club</b>	<b>Walk Time</b>	<b>Run Time</b>
<b><u>LADIES</u></b>					
1	102:09	Fiona Bishop	Woking AC	54:49	47:20
2	109:52	Sue Barnes	Vale of Aylesbury	67:55	41:57
3	113:25	Elsbeth Attword	Unattached	64:49	48:36
4	118:34	Anna Sorensen	Unattached	59:19	59:15
<b><u>MEN</u></b>					
1	82:54	Steven Uttley	Ilford AC	44:19	38:35
2	86:37	Steve Allen	Barnet & District AC	45:32	41:05
3	91:06	Alan Roberts	Vale of Aylesbury	52:26	38:40
4	101:53	Trevor Brawn	Chiltern Harriers AC	57:32	44:21
5	103:32	Peter Taylor	Chiltern Harriers AC	58:57	44:35
6	108:39	Martyn Cartwright	Chiltern Harriers AC	60:08	48:31
7	120:50	Michael Morgan	Burnham Joggers	65:08	55:42