

# RESULTS OF PEDNOR 5 EVENTS

## 3rd May 2004

### PEDNOR 5 ROAD RACE

*(see below for Race Walk)*

#### MEN'S RACE

Place	Time	Name	Team	Race Age Category	Prize Winners
1	26.58	Oliver JOSEPHSON	Chiltern Harriers AC	Senior Men	1st Man
2	27.15	Andy MAGNALL	Shaftesbury Barnet	Veteran Men 40	2nd Man
3	27.29	James DRINKWATER	Luton United AC	Junior Men	3rd Man
4	27.54	Nick HARRIS	Watford Harriers	Senior Men	
5	28.04	Andrew ROLT	Vale Of Aylesbury	Senior Men	
6	28.21	Nick TAYLOR	Vale Of Aylesbury	Veteran Men 40	1st Vet 40
7	28.28	Andy MILES	Hillingdon AC	Veteran Men 40	
8	28.34	Stuart ELLERBY	Chiltern Harriers AC	Junior Men	1st Junior
9	28.50	Martyn SUMMERFIELD	Vale Of Aylesbury	Senior Men	
10	29.06	Mark FALLAIZE	Vale Of Aylesbury	Junior Men	
11	29.08	Fabian DOWNS	Chiltern Harriers AC	Junior Men	
12	29.24	Chris PENN	Chiltern Harriers AC	Senior Men	
13	29.34	Michael BURGESS	Tring RC	Veteran Men 40	
14	29.52	Rick ANSELL	Tring RC	Veteran Men 40	
15	30.02	Mikk BRADLEY	Watford Harriers	Veteran Men 40	
16	30.08	Henry EDWARDES-EVANS	Vale Of Aylesbury	Senior Men	
17	30.18	Robert BROWN	Tring RC	Veteran Men 40	
18	30.19	Antony RICHARDSON	Chiltern Harriers AC	Veteran Men 50	1st Vet 50
19	30.21	Darren JOHNSON	Burnham Joggers	Senior Men	
20	30.39	John FOSTER	Wycombe Phoenix Harriers	Veteran Men 50	
21	30.45	Ed HOW		Senior Men	
22	30.56	Philip MAGNALL	Vale Of Aylesbury	Senior Men	
23	31.22	Graham MAYOH	Watford Harriers	Senior Men	
24	31.24	Paul ILLING	Watford Harriers	Senior Men	
25	31.28	Neil THUBRON	Chiltern Harriers AC	Senior Men	
26	31.31	Nigel DERBY	Chiltern Harriers AC	Veteran Men 40	
27	31.35	Jonathan KILSBY	Shaftesbury Barnet	Veteran Men 40	
28	31.52	David HOWELLS	Chiltern Harriers AC	Senior Men	
29	31.53	Bob FULLER		Veteran Men 40	
30	31.57	Andrew BROWN	Burnham Joggers	Senior Men	
31	32.00	Alan WHELAN	Tring RC	Senior Men	
32	32.04	Tony RUBERRY	Tring RC	Veteran Men 40	
33	32.10	Shaun TUFFNELL	Burnham Joggers	Senior Men	
34	32.15	Martin EDWARDS	Burnham Joggers	Senior Men	
35	32.26	James BUTTLEMAN		Veteran Men 40	
36	32.36	Adam MARCINOWICZ	Watford Harriers	Senior Men	
37	32.39	David APPLEBY	Burnham Joggers	Senior Men	
38	32.42	Michael TURNEY	Chiltern Harriers AC	Veteran Men 40	
39	32.45	Graham WILSON	Burnham Joggers	Veteran Men 40	
40	32.47	Matt BIGLIN		Veteran Men 40	
41	33.02	Ken MCCORD	Burnham Joggers	Veteran Men 40	

42	33.03	Robert MCGRATH		Senior Men	1st Local Unattached
43	33.05	Tony BARROWS	Bearbrook Joggers	Veteran Men 50	
44	33.19	Simon BIRKS		Senior Men	
45	33.26	Philip WILTON	Tring RC	Veteran Men 40	
46	33.57	Ben WILLIAMS		Senior Men	
47	34.17	Phillip WILLIAMS	Chiltern Harriers AC	Veteran Men 40	
48	34.23	Danny FOX	Handy Cross Runners	Junior Men	
49	34.31	Clive FALLAIZE	Vale Of Aylesbury	Veteran Men 40	
50	34.34	Neil COOPER	Chiltern Harriers AC	Veteran Men 40	
51	34.36	John MANNING	Tring RC	Veteran Men 50	
52	34.42	Michael COATES	Burnham Joggers	Veteran Men 50	
53	34.42	Richard DOBBY		Senior Men	
54	34.44	Alexander PEPPER	Chiltern Harriers AC	Veteran Men 40	
55	34.49	Scott CLARKE	Chiltern Harriers AC	Senior Men	
56	34.59	Richard DERRICK	St Albans Striders	Veteran Men 40	
57	35.03	John IRWIN	Burnham Joggers	Veteran Men 50	
58	35.06	Rod PALMER	Chiltern Harriers AC	Veteran Men 50	
59	35.14	Bob THOMAS	Hillingdon AC	Veteran Men 60	
60	35.23	Andrew ANDERSON	Chiltern Harriers AC	Veteran Men 40	
61	35.34	Andrew HARRIS		Veteran Men 50	
62	35.46	Tim DUTFIELD	Chiltern Harriers AC	Veteran Men 40	
63	35.53	Mick GARLAND	Wycombe Phoenix Harriers	Veteran Men 40	
64	35.58	Geoff HALSTEAD		Senior Men	
65	36.11	Peter ASTLES	Handy Cross Runners	Veteran Men 40	
66	36.16	Richard COLEMAN	Burnham Joggers	Veteran Men 50	
67	36.17	Joe NORTH	Chiltern Harriers AC	Veteran Men 40	
68	36.18	Tony HILL	Tring RC	Veteran Men 50	
69	36.18	Tony MOLESWORTH	Chiltern Harriers AC	Veteran Men 60	
70	36.23	Joe STYCH		Senior Men	
71	36.31	Steve SPITTLES		Senior Men	
72	36.56	David WALKER	Chiltern Harriers AC	Veteran Men 50	
73	37.06	Colin BENNETT	Burnham Joggers	Veteran Men 40	
74	37.07	Richard SMITH	Serpentine Running Club	Veteran Men 50	
75	37.08	Phil WOODAGE	Bearbrook Joggers	Veteran Men 50	
76	37.22	Tom O'FARRELL		Senior Men	
77	37.24	Phil STURGESS	Chiltern Harriers AC	Senior Men	
78	37.48	Stefan STASIUK	Burnham Joggers	Veteran Men 50	
79	37.55	Gary WILLIAMS		Veteran Men 40	
80	38.00	Stan LEASKS		Senior Men	
81	38.00	Fabian MILLS	Dacorum & Tring	Veteran Men 50	
82	38.02	Michael HICKMAN	Handy Cross Runners	Veteran Men 50	
83	38.23	Keith VERRALLS		Veteran Men 50	
84	38.28	Alastair PATON		Senior Men	
85	40.18	Alan WILLIAMS	Tring RC	Veteran Men 60	
86	40.32	Geoff DENNIS	Tring RC	Veteran Men 60	
87	40.34	Patrick SHAW		Veteran Men 40	
88	40.37	Ted HOLMQUIST	Chiltern Harriers AC	Veteran Men 60	
89	40.46	Neil EDWARDS	Bearbrook Joggers	Veteran Men 40	
90	40.52	Simon FRINBERG	Burnham Joggers	Veteran Men 40	
91	41.57	Derek ATKINSON	Chiltern Harriers AC	Veteran Men 40	

92	42.09	John O'FARRELL		Veteran Men 40
93	42.27	Alexander PEPPER	Human Energy	Veteran Men 60
94	42.31	Joseph GORNICKI		Senior Men
95	42.44	Simon BURNS	Topnotch	Senior Men
96	42.48	David BARNARD	British Airways	Veteran Men 60
97	42.50	Melvyn SAUNDERS	Chiltern Harriers AC	Veteran Men 50
98	43.41	Dave THOMAS	Burnham Joggers	Veteran Men 40
99	43.46	John SHEPHERD		Senior Men
100	43.50	Martyn CARTWRIGHT	Chiltern Harriers AC	Veteran Men 60
101	43.59	Bruce ARCHIBALD	The Monday Club	Veteran Men 40
102	44.40	Tim SHACKLETON		Senior Men
103	44.41	Cliff DAVIES		Veteran Men 40
104	45.21	Barry GILBERT	Tortoise Racers	Veteran Men 50
105	46.20	Giles AYLING		Veteran Men 40
106	46.21	Neil GILES		Senior Men
107	46.35	Peter MORRIS	Reading Road Runners	Veteran Men 40
108	46.49	Rich HODGSON		Senior Men
109	46.57	Geoffrey ROSER	Tring RC	Veteran Men 50
110	47.07	Martin STUBBINGS	Chiltern Harriers AC	Veteran Men 40
111	47.30	Russell VROOBEL		Veteran Men 40
112	48.27	Ray STIDWELL	Penn & Tylers Green Sports Club	Veteran Men 50
113	50.20	Michael CONSDEN		Veteran Men 60
114	51.23	Wayne GIBBS		Veteran Men 40
115	51.24	Gary BOWER		Senior Men
116	53.05	Michael MIDDLETON	Croydon Harriers	Veteran Men 70
117	53.08	Raymond HOYLE	Watford Harriers	Veteran Men 60

**LADIES RACE**

Place	Time	Name	Team	Race Age Category	Prize Winners
1	31.38	Claire PUSEY	Burnham Joggers	Senior Women	1st Lady
2	32.12	Kiralie JAMES	Watford Harriers	Senior Women	2nd Lady
3	32.20	Katie WILSON	Shaftesbury Barnet	Senior Women	3rd Lady
4	33.07	Tamsin NEALE	Burnham Joggers	Senior Women	
5	33.34	Cath HOLLOWAY	Chiltern Harriers AC	Veteran Women 35	1st Vet 35
6	35.16	Margaret MOODY	Handy Cross Runners	Veteran Women 55	1st Vet 45
7	35.33	Louise BARNETT		Senior Women	1st Local Unattached
8	36.17	Tracey HALSTEAD	Chiltern Harriers AC	Veteran Women 35	
9	36.29	Laura STYCH		Senior Women	
10	37.01	Claire STUBBINGS	Chiltern Harriers AC	Veteran Women 35	
11	38.05	Kate LOACH	Chiltern Harriers AC	Veteran Women 35	
12	38.31	Ita KELLY	Burnham Joggers	Veteran Women 35	
13	38.35	Lynne HARRIS		Veteran Women 45	
14	38.40	Mandy BONTRHON	Tring RC	Veteran Women 35	
15	38.41	Jane PEEL	Chiltern Harriers AC	Veteran Women 35	
16	39.01	Jeannette MUELLER	Serpentine Running Club	Veteran Women 35	
17	39.39	Anne BELCHAMBERS	Hillingdon AC	Veteran Women 45	
18	40.45	Paula ROBINSON	Bearbrook Joggers	Veteran Women 35	
19	40.53	Emma MUMFORD		Senior Women	
20	41.01	Susan BOWRAN		Veteran Women 35	
21	42.10	Sian BURKE		Veteran Women 35	
22	42.11	Fiona CALDER	Chiltern Harriers AC	Senior Women	
23	42.57	Sacha DOLLING		Veteran Women 35	
24	43.19	Gill HERON	Tring RC	Veteran Women 45	
25	43.59	Bernadette DOWN	Chiltern Harriers AC	Veteran Women 45	
26	44.00	Elspeth ATTWOOD		Veteran Women 45	
27	44.12	Christine JAMES	Watford Harriers	Veteran Women 45	
28	45.05	Sheryl TUFFNELL	Burnham Joggers	Senior Women	
29	45.34	Jenny DUNN	Tring RC	Veteran Women 45	
30	46.30	Lyn JOHNSON		Veteran Women 35	
31	46.30	Shelley GARDINER		Senior Women	
32	46.52	Mary LORD	Burnham Joggers	Veteran Women 35	
33	47.07	Rebecca STUBBINGS	Chiltern Harriers AC	Junior Women	1st Junior
34	50.22	Judy CONSDEN		Veteran Women 55	
35	51.17	Frances DANIEL	Burnham Joggers	Veteran Women 55	
36	51.20	Jackie FIELDING	Burnham Joggers	Veteran Women 45	
37	51.42	Hazel ARMSTRONG		Veteran Women 35	
38	51.42	Rachael PEPPER		Veteran Women 35	

**TEAMS****Men**

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|--------------------------------|------------------------------|
| <b>1. Vale Of Aylesbury</b>    | <b>30 pts (5,6,9,10)</b>     |
| <b>2. Chiltern Harriers AC</b> | <b>32 pts (1,8,11,12)</b>    |
| <b>3. Watford Harriers</b>     | <b>66 pts (4,15,23,24)</b>   |
| <b>4. Tring RC</b>             | <b>75 pts (13,14,17,31)</b>  |
| <b>5. Burnham Joggers</b>      | <b>116 pts (19,30,33,34)</b> |

**Women**

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|--------------------------------|--------------------------|
| <b>1. Burnham Joggers</b>      | <b>17 pts (1,4,12)</b>   |
| <b>2. Chiltern Harriers AC</b> | <b>23 pts (5,8,10)</b>   |
| <b>3. Tring RC</b>             | <b>67 pts (14,24,29)</b> |

## **BUCKINGHAMSHIRE 5 MILE ROAD RACE CHAMPIONSHIPS**

### **MEN'S RACE**

<b>Place</b>	<b>Time</b>	<b>Name</b>	<b>Team</b>
1st	26.58	Oliver JOSEPHSON	Chiltern Harriers AC
2nd	27.15	Andy MAGNALL	Shaftesbury Barnet
3rd	28.04	Andrew ROLT	Vale Of Aylesbury
1st Vet	27.15	Andy MAGNALL	Shaftesbury Barnet
2nd Vet	28.21	Nick TAYLOR	Vale Of Aylesbury
3rd Vet	30.19	Antony RICHARDSON	Chiltern Harriers AC

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### **LADIES RACE**

<b>Place</b>	<b>Time</b>	<b>Name</b>	<b>Team</b>
1st	31.38	Claire PUSEY	Burnham Joggers
2nd	33.07	Tamsin NEALE	Burnham Joggers
3rd	33.34	Cath HOLLOWAY	Chiltern Harriers AC
1st Vet	33.34	Cath HOLLOWAY	Chiltern Harriers AC
2nd Vet	35.16	Margaret MOODY	Handy Cross Runners
3rd Vet	36.17	Tracey HALSTEAD	Chiltern Harriers AC

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## PEDNOR 5 RACE WALK

Incorporated Buckinghamshire AA Road Walk Championships

### MEN'S RACE

Place	Time	Name	Team	Race Age Category	Bucks
1	40.17	Richard Emsley	Steyning AC	V50	
2	44.23	Trevor Jones	Hillingdon AC	V45	
3	46.23	Carl Lawton	Belgrave Harriers	V55	
4	46.36	Steve Sharp	Belgrave Harriers	V45	
5	49.03	Phillip Williams	Chiltern Harriers AC	V40	
6	49.06	Les Scrivens	Worcester AC	V60	
7	49.48	Ted Holmquist	Chiltern Harriers AC	V60	
8	53.42	Fabian Mills	Dacorum & Tring AC	V55	
9	53.55	John Marshall	Worcester AC	V65	
10	55.15	Martyn Cartwright	Chiltern Harriers AC	V60	Bucks
11	57.49	Ken Livermore	Enfield & Haringay AC	V70	
12	65.56	Stephen Stokes	Vale of Aylesbury AC	SM	Bucks
13	72.19	Alan Flavell	Veterans AC	V70	

### LADIES RACE

1	40.24	Estle Viljoen	Hercules Wimbledon AC	SW	<i>Course Record</i>
2	49.56	Anne Belchambers	Hillingdon AC	V45	
3	52.01	Alison Ostrer	Unattached	V45	
4	52.06	Maureen Noel	Belgrave Harriers	V40	
5	61.11	Elsbeth Attwood	Unattached	V45	

### BOYS 2 MILE RACE

1	24.29	Daniel Loach	Chiltern Harriers AC	U13	
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## PEDNOR 5 CHALLENGE

The combined times for competitors in both the Pednor 5 Road Race and Road Walk

Posn	Total Time	Name	Club	Walk Time	Run Time
<b>MEN</b>					
1	83.20	Phillip Williams	Chiltern Harriers AC	49.03	34.17
2	90.25	Ted Holmquist	Chiltern Harriers AC	49.48	40.37
3	91.42	Fabian Mills	Dacorum & Tring AC	53.42	38.00
4	99.05	Martyn Cartwright	Chiltern Harriers AC	55.15	43.50
<b>LADIES</b>					
1	89.35	Anne Belchambers	Hillingdon AC	49.56	39.39
2	105.11	Elsbeth Attwood	Unattached	61.11	44.00