

The 24th HERBERT'S HOLE CHALLENGE

Sunday 20th November 2016

Organised by Chiltern Harriers

Sponsored by

Ink Link
Lithographic Printers of
Chesham



www.foxsoutdoor.co.uk



www.gil-lec.co.uk

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME	PRIZE
1	1		COLES, Richard	Gade Valley Harriers	M40	40:41	1 st Man
2	2		NORRIS, Stephen	Thames Valley Harriers	M40	41:23	2 nd Man
3	3		ROBERTS, Jonathan	Gade Valley Harriers	M40	41:45	3 rd Man
4	4		MARTIN, Dermot	Bearbrook RC	M40	42:01	M40
5	5		THOMAS, David	Chiltern Harriers AC	Junior Men	42:16	Junior Man
6	6		GILBERT, Brendon	Handy Cross Runners	M40	42:35	
7	7		ROBERTS, Dave		M40	43:00	
8	8		PATTINSON, David		Senior Men	43:18	
9	9		ROBERTS, Steve	Handy Cross Runners	M50	43:58	M50
10	10		HILL, Tom		Senior Men	44:18	
11	11		WARD, Sam		Senior Men	44:22	
12	12		GOWERS, Mark	Billericay Striders	M50	44:30	
13	13		BIRNIE, James	Gade Valley Harriers	M40	44:43	
14	14		HALL, Daniel	Team Kennet Triathlon & AC	M40	44:49	
15	15		BATES, Ben	Focusrite Flyers (F)	Senior Men	45:02	
16	16		BEEDELL, Hugh	Chiltern Harriers AC	Senior Men	45:12	
17	17		THOMAS, Hywel	Chiltern Harriers AC	M50	45:18	
18	18		SHERFIELD, Will		M40	45:30	
19	19		WILLIAMS, David	Chiltern Harriers AC	Senior Men	45:35	
20	20		PRICE, Andy	Ealing, Southall & Middlesex	Senior Men	45:36	
21	21		MORGAN, James		M40	45:38	
22		1	BATES, Ellie	Chiltern Harriers AC	Senior Women	45:39	1 st Woman
23	22		PRITCHARD, Edward		M40	45:43	
24	23		HOWELL, Andrew		M40	45:44	
25	24		HIGGINSON, Ian	Bearbrook RC	M40	45:56	
26	25		HARDING, Kevin		M50	45:57	
27	26		BLACKMORE-SQUIRES, Matthew		M40	45:58	
28	27		O'GRADY, John		M40	46:05	
29	28		FITZSIMMONS, Stephen		M40	46:16	
30	29		SHAW, Hamish	Knutsford Tri Club	Senior Men	46:20	
31	30		BREINGAN, David		M50	46:38	
32	31		BARCOCK, Richard	Bearbrook RC	M50	46:53	
33	32		DAVIDSON, Aran	Chiltern Harriers AC	Senior Men	46:59	
34		2	GERRIE, Sarah	Ealing, Southall & Middlesex	Senior Women	47:14	2 nd Woman
35	33		DENT, Brian		M50	47:16	
36		3	HALL, Claire		Senior Women	47:19	3 rd Woman
37	34		NORTON, Andrew	Gade Valley Harriers	M40	47:25	
38	35		BUTTLEMAN, Jim	Leighton Fun Runners	M50	47:35	
39	36		MACDONALD, Steve		M40	47:50	
40	37		BATEMAN-RAWLE, Peter		M40	47:51	
41	38		SCOTT, Rob		M40	48:10	
42	39		NEWING, Stephen	Gade Valley Harriers	Senior Men	48:12	
43	40		BUCKINGHAM, Daniel	Chiltern Harriers AC	M40	48:13	
44	41		BEAMISH, Antony	Gade Valley Harriers	Senior Men	48:21	
45	42		MOORE, Mark	Burnham Joggers	M50	48:29	
46	43		BIRCH, Ian	Metros	M60	48:48	M60
47	44		WATSON, Giles	Chiltern Harriers AC	M50	48:53	
48	45		EMPSON, Gary		M40	49:11	
49	46		STEEL, Jason	Hillingdon AC	M40	49:25	
50	47		BOWLER, Robert		M50	49:28	
51	48		CRAIG, Gary		M50	49:29	
52		4	HIBBS, Sian	Gade Valley Harriers	Senior Women	49:31	
53	49		GREENHALGH, Giles	Chiltern Harriers AC	M50	49:47	
54	50		SPEED, Matt	Focusrite Flyers (F)	Senior Men	49:48	
55	51		CHAPMAN, Fraser		M40	49:55	
56	52		BAILEY, Michael		M40	50:10	
57		5	HEMBURY, Lynda	Tring RC	F55	50:16	F55
58		6	HUGHES, Jenny	Arena 80 AC	F55	50:20	F45

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME	PRIZE
59	53		BARLOW, Nicholas	Thame Runners	M40	50:28	
60	54		EDWARDS, Neil	Bearbrook RC	M50	50:35	
61	55		RIACH, James		M50	50:36	
62	56		CONWAY, Simon	Chiltern Harriers AC	Senior Men	50:42	
63	57		MARTIN, Glen	Chiltern Harriers AC	M40	50:45	
64	58		TRIMMER, Jamie	Chiltern Harriers AC	Junior Men	51:10	
65	59		STEWART, Andrew	Chiltern Harriers AC	M50	51:11	
66	60		CLEMENTS, Trevor	St Albans Striders	M50	51:13	
67	61		ANSELL, Rick		M50	51:16	
68		7	HERCULES, Jo	Bearbrook RC	F35	51:19	F35
69	62		HOWARD, Will		Senior Men	51:34	
70		8	HARDING, Alison		F55	51:48	
71	63		LEEK, Simon		Senior Men	52:10	
72	64		GOODMAN, David	Gade Valley Harriers	M40	52:11	
73	65		BARROWS, Tony	Bearbrook RC	M60	52:21	
74	66		BOLTON, Mike	Malvern Joggers	M40	52:22	
75	67		BACON, Philip		M40	52:23	
76	68		BRADLEY, Mikk	Watford Harriers	M50	52:25	
77	69		DIGBY, Grant		Senior Men	52:39	
78		9	CRAWLEY, Victoria	Gade Valley Harriers	Senior Women	52:42	
79	70		WALKER, Philip		Senior Men	52:52	
80	71		DAWSON, Tim	Chiltern Harriers AC	M40	52:53	
81	72		GOORNEY, Richard		M40	52:56	
82	73		STANGER, James		Senior Men	52:57	
83		10	WARD, Mary	Tring RC	F45	52:59	
84	74		HAMER, Huw	Watford Joggers	M40	53:05	
85	75		FOSKETT, Richard	Herts Phoenix	M60	53:14	
86	76		TAYLOR, Chris		Senior Men	53:17	
87	77		PAGE, Bob	Arena 80 AC	M50	53:18	
88	78		DODWELL, Angus		M40	53:36	
89		11	BUTCHER, Emma		Senior Women	53:42	
90	79		KELLY, Tom		Senior Men	53:43	
91	80		HOFF, Nigel		M50	53:49	
92	81		SAUL, David	Chiltern Harriers AC	M50	53:53	
93	82		POTTON, Rob	Gade Valley Harriers	M40	54:04	
94	83		WISHART, Keith	Dacorum & Tring	M40	54:07	
95		12	CHOLAWO, Helen		Senior Women	54:15	
96	84		ROBERTS, Alan	Vale Of Aylesbury AC	M50	54:20	
97		13	PEARSON, Wendy	Dacorum & Tring	F35	54:28	
98	85		EDWARDS, Rik	Chiltern Harriers AC	M60	54:36	
99	86		LAWRENCE, William		M40	54:38	
100	87		FERGUSON, Bruce		M50	54:52	
101		14	WALKER, Kate		F35	54:54	
102	88		PLANT, Simon		M40	54:55	
103	89		LOFTY, Paul		M50	54:56	
104	90		CARRIVICK, Luke		Senior Men	55:00	
105	91		KENT, Paul		Senior Men	55:01	
106		15	TRIMMER, Carolyn	Chiltern Harriers AC	F35	55:03	
107	92		HOWLETT, Steven		M40	55:04	
108	93		DURSTON, Jim	South West Road Runners	M50	55:11	
109		16	LILLIE, Anna		Senior Women	55:13	
110	94		TREGIDGO, Tony		M40	55:19	
111	95		FRY, Mark	Chiltern Harriers AC	M50	55:23	
112	96		BOLTON, Paul		Senior Men	55:34	
113	97		REILLY, Paul	Gade Valley Harriers	M40	55:35	
114	98		HAMES, Sam		Junior Men	55:37	
115	99		CHAPPLE, Colin		M40	55:38	
116		17	COLEMAN, Amy		Senior Women	55:42	
117	100		BROOKES, Tom		M40	55:45	
118		18	WILSON, Lynn	Ealing, Southall & Middlesex	F55	55:48	
119	101		MAW, Richard	St Albans Striders	M60	55:56	
120	102		LAWRENCE, Matthew	Chiltern Harriers AC	M40	56:02	
121		19	LANG, Beth		Senior Women	56:02	
122	103		CLARKE, Jonathan		Senior Men	56:02	
123	104		MITCHELL, Andy	Dacorum & Tring	M50	56:06	
124		20	GARDNER, Hannah		F35	56:11	
125		21	PRINCE, Louise	Ealing, Southall & Middlesex	F45	56:17	
126	105		DORWARD, Neil		M50	56:25	
127		22	MAYOT, Lauren		Senior Women	56:27	
128	106		MILLER, Jim	Marshall Milton Keynes	M60	56:28	

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME	PRIZE
129	107		HODGKINSON, Joseph		Junior Men	56:36	
130	108		SMITH, John		M70	56:44	
131		23	MELLOR, Lyn	Chiltern Harriers AC	F55	56:45	
132		24	PARK, Sue	Ealing Eagles RC	F45	56:48	
133	109		HILL, Greg	Watford Joggers	M60	56:50	
134	110		FIELD, Steve	Chiltern Harriers AC	M60	56:56	
135	111		HODGKINSON, Paul		M50	56:58	
136	112		PRIOR, Nick		M50	57:19	
137		25	HOWELL, Amanda		F45	57:26	
138	113		BRADLEY, Mark		M50	57:29	
139		26	BACON, Katharine		Senior Women	57:32	
140	114		PACKARD, Henry	Focusrite Flyers (F)	Senior Men	57:41	
141	115		BLACKALLER, Peter	St Albans Striders	M50	57:42	
142		27	KOPELMAN, Eve	Chiltern Harriers AC	Junior Women	57:53	Junior Woman
143		28	WILSON, Fran		F45	58:01	
144	116		WILSON, James		M40	58:01	
145	117		MOSTYN, Kevin		M50	58:07	
146	118		JAMES, Nick		Senior Men	58:13	
147		29	BROUGHTON, Andrea	Thames Valley Harriers	F45	58:14	
148	119		NEWTON, Doug		Senior Men	58:18	
149		30	SWANSBOROUGH, Rachel		F35	58:50	
150		31	MOSTYN, Gwen	Dacorum & Tring	F35	58:58	
151	120		TOOGOOD, Oly		Senior Men	59:05	
152		32	SHARPE, Jenny		Senior Women	59:05	
153		33	CLEMENTS, Elise		Senior Women	59:11	
154		34	GUNNEWICHT, Catherine	Ealing, Southall & Middlesex	F45	59:38	
155	121		WISE, Dave	Gade Valley Harriers	M40	59:41	
156		35	FRASER, Kate	Ealing, Southall & Middlesex	Senior Women	59:48	
157	122		DORWARD, Piers		Junior Men	59:54	
158	123		BIDDLE, Matthew		M40	59:57	
159		36	RAY, Alison	Marshall Milton Keynes	Senior Women	60:10	
160	124		HALLAS, David		M50	60:22	
161	125		HOLDEN, Tim		M40	60:26	
162		37	GOLDSACK, Sandra		F45	60:26	
163		38	LEWIS, Chloe		F45	60:37	
164	126		LEWIS, Andrew		M40	60:38	
165	127		COOPER, Gerald	Cookham RC	M50	60:43	
166		39	FERGUSON, Sue	Tring RC	F55	60:44	
167	128		KENT, Mark		Senior Men	60:46	
168	129		WILSON, Stuart		Senior Men	60:48	
169	130		BINDING, Kerry		M40	60:51	
170		40	MITCHELL, Juliet		F45	60:56	
171		41	HALLAS, Shareen		F45	60:59	
172	131		BRAWN, Trevor	Chiltern Harriers AC	M60	61:02	
173	132		HARTIGAN, Paul		M50	61:11	
174	133		SINFIELD, Matt		Senior Men	61:14	
175		42	COPLAND, Harriet		F45	61:17	
176	134		HEPWORTH, Paul	MK Lakeside Runners	M50	61:22	
177	135		HOLMES, David		M60	61:29	
178		43	ALEKNA, Amie		Senior Women	61:33	
179	136		GETLEY, Scott	Chiltern Harriers AC	M40	61:34	
180		44	DAVENPORT, Rosemary		Senior Women	61:35	
181	137		READING, Paul		M50	61:38	
182	138		HARDMAN, Bob	Burnham Joggers	M60	61:41	
183	139		BEATTIE, James		Senior Men	61:44	
184	140		HALL, Malcolm		M50	61:46	
185	141		EDWARDS, Paul		M40	61:50	
186		45	RUCZKOWSKI, Julia		F35	62:02	
187	142		RUCZKOWSKI, Neal		M40	62:02	
188		46	HOOD, Philippa	Gade Valley Harriers	Senior Women	62:05	
189	143		GRACE, Trevor		M50	62:15	
190	144		BULLOCK, Jonathan		M50	62:47	
191	145		BURTON, David		M50	62:47	
192	146		ROSER, Daniel		M40	62:53	
193	147		GARRETT, Martin	Sudbury Court RC	M60	62:54	
194	148		PARKER, Brian		M50	62:55	
195		47	WALLACE, Helen		F35	63:00	
196	149		MITCHELL, Greg		M50	63:05	
197		48	BIRCH, Victoria		F45	63:07	
198		49	KEEN, Amanda	Burnham Joggers	Senior Women	63:25	

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME	PRIZE
199	150		PYPER, James		M50	63:27	
200	151		KNOWLES, Robin		M50	63:38	
201	152		BOYDEN-WILSON, Steve	Chiltern Harriers AC	M50	64:07	
202	153		BENNETT, Richard		M40	64:16	
203		50	KEMPSON, Miriam	Chiltern Harriers AC	F45	64:17	
204	154		BRETT, Paul		M40	64:24	
205		51	MCMAHON, Laminn-Thaynt		F35	64:33	
206	155		JOHNSON, Guy	Chiltern Harriers AC	M60	64:42	
207	156		BENJAMIN, Steve		M50	64:52	
208		52	STRIDE, Vanessa	Marshall Milton Keynes	F45	65:05	
209		53	KENT, Helen		F35	65:06	
210	157		SHEDD, Ed		M50	65:13	
211		54	PACKWOOD, Beverley	Ealing, Southall & Middlesex	F45	65:15	
212		55	DIGBY, Emma		Senior Women	65:18	
213		56	QUINN, Marcia	Watford Joggers	F45	65:30	
214	158		BOMFORD, Andrew		M50	65:38	
215	159		DAVIES, Philip		M50	65:39	
216		57	ESKDALE, Jacki	Gade Valley Harriers	F55	65:41	
217		58	NEILL, Caroline		F45	65:42	
218		59	DANIEL, Elizabeth	Tring RC	F45	65:55	
219		60	HALL, Jackie		F55	65:58	
220	160		SIBLEY, Patrick		M60	66:03	
221		61	DAVIS, Mary	Vegetarian Cycling & AC	F45	66:03	
222	161		PAGET, Neil		M50	66:06	
223	162		PRICE, Kevin		M50	66:18	
224		62	GUEST, Lucy		F45	66:20	
225	163		KING, Doug	Chiltern Harriers AC	M60	66:24	
226		63	LOWE, Alison		F35	66:25	
227		64	HARRISON ICE, Heidi		F35	66:27	
228		65	LEMON, Harriet		F45	66:43	
229		66	SNELL, Lisa	Ealing Eagles RC	F45	66:50	
230	164		LUCAS, Alex	Focusrite Flyers (F)	Senior Men	66:59	
231		67	MCKENZIE, Isobel		Senior Women	67:05	
232	165		GROVER, Alan	Dacorum & Tring	M50	67:06	
233	166		KOJCINOVIC, Philip		M50	67:28	
234		68	GALLOWAY, Annette	Ealing, Southall & Middlesex	F45	67:31	
235		69	BUGAJ, Karen	Marshall Milton Keynes	F55	67:40	
236		70	COOK, Helen	Gade Valley Harriers	F45	67:54	
237		71	HERBERT, Rachel		F35	68:05	
238	167		HERBERT, Wayne		M40	68:06	
239	168		DORWARD, Giles		Junior Men	68:48	
240		72	SIMS, Victoria		F45	69:02	
241	169		COSTIN, Charles	Gade Valley Harriers	Senior Men	69:02	
242	170		WILLIAMS, Paul		M40	69:05	
243		73	GOSLETT, Harriet		F35	69:06	
244		74	STURRTIVANT, Tyrina		F35	69:07	
245	171		CHEETHAM, Jonny		M50	69:10	
246		75	DENT, Shaheen	Chiltern Harriers AC	F55	69:31	
247		76	DONOHUE, Clare		F35	69:37	
248	172		WARREN, Wayne		M60	69:44	
249		77	BIRCH, Annie	Metros	F55	69:50	
250	173		FINNAMORE, Simon		M50	70:03	
251	174		WALKER, David	Chiltern Harriers AC	M70	70:46	
252		78	ROBBINS, Kristina		Senior Women	71:11	
253		79	BAYLISS, Paige		Senior Women	71:11	
254		80	HUDSON, Caroline	Bracknell Forest Runners	Senior Women	71:12	
255	175		TACK, Kevin		M40	71:23	
256		81	DEWAR, Amy		F35	71:44	
257		82	MOCHARRAFIE, Yasmeen		Senior Women	71:45	
258		83	BLEAZARD, Helen		F45	71:46	
259		84	MCCAUL, Jo		F45	71:59	
260	176		CROMPTON, Nick		M40	72:10	
261	177		BARR, Ian		M50	72:23	
262		85	WYATT, Christine		F45	72:25	
263		86	WISHART, Karen	Dacorum & Tring	F45	72:25	
264		87	TYSOE, Tracy		Senior Women	72:32	
265	178		MODAHER, Jasvir Singh	British Airways	M50	73:23	
266		88	CROSSE, Elizabeth		F55	73:50	
267		89	HAMPSON, Alix		Senior Women	74:30	
268	179		MCMAHON, Brian		M40	74:35	

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME	PRIZE
269	180		WISE, Michael		M60	75:30	
270		90	WISE, Sandra		F55	75:52	
271		91	MAW, Nora		F55	76:42	
272		92	BRADBURN, Katharine		Senior Women	78:40	
273	181		REED, Sam		Senior Men	78:40	
274	182		KENT, Stephen		M60	85:16	
275	183		KENT, Philip		M60	85:16	

Team Results

<u>Mens Teams (4 to score)</u>			<u>Score¹</u>	<u>Womens Teams (4 to score)</u>			<u>Score²</u>
1st	Gade Valley Harriers		51	1st	Chiltern Harriers AC		66
2nd	Chiltern Harriers AC		57	2nd	Ealing, Southall & Middlesex		75
3rd	Bearbrook Running Club		113	3rd	Tring Running Club		113
				4th	Gade Valley Harriers		116
<u>Fun Teams (4 to score)</u>			<u>Score³</u>				
1st	Focusrite Flyers		439				

¹ Scores exclude female competitors

² Scores exclude male competitors

³ Scores include all competitors