

# The 22nd HERBERT'S HOLE CHALLENGE

Sunday 16th November 2014

Organised by Chiltern Harriers

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## RESULTS SUMMARY

### Individual Prize Winners

Senior Men	=1st	Ryan McKinlay	Highgate Harriers	36:24
	=1st	Thomas Beedell	Woodford Green & Essex Ladies	36:24
	3rd (V40)	Eddie O'Gorman	Chiltern Harriers AC	38:15
Veteran Men M40	1st Prize	Guy Woollett	Gade Valley Harriers	41:19
Veteran Men M50	1st	Keith Miller	David Lloyd Redway Runners	40:02
Veteran Men M60	1st	Kelvin Smith	Marshall Milton Keynes	48:41
Junior Men	1st	Yusuf Fahy		77:59
Senior Women	1st	Phillippa Keast	Forest Hill Runners	45:04
	2nd (V35)	Ali Young	Chiltern Harriers AC	45:39
	3rd (V35)	Sandra Reynolds	Chiltern Harriers AC	46:43
Veteran Women F35	1st Prize	Kit-Yi Greene		49:48
Veteran Women F45	1st	Alison Harding	Tring Running Club	50:17
Veteran Women F55	1st	Fiona Kennedy	Ealing, Southall & Middlesex	46:43

### Team Prizes

Men	Chiltern Harriers AC	3rd 7th 15th 20th	Eddie O'Gorman Alistair Melville-Smith Richard Quantrill Andrew Wiseall
Women	Chiltern Harriers AC	2nd 3rd 5th 8th	Ali Young Sandra Reynolds Ellie Bates Lean Ni Chiobhain
Fun	Smells Like Team Spirit	11th 63th 64th 71th	Mirek Stiles Giles Watson Rob Levine Simon Kiln

### Other notable performances

First Woman over 65	Pauline Dable	Kenilworth Runners	68:48
First Man over 70	John Smith		52:06

### Full Team Results

	MEN	Pts.	WOMEN	Pts.	FUN	Pts
1st	Chiltern Harriers AC	45	Chiltern Harriers AC	18	Smells Like Team Spirit	209
2nd	Gade Valley Harriers	46	Gade Valley Harriers	61	Jolly Runners	564
3rd	St Albans Striders	356			Cunningmaws	623

**HERBERT'S HOLE CHALLENGE**  
**16TH NOVEMBER 2014**  
**MEN'S RACE**

<b>POS</b>	<b>COMPETITOR</b>	<b>CLUB / TEAM</b>	<b>CATEGORY</b>	<b>TIME</b>	<b>RACE PLACE</b>
=1	MCKINLAY, Ryan	Highgate Harriers	Senior	36:24	=1
=1	BEEDELL, Thomas	Woodford Green & Essex Ladies	Senior	36:24	=1
3	O'GORMAN, Eddie	Chiltern Harriers AC	Veteran 40	38:15	3
4	BEEDELL, Simon	Woodford Green & Essex Ladies	Senior	39:03	4
5	MILLER, Keith	David Lloyd Redway Runners	Veteran 50	40:02	5
6	FERRIS, Michael	Gade Valley Harriers	Senior	40:43	6
7	MELVILLE-SMITH, Alistair	Chiltern Harriers AC	Senior	40:45	7
8	GEORGE, Chris	Boxfit Tri	Senior	41:01	8
9	WOODMAN, Matthew	Stafford Harriers	Senior	41:09	9
10	WOOLLETT, Guy	Gade Valley Harriers	Veteran 40	41:19	10
11	STILES, Mirek	Smells Like Team Spirit	Senior	41:42	11
12	GEORGE, Greg		Veteran 40	42:10	12
13	GRAY, Andrew		Veteran 40	42:28	13
14	LAWLER, John	Gade Valley Harriers	Senior	42:35	14
15	QUANTRILL, Richard	Chiltern Harriers AC	Veteran 40	42:48	15
16	ROBERTS, Jon	Gade Valley Harriers	Veteran 40	42:51	16
17	FOSTER, Graham	St Albans Striders	Veteran 50	42:55	17
18	HARDING, Kevin	Tring RC	Veteran 50	42:59	18
19	DIXON, Scott	Gade Valley Harriers	Veteran 40	43:09	19
20	WISEALL, Andrew	Chiltern Harriers AC	Senior	43:12	20
21	TAYLOR, Nathan	Chiltern Harriers AC	Veteran 40	43:15	21
22	CLARK, Richard	Trail Runners Association	Senior	43:48	22
23	MUNNICH, Mark	Chiltern Harriers AC	Senior	44:05	23
24	THOMAS, Hywel	Chiltern Harriers AC	Veteran 40	44:21	24
25	WOODWARD, Peter	Forest of Dean AC	Senior	44:33	25
26	KEAST, Geoffrey	Forest Hills Runners	Senior	44:34	26
27	GOWERS, Mark	Jolly Runners	Veteran 50	44:37	27
28	O'GRADY, John		Veteran 40	44:51	28
29	BATES, Ben		Senior	45:08	30
30	TAYLOR, Jonathan	Chiltern Harriers AC	Senior	45:15	31
31	SHEAD, Mark	Shenley Striders	Senior	45:26	32
32	SMITH, Stephen	St Albans Striders	Veteran 50	45:30	33
33	HIGGINSON, Ian	Bearbrook RC	Veteran 40	45:38	34
34	STANDEN, Mark		Senior	46:00	36
35	TAYLOR, Ian		Senior	46:03	37
36	BARCOCK, Richard	Bearbrook RC	Veteran 40	46:10	38
37	BARKER, Matthew		Senior	46:48	41
38	BUTTLEMAN, Jim	Leighton Fun Runners	Veteran 50	47:02	42
39	GRAY, Nigel		Veteran 50	47:04	43
40	LAMB, John	Leighton Buzzard Tri	Veteran 40	47:06	44
41	BIRCH, Michael	Gade Valley Harriers	Senior	47:23	45
42	CORNS, Mark	Chiltern Tri	Senior	47:25	46
43	BREINGAN, David	Chiltern Harriers AC	Veteran 40	47:28	47
44	GAME, Andrew		Veteran 40	47:47	49
45	FREIER, Matt		Senior	47:53	50
46	WILLIAMS, David	Chiltern Harriers AC	Senior	47:58	51
47	MAY, Jamie		Senior	48:03	52
48	BRADLEY, Mikk	Watford Harriers	Veteran 50	48:04	53
49	KOO ROSENMEJER, Martin		Senior	48:19	54
50	HUGHES-MORGAN, Parry		Veteran 50	48:21	55
51	SALMON, John	Thames Hare & Hounds	Veteran 50	48:25	56
52	BURNELL, Matthew		Senior	48:32	57
53	SMITH, Kelvin	Marshall Milton Keynes	Veteran 60	48:41	59
54	MCCORMACK, Ade	Chiltern Harriers AC	Veteran 50	48:56	60
55	BREWER, John	UKNetrunner	Veteran 50	49:16	61
56	BUCKINGHAM, Daniel		Veteran 40	49:18	62
57	WATSON, Giles	Smells Like Team Spirit	Veteran 50	49:22	63
58	LEVINE, Rob	Smells Like Team Spirit	Veteran 40	49:25	64
59	PICKEN, John		Veteran 40	49:35	65
60	MAGRATH, Duncan		Veteran 50	49:44	66
61	MANSON, Iain		Veteran 50	50:18	70
62	KILN, Simon	Smells Like Team Spirit	Veteran 40	50:25	71
63	HEWLETT, Russell	Metros	Veteran 40	50:28	72
64	CUNNINGTON, Ian	Cunningmaws	Veteran 50	50:37	73
65	PAGE, Bob	Arena 80 AC	Veteran 50	50:52	77
66	MARTIN, Glen	Chiltern Harriers AC	Veteran 40	50:53	78
67	BLOUNT, Geoff	Chiltern Harriers AC	Veteran 50	50:54	79
68	GREENHALGH, Giles	Smells Like Team Spirit	Veteran 40	51:15	80
69	CZARNECKI, Piotr	Brzoza Biega	Senior	51:17	81

<b>POS</b>	<b>COMPETITOR</b>	<b>CLUB / TEAM</b>	<b>CATEGORY</b>	<b>TIME</b>	<b>RACE PLACE</b>
70	MACLELLAN, Sean Patrick	Thrift Green Trotters	Veteran 40	51:26	82
71	MORGAN, David		Veteran 40	51:32	83
72	POWELL, Thomas	Chiltern Harriers AC	Senior	51:32	84
73	HODGKINSON, Paul		Veteran 40	51:33	85
74	GRIFFIN, Tom	Tring RC	Veteran 60	51:35	86
75	NOLAN, Tony	Bearbrook RC	Veteran 40	51:40	87
76	WALKER, John	Chiltern Harriers AC	Senior	51:43	88
77	HULKS, Nick		Senior	51:45	89
78	BLAKEWAY-ELY, Paul		Senior	51:55	90
79	SMITH, Antony		Veteran 40	52:05	91
80	SMITH, John		Veteran 70	52:06	92
81	ADDISON, Mark		Senior	52:06	93
82	STEWART, Andrew	Chiltern Harriers AC	Veteran 50	52:06	94
83	MARTIN, Ben	Chiltern Harriers AC	Veteran 40	52:11	95
84	TRICE, Stephen	Nuffers Duffers	Veteran 40	52:13	96
85	RODWELL, Stephen		Senior	52:13	97
86	WEAVER, John		Veteran 40	52:16	98
87	BROWN, Ian		Veteran 50	52:29	99
88	FIELD, Steve	Chiltern Harriers AC	Veteran 60	52:33	100
89	SORENSEN, Morten		Senior	52:37	101
90	GOODMAN, Liam		Senior	52:47	102
91	FOLKARD, Melvyn	Chiltern Harriers AC	Veteran 50	52:58	103
92	WELLS, David		Veteran 40	53:09	104
93	CLARKE, Jonathan	Chiltern Harriers AC	Senior	53:14	105
94	TREVILLION, David	Pro-Fit	Senior	53:24	106
95	DALGAS, Steen		Veteran 40	53:30	107
96	WISE, Bob	Gade Valley Harriers	Senior	53:37	110
97	GOULD, David	Lichfield RC	Veteran 60	53:43	111
98	HAWORTH, John		Veteran 40	53:44	112
99	GARLAND, Mick		Veteran 50	54:00	113
100	LARSEN LINDEGAARD, Mads		Senior	54:01	114
101	TERRY, Andrew	Gade Valley Harriers	Senior	54:09	115
102	STEPHENSON, Patrick		Veteran 40	54:10	116
103	JOHNSON, Guy		Veteran 50	54:12	117
104	MAW, Richard	Cunningmaws	Veteran 60	54:30	118
105	KIDD, Aaron		Senior	54:49	122
106	ADAMS, David		Veteran 50	54:54	125
107	WILKINSON, James	Ten-Point Blackfish	Veteran 40	54:55	126
108	KENNETT, Roland	Triathlon England	Veteran 50	55:01	127
109	MILLER, Jim	Marshall Milton Keynes	Veteran 60	55:03	129
110	LIVESEY, Andrew		Veteran 50	55:15	130
111	WOODWARD, Ivan	Forest of Dean AC	Veteran 40	55:18	131
112	ROBINSON, Tom	TWR Demolition	Veteran 40	55:29	132
113	FRY, Mark	Chiltern Harriers AC	Veteran 50	55:37	133
114	LOWE, Ian		Veteran 50	55:50	134
115	BENTLEY, Richard		Veteran 50	55:58	135
116	ROGERS, Peter	St Albans Striders	Veteran 50	56:01	136
117	SLATER, Alec		Senior	56:12	137
118	HARMAN, Howard		Veteran 60	56:13	138
119	SIBLEY, Patrick		Veteran 60	56:22	139
120	CORBY, Michael	Jolly Runners	Veteran 40	56:30	141
121	SIZMORE, Roy	Chiltern Harriers AC	Veteran 60	56:50	145
122	MOLESWORTH, Steve		Senior	57:09	147
123	ELLIOTT, David		Veteran 40	57:12	148
124	D'SOUZA, Tony		Veteran 40	57:18	149
125	GILBERT, Darren		Veteran 40	57:44	150
126	DABLE, Thomas	Kenilworth Runners	Veteran 60	57:49	151
127	EDWARDS, Rik	Chiltern Harriers AC	Veteran 50	57:59	154
128	KENT, Paul		Senior	58:09	155
129	VENNIX, Dirk		Veteran 50	58:24	156
130	LEARY, Adam	Metros	Veteran 50	58:28	157
131	CHALMERS, Julian		Veteran 40	58:30	158
132	FALVEY, John	Ealing, Southall & Middlesex	Veteran 50	58:41	159
133	LAWSON, Tony		Veteran 50	58:45	160
134	STONE, Timothy		Veteran 40	58:59	161
135	NIXON, John		Veteran 60	59:01	162
136	FAHY, Declan	Chiltern Harriers AC	Veteran 50	59:16	163
137	LEACH, Andy		Veteran 40	59:25	165
138	PYPER, North		Veteran 50	59:29	166
139	BRYANT, Harry		Senior	59:39	167
140	JARMAN, Lee	Dunstable RR	Veteran 40	59:40	168
141	MATON, Andrew	Serpentine RC	Veteran 50	59:54	169
142	SELLICK, Mark		Senior	1:00:19	171

<b>POS</b>	<b>COMPETITOR</b>	<b>CLUB / TEAM</b>	<b>CATEGORY</b>	<b>TIME</b>	<b>RACE PLACE</b>
143	WARREN, Pete	Ranelagh Harriers	Veteran 70	1:00:24	172
144	LAYTON, Andrew		Veteran 40	1:00:24	173
145	GOODMAN, Michael		Veteran 50	1:00:25	174
146	KIMPTON, John		Veteran 40	1:00:26	175
147	BOLTON, Paul		Senior	1:00:36	178
148	GRACE, Trevor		Veteran 50	1:00:43	180
149	SHEEHAN, Nicholas	Nuffers Duffers	Veteran 40	1:00:45	181
150	CROMPTON, Nick		Veteran 40	1:00:55	183
151	GREEN, Geoff		Veteran 50	1:01:10	186
152	BOYDEN-WILSON, Steve	Chiltern Harriers AC	Veteran 50	1:01:19	187
153	KOJCINOVIC, Philip		Veteran 50	1:01:29	188
154	WARD, Mark		Veteran 50	1:01:46	189
155	PEARCE, Paul	Chiltern Harriers AC	Senior	1:01:52	190
156	PORTLAND, Keith		Veteran 50	1:02:06	192
157	DAVIES, Philip	Jolly Runners	Veteran 50	1:03:12	193
158	CHEETHAM, Jonny		Veteran 50	1:03:33	194
159	KENT, Richard		Veteran 40	1:03:36	195
160	TREADWELL, Paul	Chiltern Harriers AC	Veteran 40	1:03:42	196
161	PARKER, Brian		Veteran 40	1:03:44	197
162	COX, Simon		Veteran 40	1:03:59	200
163	SCOONES, Ian	Jolly Runners	Veteran 40	1:04:17	203
164	PEPPER, Alex	Chiltern Harriers AC	Veteran 50	1:04:31	205
165	BOMFORD, Andrew	Jolly Runners	Veteran 50	1:04:44	206
166	QASAM, Yasaer		Senior	1:04:51	207
167	WALKER, David	Chiltern Harriers AC	Veteran 60	1:04:52	208
168	WESSON, David		Veteran 50	1:05:21	210
169	BLACKWELL, Chris		Veteran 40	1:06:01	212
170	FINAMORE, Simon		Veteran 50	1:06:03	213
171	SANGSTER, Paul		Veteran 40	1:06:08	214
172	PRICE, Kevin		Veteran 50	1:06:11	216
173	LEWIN, Mark		Veteran 40	1:06:26	219
174	DAVIES, Cliff		Veteran 50	1:07:37	221
175	CARMODY, Alan		Veteran 50	1:07:37	222
176	KENT, Stephen		Veteran 60	1:07:45	223
177	COLLIER, Justin		Veteran 40	1:08:15	227
178	PATON, Alastair	Jolly Runners	Veteran 50	1:09:14	232
179	MOSLEY, Paul	Team Tortoise	Veteran 50	1:10:16	234
180	YOUNG, Clive		Veteran 60	1:10:35	235
181	KENT, Philip		Veteran 60	1:11:05	237
182	KING, Doug	Chiltern Harriers AC	Veteran 60	1:11:59	238
183	CASTLE, William		Veteran 50	1:13:42	239
184	FAHY, Yusuf		Junior	1:17:59	243
185	MARTIN, Andrew	Support BHF	Senior	1:19:42	245
186	PRAG, Nick		Veteran 60	1:19:42	246
187	SINGH, Sukjit	Burnham Joggers	Veteran 50	1:19:48	247
188	METCALFE, William	Dagenham 88 Runners	Veteran 70	1:21:58	248
189	READ, Michael	British Triathlon Association	Veteran 70	1:22:45	249
190	TURNER, William		Veteran 70	1:23:42	251
191	KEELING, Quentin	St Albans Striders	Veteran 60	1:27:42	254

**HERBERT'S HOLE CHALLENGE**  
**16TH NOVEMBER 2014**  
**WOMEN'S RACE**

<b>POS</b>	<b>COMPETITOR</b>	<b>CLUB / TEAM</b>	<b>CATEGORY</b>	<b>TIME</b>	<b>RACE PLACE</b>
1	KEAST, Phillippa	Forest Hills Runners	Senior	45:04	29
2	YOUNG, Ali	Chiltern Harriers AC	Veteran 35	45:39	35
3	REYNOLDS, Sandra	Chiltern Harriers AC	Veteran 35	46:34	39
4	KENNEDY, Fiona	Ealing, Southall & Middlesex	Veteran 55	46:43	40
5	BATES, Ellie	Chiltern Harriers AC	Senior	47:34	48
6	BITARAF, Gemma	Gade Valley Harriers	Senior	48:40	58
7	GREENE, Kit-Yi		Veteran 35	49:48	67
8	NI CHIOBHAIN, Lean	Chiltern Harriers AC	Senior	49:52	68
9	HARDING, Alison	Tring RC	Veteran 45	50:17	69
10	MAYER, Lucy	Bearbrook RC	Veteran 35	50:39	74
11	MCDONNELL, Claire	Gade Valley Harriers	Veteran 45	50:43	75
12	TURNER, Helen	Chiltern Harriers AC	Senior	50:45	76
13	HUGHES, Jenny	Arena 80 AC	Veteran 45	53:33	108
14	CRAWLEY, Victoria	Gade Valley Harriers	Veteran 35	53:37	109
15	CARTER, Lucy Irene		Veteran 35	54:31	119
16	GAMSTON, Julie	Chiltern Harriers AC	Veteran 35	54:42	120
17	MAYOT, Lauren		Senior	54:48	121
18	CONN, Joanna	Serpentine RC	Veteran 35	54:49	123
19	HEMBURY, Lynda		Veteran 55	54:49	124
20	HAND, Jennie	Custard Tarts	Senior	55:01	128
21	GRAY, Isobel		Veteran 45	56:27	140
22	WILLIAMS, Ciara		Senior	56:33	142
23	HALLAS, Shareen	Chiltern Harriers AC	Veteran 45	56:34	143
24	HINDMARCH, Deborah		Veteran 55	56:40	144
25	LUTY, Jo		Veteran 35	56:52	146
26	EMES, Maxine	Custard Tarts	Senior	57:50	152
27	TAFT, Sarah		Veteran 35	57:55	153
28	BOLDEN, Melanie		Veteran 45	59:17	164
29	PAGE, Helen	Tring RC	Veteran 45	1:00:06	170
30	THOMAS, Karis	Gade Valley Harriers	Senior	1:00:29	176
31	GLACKIN, Melissa	Serpentine SC	Veteran 35	1:00:30	177
32	CUNNINGTON, Fiona	Cunningmaws	Veteran 55	1:00:39	179
33	GOSLETT, Harriet		Veteran 35	1:00:54	182
34	FERGUSON, Sue	Tring RC	Veteran 45	1:00:59	184
35	BATTYE, Lisa		Veteran 35	1:00:59	185
36	ESKDALE, Jacki	Gade Valley Harriers	Veteran 45	1:02:04	191
37	OWERS, Ashley	Park Fit	Veteran 45	1:03:47	198
38	SMUTS, Sam		Veteran 35	1:03:57	199
39	HARRIS, Phillippa	Chiltern Harriers AC	Senior	1:04:06	201
40	PONDAVEN, Claire	Chiltern Harriers AC	Senior	1:04:13	202
41	PEPPER, Racheal		Veteran 45	1:04:31	204
42	GATES, Heidi		Veteran 35	1:05:17	209
43	CLEMENTS, Sally		Veteran 45	1:05:38	211
44	PARKE, Leeane		Senior	1:06:09	215
45	BOUTWOOD, Lizzie		Veteran 45	1:06:12	217
46	NASH, Emma	Gade Valley Harriers	Senior	1:06:26	218
47	MOLESWORTH, Olivia		Veteran 35	1:07:07	220
48	FOSTER, Jo		Veteran 45	1:08:08	224
49	FITZGERARALD, Emma		Veteran 45	1:08:12	225
50	KAPLAN, Zoe		Veteran 45	1:08:14	226
51	WALSH, Kasia		Senior	1:08:34	228
52	KIDD, Joanna	Gade Valley Harriers	Senior	1:08:46	229
53	DABLE, Pauline	Kenilworth Runners	Veteran 65	1:08:48	230
54	EZECHUKWU, Janet	Park Fit	Veteran 35	1:09:10	231
55	KEMPSON, Miriam		Veteran 45	1:10:09	233
56	BEGGS, Caprice	Metros	Veteran 35	1:10:56	236
57	HALL, Charis		Senior	1:13:54	240
58	ALCOCK, Frances	Park Fit	Veteran 55	1:16:26	241
59	PEDRO, Nusi		Veteran 55	1:17:43	242
60	MOFFAT, Sue		Veteran 55	1:19:32	244
61	HEWLETT, Patricia	Metros	Veteran 45	1:23:12	250
62	CLARK, Rebecca		Veteran 45	1:25:35	252
63	MAW, Nora	Cunningmaws	Veteran 55	1:27:40	253
64	TURNER, Helen		Veteran 45	1:30:07	255