

International Events

Pednor 5km and 10km Time Trial Training Runs

**5km/10km Time Trial Training Runs
at Pednor (meet at 9.30am Open Air
Pool, Chesham)**

Saturday 20th February 2010

Saturday 20th March 2010

Saturday 24th April 2010

**Everyone is welcome to come
along and there is an option of
5km or 10km (2 laps) timed run
on a measured course. Runners
set off at 1min intervals**

**Please contact Matt Kirby at
matt.kirby@btinternet.com or text to
07836709584 to confirm if you are
interested. Free Entry**