

CHILTERN TRIATHLON

Junior

Sunday June 28th 2009

(Starts approx. 8.15am age 8, 9.00am ages 9-10, 10.15am age 11-12, 11.00am ages 13-16)

at Chesham Leisure Centre and Chesham High School White Hill, HP5 1BB

Enter as an Individual and (for no extra entry fee) get together a team.

Age 8	Age 9/10	Age 11/12	Age 13/14	Age 15/16
Swim 50m	Swim 50m	Swim 100m	Swim 150m	Swim 200m
Cycle 1000m	Cycle 1000m	Cycle 2000m	Cycle 3000m	Cycle 3000m
Run 800m	Run 800m	Run 1200m	Run 1600m	Run 1600m

Entry fee is £9.00 all ages which allows you to compete as an individual and a member of a team.

£1.00 discount to all BTA members on production of licence.

The event consists of a swim in a 25m indoor pool, followed immediately by a cycle on grass around the perimeter of the school field and finishing with a run round a 400m grass track.

Your time runs continuously from the start of the swim to the end of the run.

A Team entry consists of three people from the same age group.

Send entries with cheque and 2 x SAE (at least 6"x9") to:

Chiltern Junior Triathlon, Chesham Leisure Centre, White Hill, Chesham, Bucks HP5 1BB

A race pack will be sent as soon as entry is accepted. To contact and for latest info and start list: www.chiltern-harriers.org.uk



Event Organised and Managed by Chiltern Harriers Athletic Club, Chesham Swimming Club and Amersham Tristars
With support and help from Wycombe Leisure Ltd and Chiltern District Council

To enter fill in the details below enclose cheque payable to 'Chiltern Harriers' (cashing of cheque confirms entry):

INDIVIDUALS ENTRY FORM closing date 19th June 2009

NAME: _____ AGE: (on 31-12-2009) _____ DOB: _____ Girl/Boy _____

ADDRESS: _____

TELEPHONE: _____ E.MAIL: _____

IMPORTANT PLEASE TICK BOX IF YOU ARE NOT A STRONG SWIMMER

TEAM ENTRY FORM (Team captain **only** to enter 3 girls or 3 boys of same age group)

NAME (Capt.): _____ AGE: (on 31-12-2009) _____ DOB: _____ Girl/Boy _____

NAME: _____ AGE: (on 31-12-2009) _____ DOB: _____ Girl/Boy _____

NAME: _____ AGE: (on 31-12-2009) _____ DOB: _____ Girl/Boy _____

TEAM (Capt.) TELEPHONE: _____ TEAM (Capt.) E.MAIL: _____

TEAM NAME: _____

DECLARATION

I accept that the organisation can in no way be held responsible for any injury or loss however caused, and that my child taking part in the event, is fully aware of the risks involved and the degree of fitness required.

My child is a competent swimmer and is capable of swimming the required distance.

I am aware that my child's cycle must be in a roadworthy condition and checked immediately prior to the event and that wearing of an approved cycle helmet is mandatory. I agree to abide by the rules of the BRITISH TRIATHLON ASSOCIATION.

SIGNED (Parent or guardian) _____