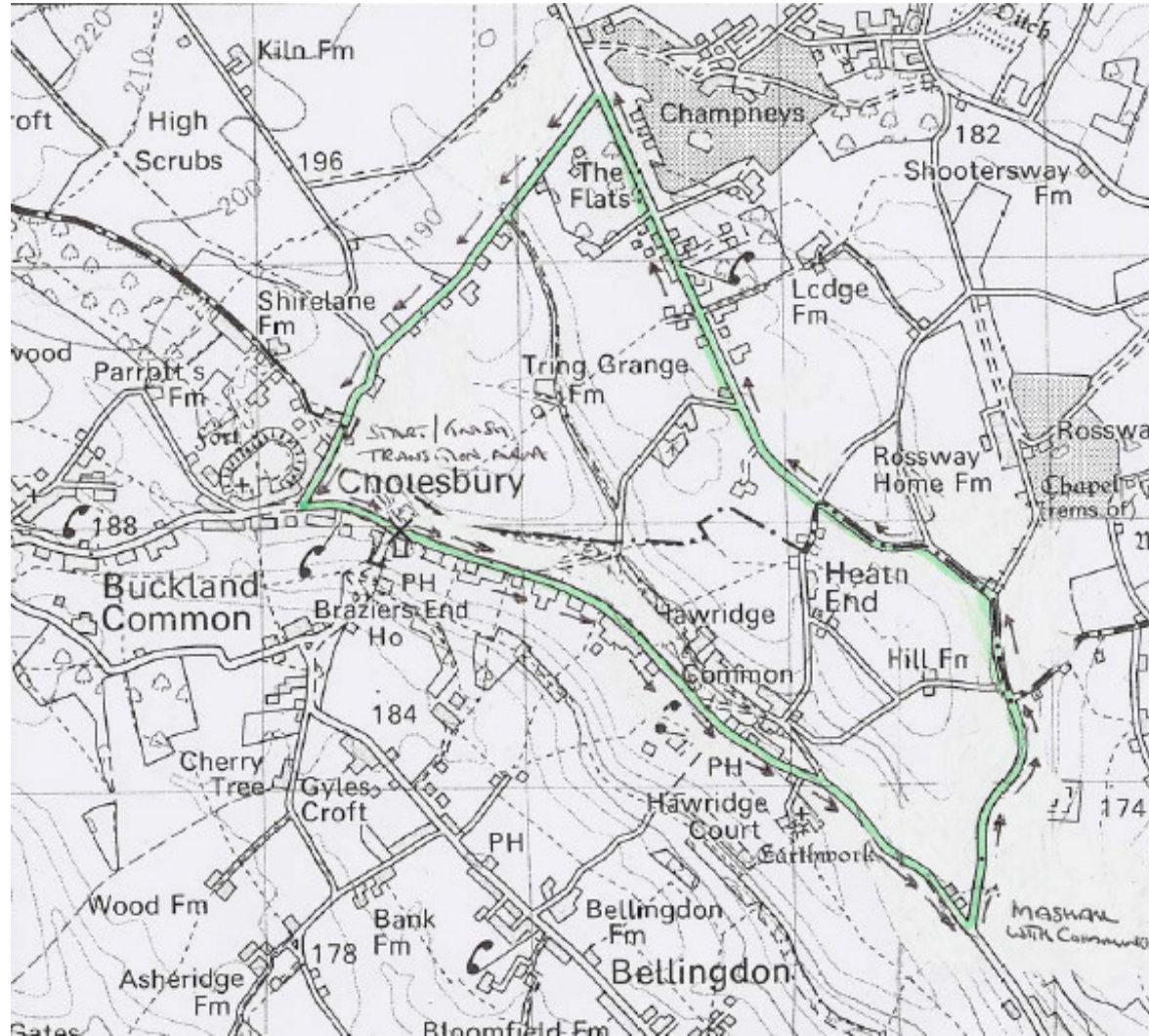


CYCLE ROUTE

2 X 5.5 MILES



RUN ROUTE

RUN ONE – 1 X 2.5 MILE LAP

RUN TWO – 1 X 2.5 MILE LAP

