

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>



Southern 2 - North West Woking

Sunday, June 21 2009

				Perf	Wind	Recor	ds	Grade									
				Perf													
T32 U17M 100m 'A'				<i>Wind=</i>					U17M 100m 'B'				<i>Wind=</i>				
1	39	Laurence Owen	Thames Valley Harrie	12.10					1	40	Edmond Amaning	Thames Valley Harrie	11.30	G2*			
2	35	ASHLEY HARMSWORT	Camberley & District	12.40					2	38	Joe Stevens	Chiltern Harriers AC	12.00				
3									3	36	SHAUN THOMAS	Camberley & District	12.60				
4									4								
5									5								
6									6								
7									7								
8									8								
T8 U17M 200m 'A'				<i>Wind=</i>					U17M 200m 'B'				<i>Wind=</i>				
1	39	Edmond Amaning	Thames Valley Harrie	22.50		G1*			1	40	Adrian Assinor	Thames Valley Harrie	24.20				
2	37	Joel Williams	Chiltern Harriers AC	23.70		G4*			2	38	Joe Stevens	Chiltern Harriers AC	24.70				
3	35	ASHLEY HARMSWORT	Camberley & District	24.40					3								
4									4								
5									5								
6									6								
7									7								
8									8								
T25 U17M 400m 'A'				<i>Wind=</i>					U17M 400m 'B'				<i>Wind=</i>				
1	39	Edmond Amaning	Thames Valley Harrie	53.00		G2*			1	36	SHAUN THOMAS	Camberley & District	57.40				
2	35	ASHLEY HARMSWORT	Camberley & District	54.20		G3			2	40	-	Thames Valley Harrie	57.90				
3	37	Robert Smith	Chiltern Harriers AC	54.70		G4			3	38	Barney Banks	Chiltern Harriers AC	61.00				
4	43	Luke HEARN	Woking AC	57.10					4								
5									5								
6									6								
7									7								
8									8								
T14 U17M 800m 'A'				<i>Wind=</i>					U17M 800m 'B'				<i>Wind=</i>				
1	38	Robert Smith	Chiltern Harriers AC	02:10.8					1	37	Barney Banks	Chiltern Harriers AC	02:17.1				
2	33	Christian Reedman	Abingdon Amblers	02:16.8					2								
3	43	Shane STREETER	Woking AC	02:18.5					3								
4	41	Ben Kennard	Walton on Thames	02:18.6					4								
5	39	Abdikarim Bare	Thames Valley Harrie	02:25.2					5								
6									6								
7									7								
8									8								
T37 U17M 1500m 'A'				<i>Wind=</i>					U17M 1500m 'B'				<i>Wind=</i>				
1	37	Robert Smith	Chiltern Harriers AC	04:31.7		00			1	34	Christian Reedman	Abingdon Amblers	04:49.7	00			
2	41	George Thomas	Walton on Thames	04:32.1		00			2	38	Ben Hall	Chiltern Harriers AC	05:26.0	00			
3	33	David Walters	Abingdon Amblers	04:34.5		00			3								
4	43	Shane STREETER	Woking AC	04:45.8		00			4								
5									5								
6									6								
7									7								
8									8								
T16 U17M 3000m 'A'				<i>Wind=</i>					U17M 3000m 'B'				<i>Wind=</i>				
1	33	David Walters	Abingdon Amblers	10:09.7		G40			1	34	Josh Beech	Abingdon Amblers	10:56.8	00			
2	37	Ben Hall	Chiltern Harriers AC	11:09.5		00			2								
3									3								
4									4								
5									5								
6									6								
7									7								
8									8								

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Perf Grades

T2 U17M 400mH 'A'

1	33	Peter Barnshaw	Abingdon Amblers	63.20	G4
2	39	Romel Claircin	Thames Valley Harrie	67.90	
3	41	Ben Kennard	Walton on Thames	68.20	
4	43	Shane STREETER	Woking AC	77.80	
5					
6					
7					
8					

U17M 400mH 'B'

1	44	Luke HEARN	Woking AC	72.50	
2					
3					
4					
5					
6					
7					
8					

T23 U17M 100mh 'A'

Wind=

1	39	Dylan Demange	Thames Valley Harrie	14.60	G3*
2	33	Peter Barnshaw	Abingdon Amblers	14.90	G4*
3	35	BEN WEEKS	Camberley & District	15.80	
4					
5					
6					
7					
8					

U17M 100mh 'B'

Wind=

1	40	-	Thames Valley Harrie	15.60	G4
2					
3					
4					
5					
6					
7					
8					

T44 U17M 1500m S/Chase 'A'

1	33	David Walters	Abingdon Amblers	06:10.4	00
2					
3					
4					
5					
6					
7					
8					

U17M 1500m S/Chase 'B'

1	34	Josh Beech	Abingdon Amblers	06:38.6	00
2					
3					
4					
5					
6					
7					
8					

F2 U17M 5k Hammer 'A'

1	39	Ahmed Yahye	Thames Valley Harrie	24.76	
2	35	STEVEN HAYWARD	Camberley & District	18.56	
3					
4					
5					
6					
7					
8					

U17M 5k Hammer 'B'

1					
2					
3					
4					
5					
6					
7					
8					

F9 U17M 1.5k Discus 'A'

1	33	Josh Smedley	Abingdon Amblers	25.63	
2	36	BEN WEEKS	Camberley & District	22.94	
3					
4					
5					
6					
7					
8					

U17M 1.5k Discus 'B'

1	34	Jack Stainthorpe	Abingdon Amblers	20.90	
2					
3					
4					
5					
6					
7					
8					

F22 U17M 5k Shot 'A'

1	39	Laurence Owen	Thames Valley Harrie	10.46	
2	34	Josh Smedley	Abingdon Amblers	9.67	
3	35	STEVEN HAYWARD	Camberley & District	9.12	
4	37	Ben Hall	Chiltern Harriers AC	6.69	
5					
6					
7					
8					

U17M 5k Shot 'B'

1	40	Ahmed Yahye	Thames Valley Harrie	9.13	
2	33	Christian Reedman	Abingdon Amblers	7.19	
3					
4					
5					
6					
7					
8					

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	Perf	Wind	Records	Grade		Perf	Grades
F32 U17M 700g Javelin 'A'					U17M 700g Javelin 'B'		
1	34 Jack Stainthorpe	Abingdon Amblers	32.90		1	33 Josh Smedley	Abingdon Amblers 30.20
2	39 Ahmed Yahye	Thames Valley Harrie	23.87		2	40 Dylan Demange	Thames Valley Harrie 15.66
3					3		
4					4		
5					5		
6					6		
7					7		
8					8		

F13 U17M Pole Vault 'A'					U17M Pole Vault 'B'		
1	43 Jack PHIPPS	Woking AC	3.90	G2*			

F29 U17M High Jump 'A'					U17M High Jump 'B'		
1	35 BEN WEEKS	Camberley & District	1.72	G4	1	39 Abdikarim Bare	Thames Valley Harrie 1.35
2	40 Ogo Anochinonye	Thames Valley Harrie	1.70	G4			
3	41 George Thomas	Walton on Thames	1.40				
4	43 Luke HEARN	Woking AC	1.35				

F17 U17M Long Jump 'A'					U17M Long Jump 'B'		
1	33 Peter Barnshaw	Abingdon Amblers	5.98	G3	1	41 Ben Kennard	Walton on Thames 4.68
2	39 Adrian Assinor	Thames Valley Harrie	5.86	G3	2	40 Romel Claircin	Thames Valley Harrie 4.40
3	43 Jack PHIPPS	Woking AC	4.94		3	34 Josh Beech	Abingdon Amblers 3.78
4	42 George Thomas	Walton on Thames	4.84		4		
5					5		
6					6		
7					7		
8					8		

F34 U17M Triple Jump 'A'					U17M Triple Jump 'B'		
1	39 Adrian Assinor	Thames Valley Harrie	13.28	G1*	1	38 Joe Stevens	Chiltern Harriers AC 9.90
2	43 Jack PHIPPS	Woking AC	11.20		2		
3	37 Barney Banks	Chiltern Harriers AC	10.41		3		
4	35 SHAUN THOMAS	Camberley & District	10.22		4		
5					5		
6					6		
7					7		
8					8		

T30 U15B 100m 'A'				Wind=		U15B 100m 'B'			Wind=
1	39 Jerrell Nugent-Hanson	Thames Valley Harrie	12.10	G3*	1	44 Richard BEAK	Woking AC	12.70 *	
2	43 Sam HEWITT	Woking AC	12.50	G4*	2	40 Tyrell Austin	Thames Valley Harrie	13.30 *	
3	37 Tom Brady	Chiltern Harriers AC	12.60	*	3	38 Alex Russell	Chiltern Harriers AC	13.40 *	
4	35 ADAM FIELDGATE	Camberley & District	13.50	*	4	36 DANIEL THACKERAY	Camberley & District	14.70	
5	33 Ryan Kilzskinski	Abingdon Amblers	14.10		5				
6	42 Sam Odell	Walton on Thames	14.50		6				
7					7				
8					8				

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				Perf	Wind	Recor ds	Grade					Perf	Grades	
T6 U15B 200m 'A'				<i>Wind=</i>					U15B 200m 'B'				<i>Wind=</i>	
1	43	Sam HEWITT	Woking AC	24.90		G4*		1	40	Dei-Jean Langley	Thames Valley Harrie	25.40	G4	
2	39	Jerrell Nugent-Hanson	Thames Valley Harrie	25.40		G4		2	38	Jack Walker	Chiltern Harriers AC	27.60		
3	37	Tom Brady	Chiltern Harriers AC	25.80				3	36	DANIEL THACKERAY	Camberley & District	30.00		
4	35	ADAM FIELDGATE	Camberley & District	27.20				4						
5	41	Sam Odell	Walton on Thames	29.60				5						
6								6						
7								7						
8								8						
T24 U15B 400m 'A'				<i>Wind=</i>					U15B 400m 'B'				<i>Wind=</i>	
1	37	Jack Dutton	Chiltern Harriers AC	55.50		G2*		1	38	George Gillingwater	Chiltern Harriers AC	60.20		
2	39	Victor Dos Santos Soare	Thames Valley Harrie	57.90		G4		2	36	OLIVER WEEKS	Camberley & District	60.70		
3	43	Harry KNIGHTS	Woking AC	57.90		G4		3	40	Omarri Isles-Thomas	Thames Valley Harrie	62.10		
4	35	SHAUN WYLLIE	Camberley & District	58.90		G4		4	44	-	Woking AC	72.80		
5								5						
6								6						
7								7						
8								8						
T12 U15B 800m 'A'				<i>Wind=</i>					U15B 800m 'B'				<i>Wind=</i>	
1	36	-	Camberley & District	02:13.2		G3		1	38	Ben Whitney	Chiltern Harriers AC	02:23.1		
2	43	Harry KNIGHTS	Woking AC	02:14.7		G4		2	40	Nabil Toumi	Thames Valley Harrie	02:52.2		
3	39	Victor Dos Santos Soare	Thames Valley Harrie	02:15.6		G4		3						
4	37	George Gillingwater	Chiltern Harriers AC	02:15.7		G4		4						
5	33	Jack Clarke	Abingdon Amblers	02:36.8				5						
6								6						
7								7						
8								8						
T35 U15B 1500m 'A'				<i>Wind=</i>					U15B 1500m 'B'				<i>Wind=</i>	
1	37	Alex Johnson	Chiltern Harriers AC	04:54.1		00		1	38	Jack Walker	Chiltern Harriers AC	04:59.0	00	
2	33	Owen Stepney	Abingdon Amblers	05:02.3		00		2	39	Kyle Kenrick	Thames Valley Harrie	05:21.6	00	
3	40	Oliver Bird	Thames Valley Harrie	05:12.6		00		3	34	Tom Fabes	Abingdon Amblers	05:27.7	00	
4	35	DANIEL THOMPSON	Camberley & District	05:20.1		00		4	44	Oliver JONES	Woking AC	06:08.8	00	
5	43	Marcus VLASSAK	Woking AC	05:41.0		00		5						
6								6						
7								7						
8								8						
T21 U15B 800m 'A'				<i>Wind=</i>					U15B 800m 'B'				<i>Wind=</i>	
1	39	Jerrell Nugent-Hanson	Thames Valley Harrie	12.50		G2*		1	36	HARRY BARNETT	Camberley & District	13.50	G4	
2	35	SCOTT THOMAS	Camberley & District	12.90		G3*		2	40	Ayanle Aden	Thames Valley Harrie	15.60		
3	37	John Underwood	Chiltern Harriers AC	15.40				3	38	Nick Brabbs	Chiltern Harriers AC	16.20		
4								4						
5								5						
6								6						
7								7						
8								8						
F1 U15B 4k Hammer 'A'				<i>Wind=</i>					U15B 4k Hammer 'B'				<i>Wind=</i>	
1	39	Kyle Kenrick	Thames Valley Harrie	24.49				1	35	PAUL ROCHE	Camberley & District	13.83		
2	43	Lee PRINCE	Woking AC	24.11				2	40	Adam Serghini	Thames Valley Harrie	10.93		
3	36	SCOTT THOMAS	Camberley & District	14.19				3						
4								4						
5								5						
6								6						
7								7						
8								8						

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Grades

Southern 2 - North West Woking

Perf Wind Recor
ds
Grade

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Perf

F8 U15B 1.25k Discus 'A'

Perf	Wind	Recor ds	Grade		
1	43	Lee PRINCE	Woking AC	29.17	G4
2	40	Kyle Kenrick	Thames Valley Harrie	17.85	
3	37	Max Poplawski	Chiltern Harriers AC	15.74	
4	33	Tom Fabes	Abingdon Amblers	13.35	
5					
6					
7					
8					

U15B 1.25k Discus 'B'

1	39	Adam Serghini	Thames Valley Harrie	16.04
2	38	John Underwood	Chiltern Harriers AC	15.64
3	34	Owen Stepney	Abingdon Amblers	10.95
4				
5				
6				
7				
8				

F23 U15B 4.00k Shot 'A'

1	43	Lee PRINCE	Woking AC	9.57
2	37	Max Poplawski	Chiltern Harriers AC	7.32
3	36	OLIVER WEEKS	Camberley & District	7.24
4	39	Adam Serghini	Thames Valley Harrie	6.41
5	34	Owen Stepney	Abingdon Amblers	5.55
6				
7				
8				

U15B 4.00k Shot 'B'

1	35	PAUL ROCHE	Camberley & District	6.95
2	33	Jack Clarke	Abingdon Amblers	5.51
3	38	Alex Russell	Chiltern Harriers AC	5.29
4	44	Oliver JONES	Woking AC	4.74
5	40	Nabil Toumi	Thames Valley Harrie	4.65
6				
7				
8				

F33 U15B 600g Javelin 'A'

1	40	Omari Isles-Thomas	Thames Valley Harrie	25.11
2	34	Tom Fabes	Abingdon Amblers	20.71
3	37	Max Poplawski	Chiltern Harriers AC	18.50
4	35	SCOTT THOMAS	Camberley & District	15.60
5	44	Richard BEAK	Woking AC	14.93
6				
7				
8				

U15B 600g Javelin 'B'

1	39	Coslee Searles	Thames Valley Harrie	24.94
2	38	John Underwood	Chiltern Harriers AC	17.31
3	43	Marcus VLASSAK	Woking AC	13.47
4	36	DANIEL THACKERAY	Camberley & District	12.50
5	33	Jack Clarke	Abingdon Amblers	12.45
6				
7				
8				

F16 U15B Long Jump 'A'

1	44	Richard BEAK	Woking AC	4.72
2	35	OLIVER WEEKS	Camberley & District	4.64
3	33	Ryan Kilzskinski	Abingdon Amblers	4.44
4	37	Alex Johnson	Chiltern Harriers AC	4.06
5	40	Nabil Toumi	Thames Valley Harrie	3.80
6				
7				
8				

U15B Long Jump 'B'

1	36	ADAM FIELDGATE	Camberley & District	4.46
2	43	Sam HEWITT	Woking AC	4.44
3	34	Callum McArthur	Abingdon Amblers	4.41
4	38	Jack Walker	Chiltern Harriers AC	4.02
5	39	Ayanle Aden	Thames Valley Harrie	3.28
6				
7				
8				

F28 U15B High Jump 'A'

1	43	Harry KNIGHTS	Woking AC	1.45
2	36	PAUL ROCHE	Camberley & District	1.45
3	37	Alex Johnson	Chiltern Harriers AC	1.40
4	39	Ayanle Aden	Thames Valley Harrie	1.30

U15B High Jump 'B'

1	35	HARRY BARNETT	Camberley & District	1.40
2	44	Marcus VLASSAK	Woking AC	1.30
3	38	Jack Dutton	Chiltern Harriers AC	1.30

F12 U15B Pole Vault 'A'

U15B Pole Vault 'B'

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	Perf	Wind	Recor ds	Grade		Perf	Grades	
T28 U13B 100m 'A'				Wind=		U13B 100m 'B'		Wind=
1	39 Gabriel Diogo	Thames Valley Harrie	14.10	G4	1	40 Okoye Nelson	Thames Valley Harrie	14.20
2	37 Robert Hughes	Chiltern Harriers AC	14.70		2	38 James McCarthy	Chiltern Harriers AC	14.60
3	43 Robin MILLS	Woking AC	14.70		3	36 OLIVER HASTINGS	Camberley & District	15.10
4	33 Thomas Barratt	Abingdon Amblers	15.20		4	44 Jordan HOPKINS	Woking AC	15.70
5	41 Matthew Jessop	Walton on Thames	15.40		5	34 Alfie White	Abingdon Amblers	16.00
6	35 JAMIE CUNNINGHAM	Camberley & District	15.60		6	42 Elliot Bryant	Walton on Thames	16.10
7					7			
8					8			
T4 U13B 200m 'A'				Wind=		U13B 200m 'B'		Wind=
1	43 Andrew LOMAX	Woking AC	28.50	G4	1	40 Gabriel Diogo	Thames Valley Harrie	29.30
2	39 Elimo Smith	Thames Valley Harrie	29.40		2	38 Joe Cochrane	Chiltern Harriers AC	30.40
3	37 Joe Aherne	Chiltern Harriers AC	29.80		3	34 Thomas Barratt	Abingdon Amblers	30.70
4	33 Joe Blanch	Abingdon Amblers	30.80		4	44 Christian BEALE	Woking AC	30.80
5	36 OLIVER HASTINGS	Camberley & District	31.70		5			
6	41 Matthew Jessop	Walton on Thames	31.70		6			
7					7			
8					8			
T10 U13B 800m 'A'						U13B 800m 'B'		
1	37 James McCarthy	Chiltern Harriers AC	02:23.6	G1*	1	36 RIAN McCRAWLEY	Camberley & District	02:35.1 G4
2	43 Andrew LOMAX	Woking AC	02:24.7	G2*	2	38 Sam Butcher	Chiltern Harriers AC	02:43.4
3	35 BROGAN McCRAWLEY	Camberley & District	02:25.1	G2*	3	42 Oscar Young	Walton on Thames	02:53.4
4	41 Elliot Bryant	Walton on Thames	03:11.2		4	44 Tom DALEY	Woking AC	03:39.0
5					5			
6					6			
7					7			
8					8			
T33 U13B 1500m 'A'						U13B 1500m 'B'		
1	38 Joe Cochrane	Chiltern Harriers AC	05:03.7	G3*	1	37 Andrew Stenning	Chiltern Harriers AC	05:04.8 G3*
2	35 NATHAN MAPPERLEY	Camberley & District	05:05.6	G30	2	44 Josh RAINIER	Woking AC	06:35.9 00
3	43 Dan JOHNSON	Woking AC	05:10.9	G40	3			
4	39 Archie St Aubyn	Thames Valley Harrie	05:15.1	G40	4			
5					5			
6					6			
7					7			
8					8			
T17 U13B 75mh 'A'				Wind=		U13B 75mh 'B'		Wind=
1	37 Robert Hughes	Chiltern Harriers AC	14.60	G4	1	38 Callum Reid-Jones	Chiltern Harriers AC	14.40 G4
2	35 JOSEPH BARNETT	Camberley & District	15.50		2	44 Rory KELLY	Woking AC	15.10 G4
3	39 Auszamin Searles	Thames Valley Harrie	16.00		3	40 Elimo Smith	Thames Valley Harrie	15.20 G4
4	43 Robin MILLS	Woking AC	16.10		4	36 RIAN McCRAWLEY	Camberley & District	16.50
5					5			
6					6			
7					7			
8					8			
F15 U13B 3.25k Shot 'A'						U13B 3.25k Shot 'B'		
1	37 Robert Hughes	Chiltern Harriers AC	7.30	G4	1	44 Rory KELLY	Woking AC	5.96
2	43 Dom VLASSAK	Woking AC	6.43		2	38 Joe Cochrane	Chiltern Harriers AC	4.93
3	40 Archie St Aubyn	Thames Valley Harrie	5.38		3	39 Okoye Nelson	Thames Valley Harrie	4.23
4	41 Joey Odell	Walton on Thames	4.67		4	42 Elliot Bryant	Walton on Thames	4.09
5	33 Alfie White	Abingdon Amblers	4.65		5	34 Thomas Barratt	Abingdon Amblers	4.03
6					6			
7					7			
8					8			

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F25 U13B Long Jump 'A'						U13B Long Jump 'B'				
1	35				G4	1	40	Okoye Nelson	Thames Valley Harrie	3.81
2	39					2	44	Jordan HOPKINS	Woking AC	3.61
3	38					3	37	Joe Aherne	Chiltern Harriers AC	3.57
4	43					4	42	Joey Odell	Walton on Thames	2.61
5	41					5				
6	34					6				
7						7				
8						8				

F6 U13B High Jump 'A'						U13B High Jump 'B'				
1	37				G3*	1	35	JOSEPH BARNETT	Camberley & District	1.25
2	36				G4	2	38	James McCarthy	Chiltern Harriers AC	1.15
3	43					3	44	Josh RAINIER	Woking AC	1.15
4	39									

T31 U17W 100m 'A'						U17W 100m 'B'				
			Wind=						Wind=	
1	37	Sophie East	Chiltern Harriers AC	13.0	G4*	1	38	Isabelle Assirati	Chiltern Harriers AC	13.6
2	41	Lisa O'Brien	Walton on Thames	13.7		2				
3	43	Katie SPEARS	Woking AC	14.2		3				
4	33	Abby King	Abingdon Amblers	14.3		4				
5						5				
6						6				
7						7				
8						8				

T7 U17W 200m 'A'						U17W 200m 'B'				
			Wind=						Wind=	
1	37	Sophie East	Chiltern Harriers AC	26.9	G4*	1	34	Becky Turner	Abingdon Amblers	28.1
2	33	Megan Palmer	Abingdon Amblers	27.5		2	38	Jess White	Chiltern Harriers AC	28.6
3	43	Katie SPEARS	Woking AC	29.1		3	44	Ellis BAVINGTON-HALL	Woking AC	29.0
4						4				
5						5				
6						6				
7						7				
8						8				

T26 U17W 300m 'A'						U17W 300m 'B'				
1	34	Becky Turner	Abingdon Amblers	45.4		1	38	Jess White	Chiltern Harriers AC	48.6
2	37	Maria Nikodemova	Chiltern Harriers AC	45.6		2				
3	39	Sunmisola Williams	Thames Valley Harrie	47.9		3				
4						4				
5						5				
6						6				
7						7				
8						8				

T13 U17W 800m 'A'						U17W 800m 'B'				
1	39	Katharine Spooner	Thames Valley Harrie	02:31.5		1	40	Sunmisola Williams	Thames Valley Harrie	03:06.8
2						2				
3						3				
4						4				
5						5				
6						6				
7						7				
8						8				

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Perf Wind Recor ds Grade

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Perf Grades

T36 U17W 1500m 'A'

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8

U17W 1500m 'B'

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8

T19 U17W 3000m 'A'

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8

U17W 3000m 'B'

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8

T20 U17W 80mh 'A'

- 1 41 Lisa O'Brien
- 2
- 3
- 4
- 5
- 6
- 7
- 8

Wind= Walton on Thames 13.0 G4*

U17W 80mh 'B'

- 1 42 Kate Lee
- 2
- 3
- 4
- 5
- 6
- 7
- 8

Wind= Walton on Thames 14.4

T1 U17W 300mH 'A'

- 1 41 Kate Lee
- 2
- 3
- 4
- 5
- 6
- 7
- 8

Walton on Thames 49.9 G4*

U17W 300mH 'B'

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8

F3 U17W 4k Hammer 'A'

- 1 41 Carla Lthby
- 2
- 3
- 4
- 5
- 6
- 7
- 8

Walton on Thames 31.14 G3*

U17W 4k Hammer 'B'

- 1 42 Sinead O'Brien
- 2
- 3
- 4
- 5
- 6
- 7
- 8

Walton on Thames 19.44

F20 U17W 1.0k Discus 'A'

- 1 41 Carla Lthby
- 2 33 Jemma Gregory
- 3 39 Juchinar Searles
- 4
- 5
- 6
- 7
- 8

Walton on Thames 36.39
Abingdon Amblers 15.36
Thames Valley Harri 14.85

MR
G1*

U17W 1.0k Discus 'B'

- 1 42 Sinead O'Brien
- 2 34 Becky Turner
- 3
- 4
- 5
- 6
- 7
- 8

Walton on Thames 20.89
Abingdon Amblers 14.01

*= AW Standards

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Perf

Wind

Recor

ds

Grade

Sunday, June 21 2009

Perf

Grades

F31 U17W 4k Shot 'A'

1	41	Sinead O'Brien	Walton on Thames	8.14	G4
2	39	Juchinar Searles	Thames Valley Harrie	6.47	
3	43	Katie SPEARS	Woking AC	5.98	
4	33	Abby King	Abingdon Amblers	5.30	
5					
6					
7					
8					

U17W 4k Shot 'B'

1	42	Abbie Wroth	Walton on Thames	5.69	
2					
3					
4					
5					
6					
7					
8					

F26 U17W 600g Javelin 'A'

1	41	Carla Lthby	Walton on Thames	36.00	G1*
2	39	Juchinar Searles	Thames Valley Harrie	23.07	
3	33	Megan Palmer	Abingdon Amblers	21.49	
4	43	Ellis BAVINGTON-HALL	Woking AC	9.53	
5					
6					
7					
8					

U17W 600g Javelin 'B'

1	34	Jemma Gregory	Abingdon Amblers	20.18	
2	42	Abbie Wroth	Walton on Thames	13.38	
3					
4					
5					
6					
7					
8					

F5 U17W Long Jump 'A'

1	33	Jemma Gregory	Abingdon Amblers	4.72	G4
2	41	Lisa O'Brien	Walton on Thames	4.34	
3	38	Isabelle Assirati	Chiltern Harriers AC	4.20	
4	43	Ellis BAVINGTON-HALL	Woking AC	3.66	
5	39	Katharine Spooner	Thames Valley Harrie	3.44	
6					
7					
8					

U17W Long Jump 'B'

1	37	Sophie East	Chiltern Harriers AC	4.10	
2	42	Abbie Wroth	Walton on Thames	3.92	
3					
4					
5					
6					
7					
8					

F35 U17W Triple Jump 'A'

1
2
3
4
5
6
7
8

U17W Triple Jump 'B'

1
2
3
4
5
6
7
8

F19 U17W High Jump 'A'

1	41	Kate Lee	Walton on Thames	1.41	
2	33	Megan Palmer	Abingdon Amblers	1.38	

U17W High Jump 'B'

F11 U17W Pole Vault 'A'

U17W Pole Vault 'B'

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	Perf	Wind	Recor	ds	Grade		Perf	Grades		
T29 U15G 100m 'A'						U15G 100m 'B'				
		Wind=					Wind=			
1	43	Rosie MURPHY	Woking AC	13.4	G4	1	44	Faith BAVINGTON-HALI Woking AC	14.0	
2	37	Georgie MacDonald	Chiltern Harriers AC	13.6	G4	2	38	Alicia Evans	Chiltern Harriers AC	14.1
3	41	Camilla Papa	Walton on Thames	13.6	G4	3	40	Aneta Jaskulska	Thames Valley Harriers	14.3
4	39	Daena Clarke	Thames Valley Harriers	14.4		4	36	Lauren Madley David	Camberley & District	15.2
5	33	Abiellie Hallas	Abingdon Amblers	14.5		5				
6	35	JANE BIRD	Camberley & District	14.6		6				
7						7				
8						8				
T5 U15G 200m 'A'						U15G 200m 'B'				
		Wind=					Wind=			
1	41	Camilla Papa	Walton on Thames	27.3	G3*	1	36	LILIAN BROWER	Camberley & District	28.8
2	37	Georgie MacDonald	Chiltern Harriers AC	27.8	G4	2	38	Alicia Evans	Chiltern Harriers AC	29.3
3	43	Catherine THOMAS	Woking AC	27.9	G4	3	34	Becky James	Abingdon Amblers	30.3
4	35	ROCHELLE INGHAM	Camberley & District	28.2		4	44	Emma HARDCASTLE	Woking AC	31.8
5	33	Claire Fabes	Abingdon Amblers	29.9		5				
6						6				
7						7				
8						8				
T11 U15G 800m 'A'						U15G 800m 'B'				
1	35	FIONA CLARKE	Camberley & District	02:27.2	G3*	1	38	Amy Harris	Chiltern Harriers AC	02:35.4
2	37	Phoebe Cutter	Chiltern Harriers AC	02:28.4	G4	2	36	ELISE PEEVER	Camberley & District	02:56.5
3	43	Emma HUBBARD	Woking AC	02:42.8		3	34	Abiellie Hallas	Abingdon Amblers	03:19.6
4	33	Claire Fabes	Abingdon Amblers	02:45.0		4				
5	39	Aneta Jaskulska	Thames Valley Harriers	02:53.4		5				
6	41	Sophie Denmead	Walton on Thames	03:06.5		6				
7						7				
8						8				
T34 U15G 1500m 'A'						U15G 1500m 'B'				
1	39	Sasha Ritchie	Thames Valley Harriers	05:03.2	G3*	1	38	Chloe Allen	Chiltern Harriers AC	05:26.4 00
2	41	Alice Wills	Walton on Thames	05:04.7	G4*	2	36	BRIDGET MAUME	Camberley & District	05:51.2 00
3	37	Jessica Franks	Chiltern Harriers AC	05:05.6	G4*	3	42	Geogina Chapman	Walton on Thames	06:11.7 00
4	33	Cordelia Parker	Abingdon Amblers	05:17.1	00	4				
5	35	Alex Weager	Camberley & District	05:48.8	00	5				
6	43	Alice PLUMSTEAD	Woking AC	05:50.7	00	6				
7						7				
8						8				
T18 U15G 75mh 'A'						U15G 75mh 'B'				
		Wind=					Wind=			
1	41	Camilla Papa	Walton on Thames	12.8	G3*	1	44	Rosie MURPHY	Woking AC	13.4 G4
2	37	Jemma Wenman	Chiltern Harriers AC	12.9	G4	2	36	ELISE PEEVER	Camberley & District	14.1
3	35	LILIAN BROWER	Camberley & District	12.9	G4	3	38	Amy Harris	Chiltern Harriers AC	14.7
4	33	Cordelia Parker	Abingdon Amblers	16.8		4	34	Becky James	Abingdon Amblers	16.2
5	43	Alice PLUMSTEAD	Woking AC	17.8		5				
6						6				
7						7				
8						8				
F4 U15G Long Jump 'A'						U15G Long Jump 'B'				
1	35	FIONA CLARKE	Camberley & District	4.80	G2*	1	36	ELISE PEEVER	Camberley & District	4.10
2	38	Phoebe Cutter	Chiltern Harriers AC	4.52	G4	2	37	Jemma Wenman	Chiltern Harriers AC	4.04
3	43	Rosie MURPHY	Woking AC	4.25		3	44	Faith BAVINGTON-HALI	Woking AC	3.82
4	39	Daena Clarke	Thames Valley Harriers	4.20		4	34	Abiellie Hallas	Abingdon Amblers	3.38
5	33	Claire Fabes	Abingdon Amblers	3.94		5	40	Aneta Jaskulska	Thames Valley Harriers	3.34
6	41	Sophie Denmead	Walton on Thames	3.56		6				
7						7				
8						8				

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Perf Wind Recor ds Grade

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Perf Grades

F18 U15G High Jump 'A'

Perf	Wind	Recor ds	Grade		
1	35	FIONA CLARKE	Camberley & District	1.50	G2*
2	43	Faith BAVINGTON-HALI	Woking AC	1.30	
3	37	Beth Hitchcock	Chiltern Harriers AC	1.25	
4	41	Geogina Chapman	Walton on Thames	1.20	

U15G High Jump 'B'

1	38	Amy Harris	Chiltern Harriers AC	1.20
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F10 U15G Pole Vault 'A'

U15G Pole Vault 'B'

F21 U15G 1.00k Discus 'A'

1	43	Paige CAREY	Woking AC	19.16
2	37	Hannah Barnetson	Chiltern Harriers AC	17.13
3	39	Lashantay Richards	Thames Valley Harri	12.87
4	35	JANE BIRD	Camberley & District	12.76
5				
6				
7				
8				

U15G 1.00k Discus 'B'

1	38	Katie Royals	Chiltern Harriers AC	11.15
2	36	BRIDGET MAUME	Camberley & District	9.75
3	40	Tianna Charles	Thames Valley Harri	8.44
4				
5				
6				
7				
8				

F27 U15G 600g Javelin 'A'

1	37	Hannah Barnetson	Chiltern Harriers AC	21.10	G4
2	35	ROCHELLE INGHAM	Camberley & District	18.58	
3	41	-	Walton on Thames	16.12	
4	43	Paige CAREY	Woking AC	15.19	
5	39	Lashantay Richards	Thames Valley Harri	12.81	
6	33	Cordelia Parker	Abingdon Amblers	11.02	
7					
8					

U15G 600g Javelin 'B'

1	38	Katie Royals	Chiltern Harriers AC	17.65
2	36	LILIAN BROWER	Camberley & District	15.09
3	44	Emma HARDCASTLE	Woking AC	13.84
4	40	Tianna Charles	Thames Valley Harri	7.13
5				
6				
7				
8				

F30 U15G 3.25k Shot 'A'

1	39	Lashantay Richards	Thames Valley Harri	8.63	G3
2	33	Becky James	Abingdon Amblers	7.02	
3	43	Paige CAREY	Woking AC	6.95	
4	35	JANE BIRD	Camberley & District	6.74	
5	37	Beth Hitchcock	Chiltern Harriers AC	6.47	
6					
7					
8					

U15G 3.25k Shot 'B'

1	38	Chloe Allen	Chiltern Harriers AC	6.39
2	44	Catherine THOMAS	Woking AC	5.94
3	36	Lauren Madley David	Camberley & District	5.84
4	40	Tianna Charles	Thames Valley Harri	5.23
5				
6				
7				
8				

T27 U13G 75m 'A'

	Wind=			
1	41	Lucy Weir	Walton on Thames	10.5 G2*
2	43	Nicole DAVIES	Woking AC	10.8 G3*
3	33	Bryony Dawson	Abingdon Amblers	10.9 G4*
4	39	Imani Fisher	Thames Valley Harri	11.1 G4*
5	35	VALENTINA GALASSI	Camberley & District	11.2 G4*
6	37	Rebecca Yeabsley	Chiltern Harriers AC	11.3
7				
8				

U13G 75m 'B'

	Wind=			
1	40	Marissa John	Thames Valley Harri	10.8 G3*
2	38	Gabby Watts	Chiltern Harriers AC	11.2 G4*
3	34	Charlotte James	Abingdon Amblers	11.3
4	42	Nina Gambrione	Walton on Thames	11.6
5	44	Mili DALY	Woking AC	12.7
6				
7				
8				

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	Perf	Wind	Recor	ds	Grade		Perf	Grades
T3 U13G 150m 'A'		Wind=				U13G 150m 'B'	Wind=	
1 41 Lucy Weir	Walton on Thames	21.1	G3*			1 44 Ella JONES	Woking AC	21.8 G4*
2 37 Sarah Cross	Chiltern Harriers AC	22.1	G4			2 38 Robyn Lisle	Chiltern Harriers AC	23.4
3 43 Katrina FRANCIS	Woking AC	22.3	G4			3 34 Anna Stepney	Abingdon Amblers	23.6
4 36 -	Camberley & District	22.3	G4			4 42 Katie Gambrione	Walton on Thames	24.3
5 33 Bryony Dawson	Abingdon Amblers	23.0				5 40 Tina Oni	Thames Valley Harrie	25.4
6 39 Marie-Helene Bennett-H	Thames Valley Harrie	24.3				6		
7						7		
8						8		
T9 U13G 800m 'A'						U13G 800m 'B'		MR
1 37 Connie Lewis	Chiltern Harriers AC	02:29.6	G1*			1 38 Evie Gardner	Chiltern Harriers AC	02:24.8 G1*
2 43 Caitlin HOWARD	Woking AC	02:31.2	G1*			2 36 NICOLA EVANS	Camberley & District	03:03.5
3 41 Lydia McNulty	Walton on Thames	02:58.5				3 42 Vactoria Cain	Walton on Thames	03:04.6
4 39 Marie-Helene Bennett-H	Thames Valley Harrie	03:17.0				4 44 Rebecca BLASTOCK	Woking AC	03:05.6
5						5		
6						6		
7						7		
8						8		
T22 U13G 1200m 'A'						U13G 1200m 'B'		
1 37 Rosalind Firth	Chiltern Harriers AC	04:13.3	G3*			1 38 Claudia McInerney	Chiltern Harriers AC	04:26.6 G40
2 35 JESS CARL	Camberley & District	04:21.4	G40			2 36 MADDIE PARNELL	Camberley & District	04:55.0 00
3 43 Megan BROOKE	Woking AC	04:23.0	G40			3 41 Holly weston-Jones	Walton on Thames	05:09.9 00
4 39 Eve Goodhart	Thames Valley Harrie	04:27.2	G40			4 44 Emma WESTON	Woking AC	05:36.9 00
5 42 Megan Hojska	Walton on Thames	05:06.8	00			5		
6						6		
7						7		
8						8		
T15 U13G 70mh 'A'		Wind=				U13G 70mh 'B'	Wind=	
1 43 Ellie LANE	Woking AC	12.9	G3*			1 44 Ella JONES	Woking AC	14.2
2 35 MADDIE PARNELL	Camberley & District	13.8	G4			2 42 Megan Hojska	Walton on Thames	15.7
3 41 Josie Farmer	Walton on Thames	14.1				3 38 Hannah Shepard	Chiltern Harriers AC	15.7
4 39 Emilie Ozons	Thames Valley Harrie	14.2				4 36 VALENTINA GALASSI-I	Camberley & District	16.4
5 37 Rebecca Yeabsley	Chiltern Harriers AC	16.7				5		
6						6		
7						7		
8						8		
F7 U13G High Jump 'A'						U13G High Jump 'B'		
1 41 Megan Hojska	Walton on Thames	1.33	G2*			1 39 Emilie Ozons	Thames Valley Harrie	1.15
2 35 NICOLA EVANS	Camberley & District	1.28	G3			2 36 JESS CARL	Camberley & District	1.15
3= 43 Ellie LANE	Woking AC	1.20	G4			3 44 Rowan BAVINGTON-HA	Woking AC	1.10
3= 40 Marissa John	Thames Valley Harrie	1.20	G4			4 38 Robyn Lisle	Chiltern Harriers AC	1.10
5= 37 Rosalind Firth	Chiltern Harriers AC	1.10				5 42 Nina Gambrione	Walton on Thames	1.05
5= 34 Imogen Taylor	Abingdon Amblers	1.10						
F24 U13G Long Jump 'A'						U13G Long Jump 'B'		
1 43 Ellie LANE	Woking AC	4.20	G2*			1 39 Imani Fisher	Thames Valley Harrie	3.51
2 41 Lucy Weir	Walton on Thames	3.90	G4			2 44 Rebecca BLASTOCK	Woking AC	3.38
3 40 Emilie Ozons	Thames Valley Harrie	3.53				3 42 Vactoria Cain	Walton on Thames	3.35
4 33 Imogen Taylor	Abingdon Amblers	3.50				4 34 Anna Stepney	Abingdon Amblers	3.32
5 37 Robyn Lisle	Chiltern Harriers AC	3.49				5 38 Hannah Shepard	Chiltern Harriers AC	3.00
6 35 NICOLA EVANS	Camberley & District	2.92				6		
7						7		
8						8		

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F14 U13G 2.72k Shot 'A'

U13G 2.72k Shot 'B'

	Perf	Wind	Records	Grade		Perf	Records	Grade			
1	40	Marissa John	Thames Valley Harriers	6.49	G4	1	41	Josie Farmer	Walton on Thames	6.04	G4
2	37	Sarah Cross	Chiltern Harriers AC	6.36	G4	2	39	Imani Fisher	Thames Valley Harriers	5.58	
3	36	MADDIE PARNELL	Camberley & District	6.30	G4	3	35	JESS CARL	Camberley & District	5.50	
4	42	Sophie Mace	Walton on Thames	6.24	G4	4	38	Claudia McInerney	Chiltern Harriers AC	5.05	
5	43	Nicole DAVIES	Woking AC	5.52		5	33	Bryony Dawson	Abingdon Amblers	4.81	
6	34	Anna Stepney	Abingdon Amblers	4.86		6	44	Caitlin HOWARD	Woking AC	4.06	
7						7					
8						8					

*= AW Standards