

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>

Perf Grades

Southern Southern 2 - North West St AlbansPerf Wind Recor ds Grade Sunday, May 17 2009

T43 17M 4x100m

1	39	Thames Valley Harriers	Ismail Ahmed	Laurence Owen	Adrian Assinor	Terry Scott	45.30 *
2	35	Camberley & District AC	Shaun Thomas	Ben Weeks	Ashley Harmsworth	Jordan Rettie	49.00
3	37	Chiltern Harriers AC	Michael Palfreeman	Joe Stevens	Zac Underwood	Joel Williams	50.20
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T47 17M 4x400m

1	39	Thames Valley Harriers	Edmond Amaning	Ismail Ahmed	Adrian Assinor	Laurence Owen	##### *
2	43	Woking AC	Jack Cosson	Shane Streeter	Luke Hearn	Jay Hopkins	#####
3	33	Abingdon Amblers	Josh Smedley	Peter Barnshaw	David Walters	Josh Beech	#####
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T41 15B 4x100m

1	37	Chiltern Harriers AC	Nick Brabbs	Tom Brady	Jack Dutton	Jack Walker	53.30
2	43	Woking AC	Patrick Haddad	Oliver Jones	Sam Hewitt	Jack Page	55.10
3	35	Camberley & District AC -		Mark Watson	Scott Thomas	Adam Fieldgate	57.50
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T46 15B 4x400m

1	37	Chiltern Harriers AC	Jack Dutton	Michael Goddard	Alex Johnson	Jack Walker	#####
2	43	Woking AC	Ashraf Ould-Dada	Charlie Cosson	Cary Huckerby	Jacob Rainier	#####
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T39 13B 4x100m

1	37	Chiltern Harriers AC	Robert Hughes	James McCarthy	Callum Reid-Jones	Andrew Stenning	59.30
2	43	Woking AC	Andrew Lomax	Jordan Hopkins	Christian Beale	Thomas Buckland	61.40
3	35	Camberley & District AC -		-	-	-	63.70
4	39	Thames Valley Harriers	Earl Mel	Gabriel Diogo	Joseph Cooper	Achie St Aubyn	64.70
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T42 17W 4x100m

1	33	Abingdon Amblers	Jemma Gregory	Megan Palmer	Lily Cartwright	Abby King	53.90
2	39	Thames Valley Harriers	Rebekah Wiltshire	Annie Tagoe	Sunmisola Williams	Juchinar Searles	55.30
3	41	Walton on Thames	Lisa O'Brien	Sinead O'Brien	Carla Letheby	Beth Hamlet	57.50
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T45 17W 4x300m

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* = AW Standards

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Perf

Grades

Southern Southern 2 - North West St Albans

Perf

Wind

Records

Grades

Sunday, May 17 2009

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T40 15G 4x100m

	Perf	Wind	Records	Grades			
1	39	Thames Valley Harriers	<i>Claudette Hewitt</i>	<i>Jhane Ormsby</i>	<i>Sasha Ritchie</i>	<i>Daena Clarke</i>	57.30
2	33	Abingdon Amblers	<i>Becky James</i>	<i>Clare Fabes</i>	<i>Cordelia Parker</i>	<i>Natasha Woodley</i>	59.40
3	37	Chiltern Harriers AC	<i>Georgie MacDonald</i>	<i>Jessica Franks</i>	<i>Katie Royals</i>	<i>Hannah Wardley</i>	60.50
4	35	Camberley & District AC	<i>Elise Peever</i>	<i>Jane Bird</i>	<i>Rochelle Ingham</i>	<i>Fiona Clark</i>	61.50
5	41	Walton on Thames	<i>Antonia Lufkin</i>	<i>Camilla Papa</i>	<i>Melle Sahbani</i>	<i>Francesca Mitchell</i>	62.70
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T38 13G 4x100m

1	35	Camberley & District AC	<i>Eve Bushell</i>	<i>Jess Carl</i>	<i>Valentina Galasi Defori</i>	<i>Abigail O'Mahoney</i>	60.30
2	39	Thames Valley Harriers	<i>Eve Goodhardt</i>	<i>Marissa John</i>	<i>Hannah Wiltshire</i>	<i>Imani Fisher</i>	60.40
3	37	Chiltern Harriers AC	<i>Rosie Mellor</i>	<i>Katrina MacDonald</i>	<i>Rebeca Yeabsley</i>	<i>Hannah Shepard</i>	61.40
4	41	Walton on Thames	<i>Josie Farmer</i>	<i>Katie Giambone</i>	<i>Nina Giambone</i>	<i>Megan Houska</i>	63.00
5	43	Woking AC	<i>Susanah Pointer</i>	<i>Rowa Bavington-Hall</i>	<i>Rebecca Blastock</i>	<i>Jasmine Mitchell</i>	63.30
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*= AW Standards