

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>



Southern 2 - North West St Albans

				Perf	Wind	Recor	ds	Grade					Perf	Grades
T32 U17M 100m 'A'					Wind=				U17M 100m 'B'					Wind=
1	37	Joel Williams	Chiltern Harriers AC	11.10		G1*			1	40	Terry Scott	Thames Valley Harri	11.30	G2*
2	39	Laurence Owen	Thames Valley Harri	11.10		G1*			2	38	Joe Stevens	Chiltern Harriers AC	11.70	G3*
3	35	Jordan Rettie	Camberley & District	12.20		G4			3	36	Ashley Harmsworth	Camberley & District	12.10	G4
4	43	Jay Hopkins	Woking AC	12.80					4					
5									5					
6									6					
7									7					
8									8					
T8 U17M 200m 'A'					Wind=				U17M 200m 'B'					Wind=
1	39	Edmond Amaning	Thames Valley Harri	22.80		G1*			1	40	Terry Scott	Thames Valley Harri	24.60	G4
2	37	Joel Williams	Chiltern Harriers AC	23.30		G2*			2	38	Joe Stevens	Chiltern Harriers AC	24.90	G4
3	35	Jordan Rettie	Camberley & District	24.20		G4			3	36	Shaun Thomas	Camberley & District	25.60	
4	33	Josh Smedley	Abingdon Amblers	24.50		G4			4					
5									5					
6									6					
7									7					
8									8					
T25 U17M 400m 'A'									U17M 400m 'B'					
1	39	Edmond Amaning	Thames Valley Harri	54.30		G3			1	44	Jack Cosson	Woking AC	56.70	G4
2	35	Shaun Thomas	Camberley & District	56.70		G4			2	41	George Thomas	Walton on Thames	59.20	
3	43	Shane Streeter	Woking AC	59.90					3	38	Michael Palfreeman	Chiltern Harriers AC	61.90	
4	37	Daniel Loach	Chiltern Harriers AC	60.50					4	40	Ross Lasmé	Thames Valley Harri	65.60	
5									5					
6									6					
7									7					
8									8					
T14 U17M 800m 'A'									U17M 800m 'B'					
1	44	Jack Cosson	Woking AC	02:09.2		G4			1	43	Luke Hearn	Woking AC	02:10.4	G4
2	35	Ashley Harmsworth	Camberley & District	02:11.2					2	36	Ashley Balfour	Camberley & District	02:12.9	
3	41	George Thomas	Walton on Thames	02:16.0					3	42	Sebastian Sutler	Walton on Thames	02:24.2	
4	37	Michael Palfreeman	Chiltern Harriers AC	02:28.6					4					
5									5					
6									6					
7									7					
8									8					
T37 U17M 1500m 'A'									U17M 1500m 'B'					
1	42	Ben Kennard	Walton on Thames	04:39.8		00			1	41	George Thomas	Walton on Thames	04:40.4	00
2	33	Josh Beech	Abingdon Amblers	05:23.8		00			2					
3	37	Ben Hall	Chiltern Harriers AC	05:26.9		00			3					
4									4					
5									5					
6									6					
7									7					
8									8					
T16 U17M 3000m 'A'									U17M 3000m 'B'					
1	33	David Walters	Abingdon Amblers	10:15.7		00			1	34	Josh Beech	Abingdon Amblers	10:43.0	00
2	37	Ben Hall	Chiltern Harriers AC	11:05.2		00			2					
3									3					
4									4					
5									5					
6									6					
7									7					
8									8					

*= AW Standards

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>



Supported by

Perf Grades

Southern 2 - North West St Albans

Perf Wind Recor ds Grade Sunday, May 17 2009

T2 U17M 400mH 'A'

Perf	Wind	Recor ds	Grade		
1	33	Peter Barnshaw	Abingdon Amblers	57.10	G1*
2	35	Ben Weeks	Camberley & District	64.50	G4
3	41	Ben Kennard	Walton on Thames	67.50	
4	37	Zac Underwood	Chiltern Harriers AC	69.80	
5					
6					
7					
8					

U17M 400mH 'B'

1					
2					
3					
4					
5					
6					
7					
8					

T23 U17M 100mH 'A'

Perf	Wind=	Recor ds	Grade		
1	33	Peter Barnshaw	Abingdon Amblers	15.10	G4
2					
3					
4					
5					
6					
7					
8					

U17M 100mH 'B'

Perf	Wind=	Recor ds	Grade		
1					
2					
3					
4					
5					
6					
7					
8					

T44 U17M 1500m S/Chase 'A'

1	33	David Walters	Abingdon Amblers	05:20.4	00
2	43	Shane Streeter	Woking AC	05:34.8	00
3					
4					
5					
6					
7					
8					

U17M 1500m S/Chase 'B'

1	44	Luke Hearn	Woking AC	06:08.4	00
2					
3					
4					
5					
6					
7					
8					

F2 U17M 5k Hammer 'A'

1	35	Steven Harward	Camberley & District	19.03	
2					
3					
4					
5					
6					
7					
8					

U17M 5k Hammer 'B'

1					
2					
3					
4					
5					
6					
7					
8					

F9 U17M 1.5k Discus 'A'

Perf	Wind	Recor ds	Grade		
1	43	Michael Lusty	Woking AC	24.27	G4
2	35	Steven Harward	Camberley & District	19.62	
3					
4					
5					
6					
7					
8					

U17M 1.5k Discus 'B'

1					
2					
3					
4					
5					
6					
7					
8					

F22 U17M 5k Shot 'A'

1	40	Laurence Owen	Thames Valley Harri	11.09	G4
2	35	Jordan Rettie	Camberley & District	10.15	G4
3	33	Josh Smedley	Abingdon Amblers	9.61	G4
4	41	Sebastian Sutler	Walton on Thames	7.88	
5	38	Michael Palfreeman	Chiltern Harriers AC	7.30	
6					
7					
8					

U17M 5k Shot 'B'

1	36	Steven Harward	Camberley & District	8.68
2	39	Ahmed Yahye	Thames Valley Harri	7.90
3	37	Daniel Loach	Chiltern Harriers AC	6.26
4				
5				
6				
7				
8				

*= AW Standards

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>



Perf

Grades

Southern 2 - North West St Albans

Sunday, May 17 2009

F32 U17M 700g Javelin 'A'

	Perf	Wind	Records	Grade
1	43 Michael Lusty	Woking AC	38.04	G4
2	34 Josh Smedley	Abingdon Amblers	31.88	G4
3	39 Ahmed Yahye	Thames Valley Harri	27.03	
4				
5				
6				
7				
8				

U17M 700g Javelin 'B'

	Perf	Grades
1	33 David Walters	Abingdon Amblers 23.56
2		
3		
4		
5		
6		
7		
8		

F13 U17M Pole Vault 'A'

1	37 Zac Underwood	Chiltern Harriers AC	2.75	G4
---	------------------	----------------------	------	----

U17M Pole Vault 'B'

F29 U17M High Jump 'A'

1	35 Ben Weeks	Camberley & District	1.56
2	41 Ben Kennard	Walton on Thames	1.50
3	44 Luke Hearn	Woking AC	1.45

U17M High Jump 'B'

1	36 Ashley Balfour	Camberley & District	1.53
2	43 Michael Lusty	Woking AC	1.35

F17 U17M Long Jump 'A'

	Perf	Wind	Records	Grade
1	39 Adrian Assinor	Thames Valley Harri	5.69	G3
2	33 Peter Barnshaw	Abingdon Amblers	5.60	G3
3	41 Sebastian Sutler	Walton on Thames	4.87	
4	35 Shaun Thomas	Camberley & District	4.52	
5	43 Shane Streeter	Woking AC	3.60	
6				
7				
8				

U17M Long Jump 'B'

	Perf	Grades
1	36 Ashley Harmsworth	Camberley & District 4.32
2	34 Josh Beech	Abingdon Amblers 4.01
3		
4		
5		
6		
7		
8		

F34 U17M Triple Jump 'A'

	Perf	Wind	Records	Grade
1	39 Adrian Assinor	Thames Valley Harri	12.41	G2
2	35 Ben Weeks	Camberley & District	11.28	G4
3	37 Zac Underwood	Chiltern Harriers AC	10.12	
4	43 Jack Cosson	Woking AC	9.24	
5				
6				
7				
8				

U17M Triple Jump 'B'

	Perf	Grades
1	36 Ashley Balfour	Camberley & District 11.08 G4
2	38 Joe Stevens	Chiltern Harriers AC 10.09
3		
4		
5		
6		
7		
8		

T30 U15B 100m 'A'

	Perf	Wind=	Records	Grade
1	43 Jack Page	Woking AC	12.30	G3*
2	37 Tom Brady	Chiltern Harriers AC	12.50	G3*
3	39 Tyrell Austin	Thames Valley Harri	13.10	G4*
4	35 Mark Watson	Camberley & District	14.00	
5				
6				
7				
8				

U15B 100m 'B'

	Perf	Wind=	Grades
1	40 Jerrell Nugent-Hanson	Thames Valley Harri	12.10 G2*
2	44 Richard Beak	Woking AC	12.30 G3*
3	38 Nick Brabbs	Chiltern Harriers AC	13.90
4			
5			
6			
7			
8			

*= AW Standards

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>

Southern 2 - North West St Albans

				Perf	Wind	Recor	ds	Grade					Perf	Grades
				Wind=									Wind=	
T6 U15B 200m 'A'									U15B 200m 'B'					
1	43	Jack Page	Woking AC	24.40		G2*			1	44	Sam Hewitt	Woking AC	25.20	G3*
2	39	Tyrell Austin	Thames Valley Harri	24.80		G2*			2	36	Shaun Wyllie	Camberley & District	27.00	G4
3	37	Tom Brady	Chiltern Harriers AC	26.10		G4			3	40	Omari Isles-Thomas	Thames Valley Harri	27.10	
4	35	Adam Fieldgate	Camberley & District	27.40					4	38	John Underwood	Chiltern Harriers AC	28.70	
5									5					
6									6					
7									7					
8									8					
T24 U15B 400m 'A'									U15B 400m 'B'					
1	37	Michael Goddard	Chiltern Harriers AC	58.70		G4			1	38	Jack Dutton	Chiltern Harriers AC	57.40	G3
2	43	Jacob Rainier	Woking AC	64.00					2	36	Luke Hanley	Camberley & District	62.70	
3	35	Adam Fieldgate	Camberley & District	65.20					3	44	Marcus Vlassak	Woking AC	72.70	
4	39	Coslee Searles	Thames Valley Harri	67.20					4	40	-	Thames Valley Harri	74.70	
5	33	Tom Fabes	Abingdon Amblers	73.00					5					
6									6					
7									7					
8									8					
T12 U15B 800m 'A'									U15B 800m 'B'					
1	37	Jack Walker	Chiltern Harriers AC	02:16.9		G4			1	38	Alex Johnson	Chiltern Harriers AC	02:17.7	G4
2	43	Jacob Rainier	Woking AC	02:27.9					2	36	Harry Barnett	Camberley & District	02:47.7	
3	39	Kyle Kenrick	Thames Valley Harri	02:31.6					3	40	Nabil Toumi	Thames Valley Harri	02:54.4	
4	35	Mark Watson	Camberley & District	02:40.2					4	44	Oliver Jones	Woking AC	02:55.9	
5	33	Tom Fabes	Abingdon Amblers	02:40.5					5					
6									6					
7									7					
8									8					
T35 U15B 1500m 'A'									U15B 1500m 'B'					
1	35	Shaun Wyllie	Camberley & District	04:44.3		G40			1	36	Luke Hanley	Camberley & District	05:08.1	00
2	39	Zewede Hamid	Thames Valley Harri	05:17.9		00			2	40	Sam Cooper	Thames Valley Harri	05:45.0	00
3	43	Ashraf Ould-Dada	Woking AC	05:18.2		00			3	44	Charlie Cosson	Woking AC	05:46.2	00
4	37	Liam McDonald	Chiltern Harriers AC	05:19.5		00			4					
5									5					
6									6					
7									7					
8									8					
T21 U15B 80mh 'A'									U15B 80mh 'B'					
1	35	Harry Barnett	Camberley & District	13.50		G4			1	38	Nick Brabbs	Chiltern Harriers AC	15.30	
2	39	Jerrell Nugent-Hanson	Thames Valley Harri	13.70		G4			2	36	-	Camberley & District	16.00	
3	43	Marcus Vlassak	Woking AC	16.00					3	44	Ashraf Ould-Dada	Woking AC	17.60	
4	37	John Underwood	Chiltern Harriers AC	16.30					4	40	Zewede Hamid	Thames Valley Harri	18.00	
5									5					
6									6					
7									7					
8									8					
F1 U15B 4k Hammer 'A'									U15B 4k Hammer 'B'					
1	43	Lee Prince	Woking AC	24.26		G4			1	40	-	Thames Valley Harri	23.08	G4
2	39	Kyle Kenrick	Thames Valley Harri	23.31		G4			2					
3									3					
4									4					
5									5					
6									6					
7									7					
8									8					

* = AW Standards

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>



Supported by
 AFCU

Perf
 Grades

Southern 2 - North West St Albans

	Perf	Wind	Recor	ds	Grade		Perf	Grades	
F8 U15B 1.25k Discus 'A'						U15B 1.25k Discus 'B'			
1	43 Lee Prince		Woking AC	23.44	G4	1	44 Jack Page	Woking AC 19.92 G4	
2	35 Oliver Weeks		Camberley & District	18.04		2	40 Coslee Searles	Thames Valley Harri 11.52	
3	39 Adam Serghini		Thames Valley Harri	14.00		3			
4						4			
5						5			
6						6			
7						7			
8						8			
F23 U15B 4.00k Shot 'A'						U15B 4.00k Shot 'B'			
1	43 Lee Prince		Woking AC	9.16	G4	1	38 Jack Dutton	Chiltern Harriers AC 5.91	
2	35 Oliver Weeks		Camberley & District	7.41		2	44 Oliver Jones	Woking AC 4.71	
3	37 Alex Johnson		Chiltern Harriers AC	7.16		3	40 Nabil Toumi	Thames Valley Harri 4.66	
4	39 Adam Serghini		Thames Valley Harri	5.45		4			
5						5			
6						6			
7						7			
8						8			
F33 U15B 600g Javelin 'A'						U15B 600g Javelin 'B'			
1	41 Robert Litchfield		Walton on Thames	23.93		1	44 Cary Huckerby	Woking AC 20.76	
2	43 Jacob Rainier		Woking AC	23.54		2	38 John Underwood	Chiltern Harriers AC 15.08	
3	33 Tom Fabes		Abingdon Amblers	22.46		3	40 Adam Serghini	Thames Valley Harri 8.69	
4	39 Coslee Searles		Thames Valley Harri	20.59		4			
5	37 Michael Goddard		Chiltern Harriers AC	16.30		5			
6	35 Scott Thomas		Camberley & District	11.62		6			
7						7			
8						8			
F16 U15B Long Jump 'A'						U15B Long Jump 'B'			
1	43 Sam Hewitt		Woking AC	4.66		1	38 Alex Johnson	Chiltern Harriers AC 4.37	
2	37 Michael Goddard		Chiltern Harriers AC	4.51		2	40 Nabil Toumi	Thames Valley Harri 4.09	
3	39 Sebastian Chichizola		Thames Valley Harri	4.47		3	44 Cary Huckerby	Woking AC 3.38	
4	33 Ryan Kilzynski		Abingdon Amblers	4.25		4			
5	41 Robert Litchfield		Walton on Thames	4.09		5			
6	35 Scott Thomas		Camberley & District	3.88		6			
7						7			
8						8			
F28 U15B High Jump 'A'						U15B High Jump 'B'			
1	35 Harry Barnett		Camberley & District	1.45	G4	1	36 Paul Roche	Camberley & District 1.35	
2	44 Patrick Haddad		Woking AC	1.35		2	43 Marcus Vlassak	Woking AC 1.25	
3	39 Zewede Hamid		Thames Valley Harri	1.30					
4	41 Robert Litchfield		Walton on Thames	1.25					
F12 U15B Pole Vault 'A'						U15B Pole Vault 'B'			

*= AW Standards

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>



Southern 2 - North West St Albans

				Perf	Wind	Recor	ds	Grade					Perf	Grades
				Wind=									Wind=	
T28 U13B 100m 'A'									U13B 100m 'B'					
1	43	Thomas Buckland	Woking AC	13.90		G3			1	44	Andrew Lomax	Woking AC	13.90	G3
2	37	Robert Hughes	Chiltern Harriers AC	14.10		G4			2	38	James McCarthy	Chiltern Harriers AC	14.50	G4
3	39	Gabriel Diogo	Thames Valley Harri	14.50		G4			3	36	Scott Bosher	Camberley & District	15.70	
4	35	Brogan McCawley	Camberley & District	14.80					4	40	Earl Mel	Thames Valley Harri	15.90	
5	33	Joe Blanch	Abingdon Amblers	15.20					5					
6									6					
7									7					
8									8					
T4 U13B 200m 'A'									U13B 200m 'B'					
1	43	Daniel Johnson	Woking AC	30.50		G4			1	40	Gabriel Diogo	Thames Valley Harri	29.70	G4
2	35	Nathan Mapperley	Camberley & District	30.90					2	38	Jo Aherne	Chiltern Harriers AC	30.90	
3	37	Callum Reid-Jones	Chiltern Harriers AC	31.50					3	36	Joseph Barnett	Camberley & District	31.30	
4	39	Earl Mel	Thames Valley Harri	32.60					4	44	Jordan Hopkins	Woking AC	31.80	
5									5					
6									6					
7									7					
8									8					
T10 U13B 800m 'A'									U13B 800m 'B'					
1	37	James McCarthy	Chiltern Harriers AC	02:23.1		G2*			1	38	Andrew Stenning	Chiltern Harriers AC	02:39.6	G4
2	43	Andrew Lomax	Woking AC	02:25.3		G2*			2	44	Christian Beale	Woking AC	02:44.0	
3	35	Brogan McCawley	Camberley & District	02:27.0		G2*			3	34	Joe Blanch	Abingdon Amblers	02:50.3	
4	33	Sasha Parker-Smith	Abingdon Amblers	02:44.2					4					
5									5					
6									6					
7									7					
8									8					
T33 U13B 1500m 'A'									U13B 1500m 'B'					
1	35	Nathan Mapperley	Camberley & District	05:07.1		G30			1	37	Joe Cochrane	Chiltern Harriers AC	05:07.9	G30
2	43	Daniel Johnson	Woking AC	05:07.4		G30			2	36	Rian McCawley	Camberley & District	05:13.7	G40
3	38	Bill Hughes	Chiltern Harriers AC	05:07.5		G30			3	40	Joseph Cooper	Thames Valley Harri	05:47.0	00
4	39	Achie St Aubyn	Thames Valley Harri	05:15.2		G40			4	44	Joshua Rainier	Woking AC	06:23.8	00
5									5					
6									6					
7									7					
8									8					
T17 U13B 75mh 'A'									U13B 75mh 'B'					
1	37	Robert Hughes	Chiltern Harriers AC	14.70		G3			1	38	Callum Reid-Jones	Chiltern Harriers AC	15.80	G4
2	43	Thomas Buckland	Woking AC	15.70		G4			2	40	Earl Mel	Thames Valley Harri	16.50	
3	39	Auszamin Searles	Thames Valley Harri	16.10					3	44	Christian Beale	Woking AC	16.70	
4	35	Joseph Barnett	Camberley & District	16.50					4	36	Rian McCawley	Camberley & District	17.40	
5									5					
6									6					
7									7					
8									8					
F15 U13B 3.25k Shot 'A'									U13B 3.25k Shot 'B'					
1	37	Robert Hughes	Chiltern Harriers AC	7.25		G3			1	36	Scott Bosher	Camberley & District	6.29	G4
2	43	Dominic Vlassak	Woking AC	6.72		G4			2	44	Alex Page	Woking AC	5.54	
3	35	Charlie Punter	Camberley & District	6.47		G4			3	38	Joe Cochrane	Chiltern Harriers AC	5.15	
4	33	Sasha Parker-Smith	Abingdon Amblers	5.53					4					
5	39	Obiora Okoye Nelson	Thames Valley Harri	4.78					5					
6									6					
7									7					
8									8					

*= AW Standards

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>



Presented by
 AF&A

Southern 2 - North West St Albans

Perf
 Wind
 Recor
 ds
 Grade

Sunday, May 17 2009

Perf
 Grades

F25 U13B Long Jump 'A'

1	35	Brogan McCawley	Camberley & District	4.01	G4
2	39	Auszamin Searles	Thames Valley Harri	3.79	G4
3	34	Joe Blanch	Abingdon Amblers	3.64	
4	38	Jo Aherne	Chiltern Harriers AC	3.63	
5	43	Daniel Johnson	Woking AC	3.62	
6					
7					
8					

U13B Long Jump 'B'

1	36	Rian McCawley	Camberley & District	3.74	
2	33	Sasha Parker-Smith	Abingdon Amblers	3.63	
3	44	Jordan Hopkins	Woking AC	3.48	
4	37	Andrew Stenning	Chiltern Harriers AC	3.44	
5	40	Gabriel Diogo	Thames Valley Harri	3.26	
6					
7					
8					

F6 U13B High Jump 'A'

1	37	Callum Reid-Jones	Chiltern Harriers AC	1.33	G3
2	43	Thomas Buckland	Woking AC	1.30	G3
3	35	Nathan Mapperley	Camberley & District	1.25	G4
4	39	Achie St Aubyn	Thames Valley Harri	1.05	

U13B High Jump 'B'

1	36	Scott Boshier	Camberley & District	1.25	G4
2	44	Joshua Rainier	Woking AC	1.20	G4

T31 U17W 100m 'A'

Wind=

1	39	Annie Tagoe	Thames Valley Harri	12.4	G1*
2	37	Sophie East	Chiltern Harriers AC	13.1	G3
3	33	Jemma Gregory	Abingdon Amblers	13.4	G4
4	41	Lisa O'Brien	Walton on Thames	13.9	
5					
6					
7					
8					

U17W 100m 'B'

Wind=

1	40	Rebekah Wiltshire	Thames Valley Harri	12.7	G2*
2	38	Isabelle Assiratti	Chiltern Harriers AC	13.4	G4
3	34	Lily Cartwright	Abingdon Amblers	13.5	G4
4					
5					
6					
7					
8					

T7 U17W 200m 'A'

Wind=

1	39	Annie Tagoe	Thames Valley Harri	26.1	G2*
2	33	Jemma Gregory	Abingdon Amblers	26.9	G3*
3	37	Sophie East	Chiltern Harriers AC	27.3	G4
4					
5					
6					
7					
8					

U17W 200m 'B'

Wind=

1	34	Megan Palmer	Abingdon Amblers	27.4	G4
2	38	Isabelle Assiratti	Chiltern Harriers AC	28.0	
3	40	Roushell Campbell	Thames Valley Harri	28.3	
4					
5					
6					
7					
8					

T26 U17W 300m 'A'

1	33	Becky Turner	Abingdon Amblers	45.3	G4
2	40	-	Thames Valley Harri	48.1	
3					
4					
5					
6					
7					
8					

U17W 300m 'B'

1					
2					
3					
4					
5					
6					
7					
8					

T13 U17W 800m 'A'

1	41	Beth Hamlet	Walton on Thames	02:46.6	
2					
3					
4					
5					
6					
7					
8					

U17W 800m 'B'

1					
2					
3					
4					
5					
6					
7					
8					

*= AW Standards

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>



Supported by

Perf Grades

Southern 2 - North West St Albans

Perf Wind Recor ds Grade Sunday, May 17 2009

T36 U17W 1500m 'A'

1	96	No Competitors Declare
2		
3		
4		
5		
6		
7		
8		

U17W 1500m 'B'

1
2
3
4
5
6
7
8

T19 U17W 3000m 'A'

1	96	No Competitors Declare
2		
3		
4		
5		
6		
7		
8		

U17W 3000m 'B'

1
2
3
4
5
6
7
8

T20 U17W 80mh 'A'

Wind=

1	39	Rebekah Wiltshire	Thames Valley Harri	12.4	G3*
2	41	Lisa O'Brien	Walton on Thames	12.5	G3*
3	33	Jemma Gregory	Abingdon Amblers	13.0	G4*
4					
5					
6					
7					
8					

U17W 80mh 'B'

Wind=

1	42	Beth Hamlet	Walton on Thames	16.3
2				
3				
4				
5				
6				
7				
8				

T1 U17W 300mH 'A'

1	40	-	Thames Valley Harri	52.7
2				
3				
4				
5				
6				
7				
8				

U17W 300mH 'B'

1
2
3
4
5
6
7
8

F3 U17W 4k Hammer 'A'

1	41	Carla Letheby	Walton on Thames	34.66	G2*
2					
3					
4					
5					
6					
7					
8					

U17W 4k Hammer 'B'

1
2
3
4
5
6
7
8

F20 U17W 1.0k Discus 'A'

1	41	Carla Letheby	Walton on Thames	32.74	G1*
2	33	Becky Turner	Abingdon Amblers	14.75	
3					
4					
5					
6					
7					
8					

U17W 1.0k Discus 'B'

1	42	Sinead O'Brien	Walton on Thames	20.74	G4
2					
3					
4					
5					
6					
7					
8					

*= AW Standards

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>



Perf

Grades

Southern 2 - North West St Albans

Perf

Wind

Recor

ds

Grade

Sunday, May 17 2009

F31 U17W 4k Shot 'A'				U17W 4k Shot 'B'					
Rank	Perf	Name	Club	Perf	Name	Club	Perf		
1	41	Sinead O'Brien	Walton on Thames	6.67	G4	1	39 Juchinar Searles	Thames Valley Harri	5.79
2	40	Phoebe Norton	Thames Valley Harri	6.12		2			
3	33	Megan Palmer	Abingdon Amblers	5.12		3			
4						4			
5						5			
6						6			
7						7			
8						8			
F26 U17W 600g Javelin 'A'				U17W 600g Javelin 'B'					
Rank	Perf	Name	Club	Perf	Name	Club	Perf		
1	41	Carla Letheby	Walton on Thames	32.19	G2*	1	42 Sinead O'Brien	Walton on Thames	17.19
2	39	Juchinar Searles	Thames Valley Harri	20.02		2	40 Phoebe Norton	Thames Valley Harri	15.06
3	33	Megan Palmer	Abingdon Amblers	18.34		3			
4	43	Ellis Bavington-Hall	Woking AC	9.76		4			
5						5			
6						6			
7						7			
8						8			
F5 U17W Long Jump 'A'				U17W Long Jump 'B'					
Rank	Perf	Name	Club	Perf	Name	Club	Perf		
1	33	Lily Cartwright	Abingdon Amblers	4.83	G3*	1	40 Roushell Campbell	Thames Valley Harri	4.19
2	41	Lisa O'Brien	Walton on Thames	4.49	G4	2	34 Abby King	Abingdon Amblers	3.85
3	39	Annie Tagoe	Thames Valley Harri	4.34		3			
4	37	Sophie East	Chiltern Harriers AC	3.76		4			
5						5			
6						6			
7						7			
8						8			
F35 U17W Triple Jump 'A'				U17W Triple Jump 'B'					
Rank	Perf	Name	Club	Perf	Name	Club	Perf		
1	33	Becky Turner	Abingdon Amblers	8.02		1			
2						2			
3						3			
4						4			
5						5			
6						6			
7						7			
8						8			
F19 U17W High Jump 'A'				U17W High Jump 'B'					
Rank	Perf	Name	Club	Perf	Name	Club	Perf		
1	33	Lily Cartwright	Abingdon Amblers	1.40		1	34 Abby King	Abingdon Amblers	1.30
2	39	Phoebe Norton	Thames Valley Harri	1.30					
3	41	Beth Hamlet	Walton on Thames	1.30					
F11 U17W Pole Vault 'A'				U17W Pole Vault 'B'					
Rank	Perf	Name	Club	Perf	Name	Club	Perf		

*= AW Standards

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>

Southern 2 - North West St Albans

				Perf	Wind	Recor	ds	Grade					Perf	Grades	
T29 U15G 100m 'A'				Wind=					U15G 100m 'B'				Wind=		
1	41	Camilla Papa	Walton on Thames	13.4		G3			1	40	Daena Clarke	Thames Valley Harri	13.9	G4	
2	37	Georgie MacDonald	Chiltern Harriers AC	13.4		G3			2	38	Jessica Franks	Chiltern Harriers AC	14.5		
3	43	Faith Bavington-Hall	Woking AC	13.8		G4			3	36	Alex Sergison	Camberley & District	14.7		
4	39	Jhane Ormsby	Thames Valley Harri	13.8		G4			4	44	Emma Hubbard	Woking AC	15.2		
5	35	Elise Peever	Camberley & District	14.1					5	42	Francesca Mitchell	Walton on Thames	15.8		
6	33	Natasha Woodley	Abingdon Amblers	15.7					6						
7									7						
8									8						
T5 U15G 200m 'A'				Wind=					U15G 200m 'B'				Wind=		
1	37	Georgie MacDonald	Chiltern Harriers AC	28.4		G4			1	36	Fiona Clark	Camberley & District	29.5		
2	39	Daena Clarke	Thames Valley Harri	28.9					2	40	Claudette Hewitt	Thames Valley Harri	29.9		
3	33	Clare Fabes	Abingdon Amblers	29.0					3	34	Becky James	Abingdon Amblers	30.1		
4	35	Rochelle Ingham	Camberley & District	29.9					4	38	Katie Royals	Chiltern Harriers AC	32.7		
5	41	Francesca Mitchell	Walton on Thames	34.3					5	42	Melle Sahbani	Walton on Thames	39.2		
6									6						
7									7						
8									8						
T11 U15G 800m 'A'									U15G 800m 'B'						
1	39	Sasha Tory	Thames Valley Harri	02:31.3		G4			1	34	Ellie Wilkins	Abingdon Amblers	02:47.1		
2	37	Amy Harris	Chiltern Harriers AC	02:34.2		G4			2	36	Laura Doherty	Camberley & District	02:52.4		
3	33	Clare Fabes	Abingdon Amblers	02:44.2					3	38	Hannah Wardley	Chiltern Harriers AC	02:58.5		
4	43	Emma Hubbard	Woking AC	02:46.3					4	42	Francesca Mitchell	Walton on Thames	03:31.9		
5	35	Lauren Madley-Dowd	Camberley & District	02:54.0					5						
6	41	Antonia Lufkin	Walton on Thames	02:56.1					6						
7									7						
8									8						
T34 U15G 1500m 'A'									U15G 1500m 'B'						
1	38	Jessica Franks	Chiltern Harriers AC	05:17.5		G40			1	37	Ellie Jones	Chiltern Harriers AC	05:17.9	G40	
2	41	Alice Wills	Walton on Thames	05:23.3		G40			2	34	Abielle Hallas	Abingdon Amblers	07:24.7	00	
3	33	Cordelia Parker	Abingdon Amblers	05:24.7		G40			3						
4	35	Fiona Clark	Camberley & District	05:34.5		00			4						
5									5						
6									6						
7									7						
8									8						
T18 U15G 75mh 'A'				Wind=					U15G 75mh 'B'				Wind=		
1	41	Camilla Papa	Walton on Thames	13.1		G4			1	36	Jane Bird	Camberley & District	14.7		
2	37	Jemma Wenman	Chiltern Harriers AC	13.3		G4			2	42	Antonia Lufkin	Walton on Thames	18.7		
3	35	Elise Peever	Camberley & District	13.7		G4			3						
4	39	Sasha Ritchie	Thames Valley Harri	14.7					4						
5									5						
6									6						
7									7						
8									8						
F4 U15G Long Jump 'A'									U15G Long Jump 'B'						
1	35	Jane Bird	Camberley & District	4.07					1	36	Elise Peever	Camberley & District	3.95		
2	43	Faith Bavington-Hall	Woking AC	3.91					2	34	Abielle Hallas	Abingdon Amblers	3.54		
3	41	Camilla Papa	Walton on Thames	3.74					3	44	Zoe Pembery	Woking AC	3.39		
4	33	Becky James	Abingdon Amblers	3.74					4	42	Antonia Lufkin	Walton on Thames	3.24		
5	37	Jemma Wenman	Chiltern Harriers AC	3.73					5	38	Amy Harris	Chiltern Harriers AC	3.19		
6	39	Claudette Hewitt	Thames Valley Harri	3.42					6						
7									7						
8									8						

* = AW Standards

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>



Perf
Grades

Southern 2 - North West St Albans

	Perf	Wind	Records	Grade		Perf	Grades				
F18 U15G High Jump 'A'					U15G High Jump 'B'						
1	35	Fiona Clark	Camberley & District	1.43	G4	1	44	Zoe Pembery	Woking AC	1.25	
2	39	Sasha Ritchie	Thames Valley Harri	1.35		2	36	Rochelle Ingham	Camberley & District	1.25	
3	43	Faith Bavington-Hall	Woking AC	1.25		3	40	Claudette Hewitt	Thames Valley Harri	1.20	
4	37	Amy Harris	Chiltern Harriers AC	1.20							
F10 U15G Pole Vault 'A'					U15G Pole Vault 'B'						
F21 U15G 1.00k Discus 'A'					U15G 1.00k Discus 'B'						
1	37	Hannah Barnetson	Chiltern Harriers AC	20.74	G3	1	38	Jessica Franks	Chiltern Harriers AC	15.98	G4
2	39	Lucy Knott	Thames Valley Harri	17.98	G4	2	36	Lauren Madley-Dowd	Camberley & District	10.73	
3	33	Clare Fabes	Abingdon Amblers	15.40	G4	3	34	Ellie Wilkins	Abingdon Amblers	9.11	
4	35	Laura Doherty	Camberley & District	14.37		4					
5						5					
6						6					
7						7					
8						8					
F27 U15G 600g Javelin 'A'					U15G 600g Javelin 'B'						
1	39	Lucy Knott	Thames Valley Harri	27.17	G2*	1	40	Sasha Ritchie	Thames Valley Harri	14.70	
2	37	Hannah Barnetson	Chiltern Harriers AC	23.02	G3	2	38	Katie Royals	Chiltern Harriers AC	14.54	
3	35	Rochelle Ingham	Camberley & District	13.17		3	36	Lauren Madley-Dowd	Camberley & District	9.91	
4	33	Cordelia Parker	Abingdon Amblers	12.24		4	42	Alice Wills	Walton on Thames	8.80	
5	41	Melle Sahbani	Walton on Thames	10.56		5	34	Ellie Wilkins	Abingdon Amblers	5.88	
6	44	Zoe Pembery	Woking AC	10.53		6	43	Emma Hubbard	Woking AC	5.51	
7						7					
8						8					
F30 U15G 3.25k Shot 'A'					U15G 3.25k Shot 'B'						
1	37	Hannah Barnetson	Chiltern Harriers AC	7.46	G4	1	38	Katie Royals	Chiltern Harriers AC	5.30	
2	39	Lucy Knott	Thames Valley Harri	7.04	G4	2	36	Laura Doherty	Camberley & District	4.60	
3	33	Becky James	Abingdon Amblers	6.70	G4	3					
4	35	Jane Bird	Camberley & District	5.89		4					
5	41	Melle Sahbani	Walton on Thames	4.08		5					
6						6					
7						7					
8						8					
T27 U13G 75m 'A'					U13G 75m 'B'						
1	33	Bryony Dawson	Abingdon Amblers	10.7	G2*	1	40	Hannah Wiltshire	Thames Valley Harri	11.1	G4*
2	39	Imani Fisher	Thames Valley Harri	11.2	G4*	2	34	Charlotte James	Abingdon Amblers	11.5	G4
3	35	Valentina Galasi Defori	Camberley & District	11.4	G4	3	42	Katie Giambrone	Walton on Thames	11.8	
4	37	Rosie Mellor	Chiltern Harriers AC	11.5	G4	4	36	Ashleigh Holmes	Camberley & District	12.2	
5	41	Nina Giambrone	Walton on Thames	11.6	G4	5	38	Katrina MacDonald	Chiltern Harriers AC	12.3	
6	43	Jasmine Mitchell	Woking AC	11.7		6	42	Katie Giambrone	Walton on Thames	12.5	
7						7					
8						8					

*= AW Standards

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>



Southern 2 - North West St Albans

				Perf	Wind	Recor	ds	Grade					Perf	Grades
T3 U13G 150m 'A'					Wind=				U13G 150m 'B'					Wind=
1	33	Bryony Dawson	Abingdon Amblers	21.2		G2*			1	38	Hannah Shepard	Chiltern Harriers AC	22.7	G4
2	43	Ellie Lane	Woking AC	21.8		G3*			2	34	Charlotte James	Abingdon Amblers	22.9	G4
3	39	Marissa John	Thames Valley Harri	22.1		G4			3	36	Abigail O'Mahoney	Camberley & District	23.3	
4	37	Rebeca Yeabsley	Chiltern Harriers AC	22.3		G4			4	42	Victoria Cain	Walton on Thames	24.0	
5	35	Valentina Galasi Defori	Camberley & District	22.6		G4			5	40	Marie-Helene Bennett-H	Thames Valley Harri	25.0	
6	41	Josie Farmer	Walton on Thames	23.2					6	44	Sophie Hubbard	Woking AC	25.4	
7									7					
8									8					
T9 U13G 800m 'A'									U13G 800m 'B'					
1	37	Rosalind Firth	Chiltern Harriers AC	02:38.0		G3*			1	38	Claudia Jones	Chiltern Harriers AC	02:59.5	
2	43	Jasmine Mitchell	Woking AC	02:40.6		G3			2	36	Ashleigh Holmes	Camberley & District	03:00.7	
3	35	Jess Carl	Camberley & District	02:48.9		G4			3	42	Roberta Lufkin	Walton on Thames	03:00.8	
4	39	Marie-Helene Bennett-H	Thames Valley Harri	03:00.1					4	44	Rebecca Blastock	Woking AC	03:05.9	
5	41	Victoria Cain	Walton on Thames	03:10.0					5					
6									6					
7									7					
8									8					
T22 U13G 1200m 'A'									U13G 1200m 'B'					
1	37	Connie Lewis	Chiltern Harriers AC	04:06.4		G2*			1	38	Evie Gardner	Chiltern Harriers AC	04:31.2	G40
2	39	Eve Goodhardt	Thames Valley Harri	04:44.8		00			2	40	Madeleine Turner	Thames Valley Harri	05:02.4	00
3									3					
4									4					
5									5					
6									6					
7									7					
8									8					
T15 U13G 70mh 'A'					Wind=				U13G 70mh 'B'					Wind=
1	35	Eve Bushell	Camberley & District	12.5		G2*			1	44	Susanah Pointer	Woking AC	14.1	G4
2	39	Hannah Wiltshire	Thames Valley Harri	13.2		G3			2	38	Amy Fawcett	Chiltern Harriers AC	16.1	
3	43	Ellie Lane	Woking AC	13.4		G3			3	36	Valentina Galasi Defori	Camberley & District	16.8	
4	37	Rebeca Yeabsley	Chiltern Harriers AC	14.2		G4			4	42	Roberta Lufkin	Walton on Thames	16.9	
5	41	Josie Farmer	Walton on Thames	15.5					5	40	Marie-Helene Bennett-H	Thames Valley Harri	19.4	
6									6					
7									7					
8									8					
F7 U13G High Jump 'A'									U13G High Jump 'B'					
1	41	Megan Houska	Walton on Thames	1.25		G3			1=	38	Evie Gardner	Chiltern Harriers AC	1.05	
2	35	Eve Bushell	Camberley & District	1.24		G4			1=	42	Roberta Lufkin	Walton on Thames	1.05	
3	37	Rosalind Firth	Chiltern Harriers AC	1.10										
4=	43	Rowa Bavington-Hall	Woking AC	1.05										
4=	39	Marissa John	Thames Valley Harri	1.05										
F24 U13G Long Jump 'A'									U13G Long Jump 'B'					
1	35	Eve Bushell	Camberley & District	4.04		G3			1	42	Victoria Cain	Walton on Thames	3.40	
2	40	Hannah Wiltshire	Thames Valley Harri	3.88		G4			2	39	Imani Fisher	Thames Valley Harri	3.29	
3	41	Megan Houska	Walton on Thames	3.67		G4			3	43	Susanah Pointer	Woking AC	3.19	
4	37	Robyn Lisle	Chiltern Harriers AC	3.52					4	38	Hannah Shepard	Chiltern Harriers AC	3.19	
5	33	Bryony Dawson	Abingdon Amblers	3.44					5	36	Abigail O'Mahoney	Camberley & District	3.15	
6	44	Rebecca Blastock	Woking AC	3.31					6	34	Charlotte James	Abingdon Amblers	2.95	
7									7					
8									8					

*= AW Standards

UKA: National Young Athletes League 2009

<http://www.natyal.co.uk>



Presented by

Southern 2 - North West St Albans

			Perf	Wind	Records	Grade				Perf	Grades		
						<u>Sunday, May 17 2009</u>							
F14 U13G 2.72k Shot 'A'						U13G 2.72k Shot 'B'							
1	43	Ellie Lane	Woking AC	6.48		G4	1	44	Susanah Pointer	Woking AC	6.05	G4	
2	41	Josie Farmer	Walton on Thames	6.13		G4	2	40	Marissa John	Thames Valley Harri	5.44		
3	39	Imani Fisher	Thames Valley Harri	6.10		G4	3	36	Jess Carl	Camberley & District	4.86		
4	35	Ashleigh Holmes	Camberley & District	5.80		G4	4	38	Amy Fawcett	Chiltern Harriers AC	4.47		
5	37	Rosalind Firth	Chiltern Harriers AC	5.08			5	42	Nina Giambrone	Walton on Thames	3.83		
6							6						
7							7						
8							8						

*= AW Standards