

International Events

# 3rd Pednor 10



A Charity 10 Mile  
Road Race



**Saturday 31<sup>st</sup> December 2011 at 10.00am**

(provisional)

*Held under UK Athletics Rules*

## Course

A 10 mile road race on undulating lanes through scenic Chiltern countryside around Pednor (2 x 5 mile laps), near Chesham, Buckinghamshire  
Relay also available (1 Lap per Person)

## Registration

The registration will be at the Chesham 1879 Lawn Tennis and Squash Club, Situated on Pednor Road, Chesham, HP5 2JU, between 9.00 – 9.45 a.m.  
Carparking in the Watermeadow carpark, just a short walk to the start/finish

## Start/Finish

The start/finish will be in close proximity to the Race Headquarters and the race will start at 10.00am.

## Entries

Entry Fee: £10.00 affiliated £12.00 non affiliated (Minimum Age on Day: 18)  
£16 for Relay Teams

As this is Charity Race, entry is free if you donate £25 to Cancer Research or St Francis's Hospice.

Sponsorship forms are available from the website if you would like to obtain additional sponsors  
Entry Limit: 240

## Prizes

Age Group Prizes  
Medals to all finishers

## Charity Raffle - 50p per ticket

Please buy your tickets in advance and the winners will be announced on race day!

**Please complete attached entry form and return to:**  
**Matt Kirby - 15 Eunice Grove, Chesham, Bucks, HP5 1RL**  
**Tel: 01494 791669 or 07836 709584**  
**[matt.kirby@btinternet.com](mailto:matt.kirby@btinternet.com)**  
**[www.chiltern-harriers.org.uk](http://www.chiltern-harriers.org.uk)**

3<sup>rd</sup> Pednor 10  
A Charity 10 Mile  
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**Note:** Entries will be allowed on the day at an additional charge of **£2.00** (affiliated and non affiliated) provided the entry limit of the event is not reached.

Surname: \_\_\_\_\_ First Name: \_\_\_\_\_ M/F \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_

Club: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

E-mail: \_\_\_\_\_

Tel No: \_\_\_\_\_ Tel No (for emergency contact) \_\_\_\_\_

**Charity Raffle:** I would like to purchase \_\_\_\_\_ tickets at 50p each to raise money for Cancer Research and the Hospice of St Francis. Full payment to be enclosed with entry form, cheques payable to "Pednor 10".

I wish to enter for (please tick as appropriate):

- 10 mile Road Race  
 10 mile Relay (2 x 5 mile laps) (Please fill in a separate form for each team member)

Relay Name \_\_\_\_\_

- I enclose a cheque for £ \_\_\_\_\_ payable to Pednor 10  
 I enclose a cheque for £ \_\_\_\_\_ Payable to Cancer Research or The Hospice of St Francis

I declare that I am medically fit to run and I accept that the organisers and officials shall in no circumstances be under any liability for any injury, loss, or damage sustained in connection with the Pednor 10 events.

I am an amateur as defined by the UK Athletics Rules.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

[www.chiltern-harriers.org.uk](http://www.chiltern-harriers.org.uk)

Entries to:

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[matt.kirby@btinternet.com](mailto:matt.kirby@btinternet.com) or 01494 791669