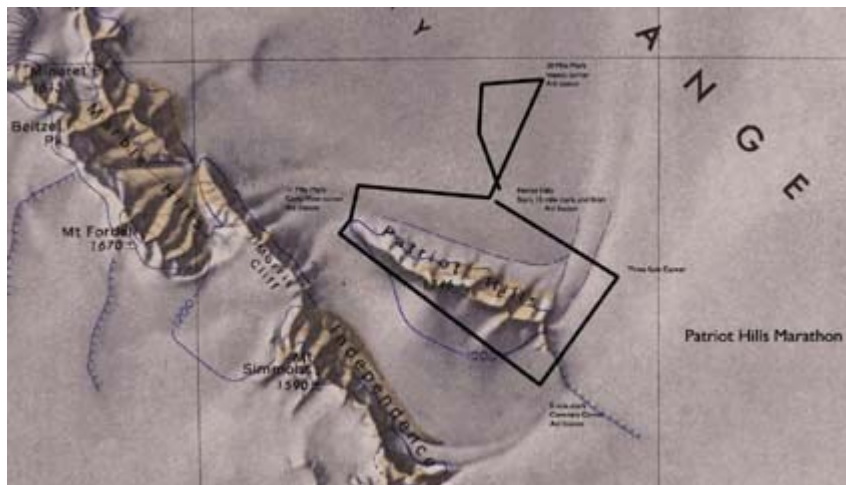


I will be running a **Half Marathon on Antarctica** on the **30th November 2011** which involves running through challenging terrain and extreme weather conditions. Some of the photos from last year's event are shown below:



I will be raising money for **11** various Charities as shown below.

We have set up a [Just Giving](#) page for each of the Charities if you would like to donate – Just search for Matt Kirby or Antarctic half Marathon on [Just Giving](#). However if you feel particularly passionate about another Charity and want to raise money or donate money for that cause, please email me and to set up a page.

You can also donate via your mobile by texting ARCT followed by the two digit number next your chosen charity below, the amount to 70070 – e.g. ARCT71 £2 to donate £2 to Wheel Power

Cancer Research (61)

Help for Heroes (62)

The Hospice of St Francis (63)

Children with Leukaemia (64)

World Wildlife Foundation (65)

NSPCC (66)

RSPCA (67)

Royal National Institute for Blind People (68)

British Heart Foundation (69)

Comic Relief (70)

Wheel power (71)

If you think you can help raise a few quid please let me know and please forward on to your contacts.

For those who have Facebook please join our Arctic ONE group which will highlight some future events. The link to join the Facebook group is:

<https://www.facebook.com/#!/groups/14480392228>

or register on the website to keep updated:

Website: www.arctic1.co.uk

Regards

Matt Kirby