

26th Berkhamsted 1/2M & 5 Mile Fun Run2nd March 2008

Results

1/2 Marathon

1	1056	Stephen Buckle	M26	St Albans Striders	1:16:08	79	1028	David Milner	M52	Orion Harriers	1:33:03
2	880	Jonathan Scott	M32	St Albans Striders	1:17:05	80	681	Heather Blamire-Brown	F22	St Albans Striders	1:33:04
3	1107	Andy Cracknell	M24	Dacorum & Tring AC	1:18:11	81	148	John Ivory	M38		1:33:05
4	960	Andrew Speak	M36		1:19:52	82	665	Keith Wilson	M50	Highgate Harriers	1:33:10
5	801	James Easson	M27		1:19:56	83	97	Simon Hazel	M40		1:33:16
6	697	John Morton	M42	Chiltern Harriers	1:20:44	84	543	Jonathan Smith	M36	Tring RC	1:33:25
7	733	Stephen Livingstone	M50	Garden City Runner	1:20:52	85	1010	Joanne Finch	F23	Solihull & S'heath	1:33:31
8	691	Jonathan Bradley	M44		1:21:02	86	727	Robin Freeman	M57	RRC	1:33:33
9	792	Dave Dixon	M43	British Airways AC	1:21:36	87	539	Thea Gudgeon	F31	Watford Harriers	1:33:36
10	289	Mark Legge	M41		1:21:46	88	1136	Peter Lavelle	M39	Or RR	1:33:50
11	120	Ed Banks	M20	Univ of Warwick	1:21:55	89	226	Marc Dench	M37		1:33:55
12	106	James Repper	M35		1:21:56	90	911	Andrew Salisbury	M51	Herts Phoenix AC	1:34:01
13	860	Ross Langley	M23	Tring RC	1:22:05	91	667	Paul Devine	M30		1:34:05
14	777	Guy Woollett	M38	Gade Valley Harr	1:22:47	92	59	Michaela Colwell	F41	Tring RC	1:34:07
15	232	Alan Whelan	M42	Tring RC	1:23:34	93	71	Gideon Cook	M35	Ranelagh Harriers	1:34:11
16	1158	Michael Harris	M26		1:23:41	94	356	Andrew Tinker	M44		1:34:14
17	278	Philip Cunningham	M45	Shaftesbury Barnet	1:23:54	95	94	John Carver	M39		1:34:19
18	800	Vince Ellerby	M43	Gade Valley Harr	1:24:13	96	734	Mandy Livingstone	F38	Garden City Runner	1:34:22
19	762	Martyn Rowe	M37	Barnet & Dist AC	1:24:30	97	969	Edward King	M54	Barnet & Dist AC	1:34:22
20	1092	Richard Coles	M36	Gade Valley Harr	1:24:40	98	1009	Jeremy Holmes	M22		1:34:30
21	371	Stuart Kemp	M20		1:24:56	99	1049	Stewart Kay	M42	FVS Tri	1:34:33
22	982	Bill Hawes	M41	Gade Valley Harr	1:25:14	100	683	Andy Lillicrap	M35		1:34:52
23	1054	Colin Braybrook	M46	St Albans Striders	1:25:28	101	720	Jonathan Morgan	M29		1:34:56
24	754	Graham Taylor	M48	British Airways AC	1:26:24	102	490	Helen Mulhall	F36	Bearbrook Joggers	1:34:58
25	164	Sandra Williams	F25		1:26:29	103	403	Matt Smith	M33		1:35:04
26	115	David De Koning	M22		1:26:41	104	896	David Newstone	M33		1:35:09
27	649	Daniel Watkins	M39		1:26:44	105	283	Stephen Lloyd	M43		1:35:11
28	1084	Richard Walsh	M18	Ashlyns Sch	1:26:47	106	1014	Lucy Hadler	F31		1:35:13
29	207	Michael Turney	M44	Chiltern Harriers	1:26:49	107	271	Jon Scullard	M37	Tring RC	1:35:16
30	1045	Helen Finch	F23	Solihull & S'heath	1:26:52	108	204	Steven Boyd	M40	Gade Valley Harr	1:35:18
31	498	Paul Guy	M33	Newton Aycliffe AC	1:27:00	109	1167	Cadimhe Leahy	F36	Tri-London	1:35:19
32	297	Sandra Reynolds	F37	Chiltern Harriers	1:27:06	110	322	Mark George	M26	Campus 7 AC	1:35:24
33	631	Andi Lister	M30	KPMG RC	1:27:10	111	368	Jon Court	M54	Tring RC	1:35:27
34	581	Andrew Lansdell	M47		1:27:14	112	436	Richard Ruffell	M46	British Airways AC	1:35:30
35	489	Jim Sawle	M31		1:27:19	113	1160	Mark Franklyn	M40		1:35:33
36	948	Elliot Mocharrafie	M18	Chiltern Harriers	1:27:35	114	1149	Tom Jagger	M29		1:35:40
37	545	Jon Gundry	M38		1:27:43	115	311	Steve Field	M57	Chiltern Harriers	1:35:40
38	313	Adrian Twissell	M39	Bearbrook Joggers	1:27:57	116	288	Milton McIntosh	M42	K&L Gates	1:35:41
39	236	Kerri Renshaw	F32	FVS Tri	1:28:28	117	473	Craig Robertson	M28	Serpentine RC	1:35:45
40	895	Dave Miller	M35		1:28:35	118	1110	Sean O'Shea	M40		1:35:49
41	680	Tiarnan Ocleirigh	M46	Dulwich Runners	1:28:49	119	237	Louise Dobby	F33	Chiltern Harriers	1:35:54
42	972	Patrick Mann	M24		1:28:53	120	1118	James Kimber	M21		1:35:58
43	319	Shaun Mills	M38	Campus 7 AC	1:28:56	121	1022	Jonathan Smith	M42	Chiltern Sparrows	1:36:00
44	732	James Woodisse	M32		1:28:58	122	175	John Perez	M34		1:36:01
45	926	Ross Ings	M29		1:29:00	123	1071	Rick Jefferys	M54		1:36:05
46	979	Peter Williams	M54	Herts Phoenix AC	1:29:04	124	34	Chris Carradice	M37	St Albans Striders	1:36:06
47	635	Terry O'Regan	M42	Team Gilead	1:29:10	125	1176	Kevin Morris	M42	St Albans Striders	1:36:07
48	803	Eddie Cusick	M48		1:29:11	126	630	David Cooke	M29		1:36:11
49	655	Benjamin Harris	M27	Fairlands Valley S	1:29:13	127	669	Ian Harvey	M33	Watford Joggers	1:36:14
50	793	Steve Leonard	M42		1:29:14	128	1144	Robin Blackburn	M57		1:36:16
51	566	Alex Milne	M17		1:29:21	129	7	Jeff Prestridge	M48	Serpentine RC	1:36:22
52	303	Bob Voyce	M41	St Albans Striders	1:29:52	130	931	Darren Warner	M25		1:36:25
53	975	Tim Stone	M28		1:29:59	131	1035	Gavin Abel	M31		1:36:25
54	390	Mark Studdart	M40	Watford Joggers	1:30:02	132	731	Paul Castaldo	M38	Trent Park RC	1:36:27
55	1060	Ranjiet Kainth	M38	St Albans Striders	1:30:04	133	42	James Cleaver	M33		1:36:29
56	859	Mason Barnes	M27		1:30:06	134	1053	Charles Leveque	M29		1:36:34
57	1133	Peter Stijkhuis	M30		1:30:08	135	438	Paul Carroll	M44		1:36:37
58	190	Lisa Newing	F24	Bristol & West AC	1:30:09	136	70	Tim Cooke	M56	BBC RC	1:36:43
59	532	Gary Warren	M39	Garden City Runner	1:30:16	137	1058	James Taylor	M23		1:36:50
60	1142	Eleanor Dick	F29		1:30:30	138	955	Jon Salmon	M48	Thames H & H	1:37:01
61	44	Marc Rowland	M34		1:30:38	139	633	Colin Smith	M41		1:37:03
62	1143	David Bolas	M27	GCR	1:30:44	140	51	Nigel Swinburne	M27		1:37:05
63	910	Thomas Davies	M33		1:30:45	141	844	John Brewer	M46	uknetrunner.co.uk	1:37:07
64	350	James Hayward	M34	Northgate	1:30:46	142	597	Pete Sharrocks	M42		1:37:08
65	238	Richard Dobby	M33		1:30:48	143	143	Tim O'Donovan	M45	Trent Park Trotter	1:37:09
66	1087	Martin Alexander	M50	Gade Valley Harr	1:30:55	144	687	Peter Kruppa	M37		1:37:11
67	866	James Street	M31	Datchet Dashers	1:31:15	145	339	Alex McGlashan	M45	London Heathside	1:37:19
68	937	Roger Hobbs	M47		1:31:18	146	830	Niall McIntyre	M38	JP Morgan	1:37:21
69	970	John Tomlinson	M53		1:31:19	147	58	Celia Findlay	F45	David Lloyd Pacers	1:37:22
70	272	Keith Farquharson	M35		1:31:22	148	588	Simon Young	M33	Team Wrongun	1:37:33
71	220	Nicholas Bingham	M62	Barnet & Dist AC	1:31:23	149	118	Anthony Ruberry	M52	Tring RC	1:37:38
72	978	Robin Hodgkinson	M37		1:31:24	150	1052	Craig Thake	M42		1:37:44
73	193	Jim Buttleman	M44	Leighton FR	1:32:01	151	743	Patrick Sibley	M59		1:37:45
74	397	Ben Wilson	M33		1:32:23	152	395	Jeremy Harrison	M44		1:37:53
75	1137	Zizi Bettencourt-Gomes	F35		1:32:35	153	1140	Stephen Bartlett	M41		1:37:54
76	76	Guy Dauncey	M35		1:32:42	154	1079	John Ashton	M38		1:37:59
77	127	Graham Bell	M42	London Heathside	1:32:50	155	337	Nick Henson	M49		1:38:14
78	705	Walter McCarthy	M47	Royal Mail	1:32:55	156	1152	Darryl Bowman	M33		1:38:20
						157	421	Oliver Craig	M28		1:38:22
						158	400	Daniel Hertz	M42		1:38:23

159	752	Antonio Ruiz	M37	1:38:23	244	560	Jeremy Lewison	M53		1:43:07	
160	264	Sophie Delderfield	F24	1:38:25	245	903	Steven Hunt	M41	Batchworth Straggl	1:43:08	
161	590	Ben Sparrow	M33	St Albans Warriors	1:38:27	246	1066	Jon Ashman	M42		1:43:12
162	274	Mark Boggis	M45		1:38:30	247	1067	Simon Myers	M42		1:43:12
163	372	Helen Usborne	F31	Serpentine RC	1:38:33	248	616	Brent Curless	M51	Datchet Dashers	1:43:13
164	815	Ben Cooper	M0		1:38:34	249	729	Caroline Earp	F26	St Albans Striders	1:43:17
165	242	Neil Fisher	M38		1:38:40	250	295	Maki Kimura	F38	Mornington Chasers	1:43:25
166	340	Finola Woodhouse	F40	Dunstable RR	1:38:42	251	920	John Thompson	M45		1:43:28
167	345	Jonathan Bracey	M35		1:38:46	252	1000	Richard Cooper	M30	Met Police AA	1:43:29
168	719	Caroline White	F51	London Heathside	1:38:51	253	747	Mark Underwood	M45	Mornington Chasers	1:43:31
169	472	Danny Bonnett	M36		1:38:59	254	30	Richard Jones	M39	St Albans Striders	1:43:34
170	320	Kevin Mills	M45	Campus 7 AC	1:39:00	255	203	Tim Claridge	M41		1:43:35
171	949	Kate Rennie	F34		1:39:01	256	129	Mark Barfield	M37		1:43:38
172	191	Stephen Newing	M27	Gade Valley Harr	1:39:02	257	168	David Hamill	M35	FVS Tri	1:43:40
173	983	Michael Wright	M38		1:39:05	258	1141	Andrew Howell	M35		1:43:44
174	333	Edward Griffin	M31		1:39:10	259	956	Julian Perrins	M41		1:43:47
175	384	Marco Paganuzzi	M42		1:39:12	260	919	Paul Heikel	M52		1:43:48
176	749	Douglas Waller	M48		1:39:14	261	1134	Philip Panayi	M31		1:43:59
177	921	Richard Laws	M41		1:39:15	262	676	Peter Goldfinch	M51	Trent Park RC	1:44:00
178	275	Emma Boggis	F34		1:39:18	263	326	Clare Bonnick	F46	Watford Joggers	1:44:01
179	463	Roland Brown	M48	Tri-Force	1:39:23	264	558	Helen Parris	F35		1:44:03
180	506	Juan Carlos	M31	BMF	1:39:30	265	992	Hilary Warrell	F43		1:44:08
		Esparragoza R				266	656	Kirsty Weston	F34	E London Runners	1:44:08
181	607	Clare Norrish	F25		1:39:32	267	1090	Russell Rowland	M40		1:44:09
182	1172	Dominic Mellor	M30		1:39:35	268	557	Jonathan Hood	M31		1:44:10
183	783	Will Alderson	M39		1:39:43	269	1037	Paul Dainty	M29		1:44:13
184	184	Kevin Neylon	M36		1:39:44	270	408	Sam Khanna	M30		1:44:13
185	502	Doug King	M57	Chiltern Harriers	1:39:45	271	990	Des Mannion	M43	Handy Cross Runner	1:44:18
186	730	Philip Bolitho-Jones	M53	Watford Harriers	1:39:50	272	281	Michael Jack	M48	St Albans Striders	1:44:18
187	908	Wynne Leith	M52		1:39:53	273	47	Stephen Holder	M44	Bearbrook Joggers	1:44:19
188	779	Melvyn Folkard	M50	Chiltern Harriers	1:39:55	274	653	Mike Todd	M46		1:44:21
189	189	Andy Newing	M41	Gade Valley Harr	1:40:03	275	123	Elise Aitchison	F24	Tring RC	1:44:23
190	611	Patrick Clarke	M45	Bearbrook Joggers	1:40:11	276	1168	Gavin Imrie	M33	Sudbury Court RC	1:44:24
191	1051	Helen Cartledge	F30	St Albans Striders	1:40:13	277	476	Simon Kiln	M42		1:44:24
192	366	Paul Chamberlain	M36		1:40:13	278	540	Richard Collins	M47		1:44:35
193	711	Charles Taylor	M60	Trent Park RC	1:40:19	279	1138	Chris Hartnett	M30		1:44:37
194	609	Pete Edwards	M41	Watford Joggers	1:40:20	280	1147	Michael Walker	M52		1:44:39
195	750	Maurice Bond	M60	Tring RC	1:40:24	281	952	Andreas Koini	M39		1:44:40
196	107	Lloyd Clark	M40		1:40:30	282	225	Laura Nelson	F29		1:44:40
197	592	Mark Sharpe	M32	St Albans Warriors	1:40:33	283	227	Barry Flack	M38		1:44:41
198	848	Mike Worsfold	M34		1:40:36	284	768	Christian Clegg	M48		1:44:44
199	927	Bob Watson	M49	St Albans Striders	1:40:38	285	836	Rosaire Gray	F47	London Heathside	1:44:49
200	302	Flavia Munn	F30	Mornington Chasers	1:40:43	286	240	Jon Scott	M29		1:44:50
201	261	Kate Loach	F46	Chiltern Harriers	1:40:45	287	525	Alan Evans	M34		1:44:51
202	688	Paul Elliott	M31		1:40:50	288	208	Dean Thompson	M30		1:44:55
203	909	Dominic Veal	M31		1:40:52	289	755	Sharon Kassemzadeh	F53	Watford Joggers	1:44:57
204	467	Jamie Williams	M28		1:40:54						
205	977	Robin Clarke	M38		1:41:01	290	709	Mark Berryman	M30		1:45:06
206	153	Warren Drury	M33		1:41:07	291	614	Sarah Warner	F37		1:45:11
207	422	Jez Stewart	M30		1:41:10	292	1018	Simon Bright	M44	Gade Valley Harr	1:45:13
208	924	Alistair Banfield	M41	Tonbridge AC	1:41:12	293	1150	Kevin McKeown	M42		1:45:13
209	1076	Robert Harrison	M43		1:41:15	294	1008	Simon Blake	M26		1:45:15
210	604	Peter Smith	M56	St Albans Striders	1:41:22	295	807	Paul Hosking	M41	RRC	1:45:19
211	618	Neil Ostrer	M49		1:41:22	296	965	Lee Murphy	M39		1:45:24
212	825	Brad Wilson	M30		1:41:29	297	183	Catherine Henderson	F38		1:45:29
213	758	Joe Hawkins	M31	Burnham Joggers	1:41:33	298	1077	Ben Painter	M33		1:45:35
214	509	Andrew Rendell	M34	St Albans Striders	1:41:39	299	914	Nicola Henry	F39	Dacorum & Tring AC	1:45:37
215	933	Sam Daish	M35		1:41:40	300	1130	Bob Hattersley	M48		1:45:46
216	291	Lynne Maughan	F36	Serpentine RC	1:41:43	301	580	Richard Forrest	M38		1:45:49
217	161	Andrew Wright	M30		1:41:46	302	735	Colin Jeffs	M37		1:45:51
218	1015	Joanna Murphy	F34	St Albans Striders	1:41:48	303	685	Nicola Heron	F24	Mornington Chasers	1:45:55
219	1006	Anthony Rowlands	M55	St Albans Striders	1:41:49	304	902	Robert Common	M27		1:45:58
220	391	Steve Alexander	M40	St Albans Striders	1:41:52	305	416	Edward Tolchard	M31		1:45:58
221	332	Richard Pangbourne	M23		1:41:54	306	901	Gary Bruce	M44	Met Police AA	1:45:59
222	72	Nicholas Mills	M30		1:41:58	307	814	Julie Norton	F39		1:46:02
223	976	Alex Agran	M33		1:41:58	308	945	Sue Williams	F48	David Lloyd Pacers	1:46:03
224	195	David Hurst	M51		1:42:03	309	987	Adam Stubbs	M35		1:46:09
225	128	Paul Pegler	M54	Treasury Runners	1:42:06	310	884	Mathew Curran	M30		1:46:12
226	215	Nigel Kippax	M50	Tring RC	1:42:13	311	928	Tim Webster	M33		1:46:14
227	323	Andy Harris	M45	Shires Triers	1:42:16	312	109	Terry Donovan	M32		1:46:16
228	299	Anthony Stephenson	M52		1:42:18	313	1040	Rob Staggs	M31	Ealing	1:46:19
229	1002	Martin Garrett	M54	Sudbury Court RC	1:42:20	314	315	Sophie Green	F24		1:46:21
230	317	Joe Francis	M39		1:42:24	315	349	Alison How	F32	Northgate	1:46:23
231	341	Debbie Channer	F35	Bearbrook Joggers	1:42:26	316	92	Verna Burgess	F44	Tring RC	1:46:25
232	383	Robert Bullen	M42	Northgate	1:42:29	317	988	Geoff Maggs	M46		1:46:25
233	726	Dave Edwards	M29		1:42:32	318	1075	Andrew Anthony	M46	Hemel Gym Space	1:46:32
234	769	Michael Kendrick	M47		1:42:34	319	363	Katy Green	F36		1:46:36
235	858	Robin Berry	M30		1:42:36	320	561	Dave Jones	M48	Tring RC	1:46:44
236	344	Claude Herskovits	M36		1:42:37	321	591	Patrick Ryan	M33	St Albans Warriors	1:46:50
237	394	Nigel Henry	M43		1:42:46	322	842	Paul Wagner	M46		1:46:55
238	1086	Claire McDonnell	F38	Gade Valley Harr	1:42:47	323	432	Jose Luis Pellicer	M34		1:46:56
239	765	Alan Friar	M63	British Airways AC	1:42:55	324	968	Nick Schramm	M0		1:46:56
240	619	Michael Barrett	M39		1:43:00	325	252	Sarah Hunter	F36	Tring RC	1:46:57
241	550	Robin Price	M51		1:43:04	326	205	Luke Jefferys	M44		1:46:59
242	178	Alastair Fearn	M25		1:43:04	327	526	Ben Cullis	M27		1:47:00
243	310	James Wright	M40		1:43:05	328	46	Richard White	M53	Tring RC	1:47:06

329	826	Simon Todd	M33		1:47:07	415	415	Sue Pilat	F43	TRA	1:50:32
330	636	Marc Thomas	M30	Team Gilead	1:47:09	416	112	Steve Brewer	M38		1:50:36
331	806	Conor Kilbane	M48		1:47:11	417	1021	Richard Jenkinson	M24	Serpentine RC	1:50:39
332	519	Simon Baker	M44		1:47:13	418	1043	Kevin Bownes	M48	Tiptree RR	1:50:40
333	1069	Philip Wilton	M50		1:47:17	419	88	Charlotte Boucher	F27		1:50:41
334	431	Trevor Free	M53	Handy Cross Runner	1:47:17	420	888	Andrew Van Heiningen	M43	Serpentine RC	1:50:43
335	484	N Gough	M38		1:47:20						
336	961	Matt Worts	M40		1:47:21	421	571	Simon Jessop	M39		1:50:44
337	336	Keith Taylor	M46	Watford Joggers	1:47:24	422	375	Melanie Elliott	F44		1:50:50
338	33	Oliver Gaunt	M26	Tring RC	1:47:25	423	925	Russell Ings	M31		1:51:07
339	376	Howard Smith	M31		1:47:28	424	1080	Simon Rainsford	M41		1:51:12
340	728	Andrew Maher	M35	St Albans Striders	1:47:31	425	660	Barrie Johnston	M31		1:51:19
341	1059	James Streattham	M46		1:47:39	426	906	Gordon Buxton	M39		1:51:22
342	536	Dominic Goslett	M31		1:47:46	427	808	Euan Philipps	M29		1:51:25
343	812	William Molesworth	M66	Chiltern Harriers	1:47:52	428	563	David Woffinden	M33		1:51:25
344	308	Anne-Marie Wilkes	F46	St Albans Striders	1:47:53	429	425	Robin Finer	M34		1:51:26
345	446	Matthew Beswick	M25		1:47:56	430	1126	Peter Olliffe	M37		1:51:29
346	682	Vicki Bennett	F36		1:47:57	431	904	T Beeston	M44		1:51:32
347	430	Mehul Bakrania	M37		1:48:01	432	613	Simon Woollatt	M33		1:51:33
348	338	Kim Hochfeld	F37	London Heathside	1:48:02	433	1101	William Dalton	M23		1:51:38
349	493	Julia Whetlor	F32	Liss Runners	1:48:05	434	1100	Gerry Frewin	M34	Shires Triers	1:51:38
350	501	Olov Hansen	M54	Marlow Striders	1:48:06	435	1120	Harriot Goslett	F32		1:51:39
351	1016	Brian Harrison	M54		1:48:07	436	439	Nick Wellsted	M36		1:51:40
352	1157	Lyn Harris	F54		1:48:07	437	49	Andrew England	M31		1:51:46
353	819	Roger Summers	M41		1:48:09	438	766	Dianne Rogers	F40	Wootton RR	1:51:50
354	1088	Paul Loft	M44	Chiltern Sparrows	1:48:10	439	1065	Mark Pace	M47		1:51:52
355	596	Chris Bailey	M39		1:48:12	440	748	Tamara Oyre	F40	London Heathside	1:51:55
356	241	Rob Scott	M34		1:48:12	441	393	Robert Carter	M36		1:51:59
357	1165	Paul Dennis	M30		1:48:14	442	833	Kim Reed	F43	Tring RC	1:52:01
358	882	Graham Meager	M51		1:48:16	443	229	Lucas Velleley	M33		1:52:03
359	780	Robert Dagul	M39		1:48:21	444	61	Simone Robinson	F25	Gade Valley Harr	1:52:03
360	989	Jon Lightfoot	M43	Met Police AA	1:48:27	445	1166	Tony Robinson	M44	Gade Valley Harr	1:52:04
361	305	Chris Hoyland	M43	Ugosport	1:48:33	446	460	Pamela Daniel	F30		1:52:23
362	954	Steve Tagg	M38		1:48:35	447	985	Liz Kissane	F42	Long Suffering	1:52:24
363	718	Dean Austin	M37		1:48:36	448	66	Gavin Campbell	M25	Padarn Tri	1:52:25
364	347	John Stier	M41	Northgate	1:48:38	449	1068	James Doyle	M31		1:52:26
365	717	Scott Mitchell	M35	Watford Joggers	1:48:40	450	171	Jeremy James	M46		1:52:27
366	621	Simon Cross	M35		1:48:41	451	130	Robert Shardlow	M41		1:52:28
367	170	Colin Broughton	M34		1:48:42	452	90	Tara Eastmead	F33		1:52:28
368	83	Graham Pepper	M50	Whipsnade Lions	1:48:44	453	369	Karen Richardson	F29	Serpentine RC	1:52:36
369	404	Jeff Hardie	M33		1:48:45	454	251	Sue Halliwell	F42	Tring RC	1:52:37
370	738	Richard Levicki	M47		1:48:46	455	763	Jonathan Barrett	M53	St Albans Striders	1:52:41
371	270	Chris Burns	M33		1:48:48	456	28	Paul Weir	M39	Strdrs of Croydon	1:52:42
372	1132	Steven Breagan	M34		1:48:49	457	314	William Green	M22		1:52:44
373	250	Andrew Chadwick	M35		1:48:52	458	678	Imogen Johns	F34		1:52:47
374	1163	Hubert Chesnais	M34		1:48:52	459	549	Stephen Webster	M49		1:52:51
375	407	Susan Bartholomew	F41		1:48:53	460	966	Nick Jinks	M47		1:52:52
376	1150	Kevin McKeown	M42		1:48:53	461	1106	Matthew Armstrong	M33		1:52:55
377	706	Trevor Racke	M38		1:48:57	462	839	Frances Wright	F45	Serpentine RC	1:52:56
378	1095	Paul Clutten	M32		1:48:59	463	1151	Steve Hewitt	M39	Watford Joggers	1:52:59
379	959	Andrew Hodgkins	M40		1:49:01	464	632	Michael Warnock	M60		1:53:00
380	513	Beverley Dockray	F30	Mornington Chasers	1:49:02	465	998	Peter McMunn	M56		1:53:01
381	279	Jim Miller	M64	St Albans Striders	1:49:05	466	871	Justin Murphy	M47		1:53:07
382	935	Jonathan Moss	M47		1:49:05	467	997	Dan Tarak	M33		1:53:12
383	488	Joshua Worthington	M35		1:49:06	468	862	Brigid Byrne	F29		1:53:20
384	402	David Rosenfeld	M46	Radlett Schlocks	1:49:10	469	869	Dan Fitzgerald	M33		1:53:26
385	524	Heather Harris	F0	David Lloyd Pacers	1:49:14	470	671	David Holmes	M54	Chiltern Harriers	1:53:27
386	1109	Michael Halpin	M43		1:49:17	471	872	Claire Strong	F33		1:53:28
387	797	Richard Bentley	M43	St Albans Striders	1:49:19	472	867	Richard North	M29		1:53:30
388	451	Rupert Little	M42		1:49:20	473	810	Rick Lawrence	M41		1:53:31
389	652	Louise Berry	F26	Tring RC	1:49:24	474	1148	Matt Ring	M26		1:53:33
390	714	Paula Hurd	F44		1:49:27	475	555	Neil Chapman	M31	RAF Uxbridge	1:53:34
391	1036	James Newitt	M30	Watford Harriers	1:49:29	476	835	Anna Pillingier	F26		1:53:35
392	994	Antonia Blake	F38		1:49:30	477	256	Gordon Dow	M34		1:53:36
393	221	John Clarke	M34	Army AA	1:49:31	478	388	Alan Edwards	M39		1:53:37
394	677	Dawn Robson	F48	Staggers	1:49:32	479	1024	Catherine Davies	F26		1:53:38
395	11	Graham Hale	M44		1:49:32	480	651	Nicky Claydon	F37	Watford Joggers	1:53:39
396	832	Philip Anderson	M48		1:49:42	481	348	Julian Crane	M38	Northgate	1:53:42
397	277	Rob Wakely	M50		1:49:43	482	821	Martin Unerman	M44		1:53:43
398	654	Liz Smith	F35		1:49:45	483	287	Paul Alger	M29	K&L Gates	1:53:44
399	263	Darren Hogg	M34		1:49:49	484	286	Robert Fox	M42	K&L Gates	1:53:44
400	603	Victoria Crawley	F28	Gade Valley Harr	1:49:53	485	657	Sean Delaney	M39		1:53:46
401	262	Mark Highfield	M49	Watford Harriers	1:49:55	486	981	Lesley Gearing	F49	Dacorum & Tring AC	1:53:56
402	23	Caroline Houston	F32	North Herts RR	1:49:56	487	1096	Peter Dollman	M55	Dacorum & Tring AC	1:53:59
403	947	Craig Phillipson	M40		1:49:59	488	307	David Arnold	M61	Trent Park Trotter	1:54:01
404	406	Tyrone Hannick	M36		1:50:09	489	696	Nathan Chakma	M32		1:54:01
405	708	Paul Green	M49		1:50:09	490	325	Douglas Ramsay	M48	Chiltern Harriers	1:54:06
406	335	Alistair Holland	M39		1:50:13	491	334	Julian Ham	M45		1:54:07
407	495	Marcus Wilcox	M30		1:50:14	492	1127	Lee Bowles	M22		1:54:17
408	1159	Garry Dweh	M42		1:50:17	493	165	Emma Cooksey	F30		1:54:32
409	253	Gemma Wright	F23	Tring RC	1:50:18	494	551	James Ansell	M32	RAF Uxbridge	1:54:34
410	1098	Tom Brookes	M34		1:50:19	495	212	Lindsey Bain	F29		1:54:36
411	690	Sarah-Jane Stephens	F43	Staggers	1:50:22	496	944	Adrian Sherling	M30		1:54:38
412	22	Mark Travers	M44		1:50:25	497	364	Geoff Burgess	M39	Tri-London	1:54:48
413	182	Carol Jones	F32		1:50:26	498	1131	John Booker	M47	BTS	1:54:49
414	600	Terry Thatcher	M51		1:50:28	499	1129	Jeremy Allsop	M41	Datchet Dashers	1:54:50

500	771	Lorayne Keet-Marsh	F49	Wootton RR	1:54:51	585	137	Alastair Gammell	M37	1:57:47	
501	817	Phil Reilly	M50		1:54:51	586	1114	Edward Nix	M39	1:57:49	
502	172	Kym Hudson	F48	Orion Harriers	1:54:52	587	774	Catherine Ashley	F36	1:57:49	
503	1062	Joe Brennan	M45		1:54:55	588	746	Beverley Gibbs	F44	1:57:51	
504	52	Anna Scarth	F28	Tring RC	1:54:57	589		No Race Number		1:57:51	
505	134	David Bambury	M43		1:55:03	590	458	Jennifer Duncan	F25	1:57:53	
506	306	Geoff Halstead	M42		1:55:03	591	354	Russell Hughes	M23	1:57:58	
507	670	Andrew Crisp	M28		1:55:04	592	1081	Monica Alonso	F40	British Airways AC	1:58:07
508	1044	Carolyn Bownes	F48	Tiptree RR	1:55:04	593	900	Gary Waissman	M37	1:58:10	
509	1047	Barry Dobson	M60	Tiptree RR	1:55:05	594	351	Anne Jackson	F42	BP Helios Harriers	1:58:22
510	698	Neil Pangbourne	M36		1:55:05	595	441	David Chalk	M49	1:58:25	
511	1123	Marc Darvell	M34		1:55:12	596	861	Jane Thomas	F43	David Lloyd Pacers	1:58:30
512	282	Brian Nicholson	M60	Chippenham Harr	1:55:12	597	1031	Stuart Sampson	M39	1:58:31	
513	414	Mandy Li	F30		1:55:14	598	853	Andy Helliwell	M34	1:58:31	
514	736	Stephen Kent	M57		1:55:14	599	852	Helen Helliwell	F30	1:58:31	
515	19	Mark Bird	M32	Gade Valley Harr	1:55:16	600	37	Kevin Cabbage	M63	Leighton FR	1:58:34
516	679	Paul Lovis	M49		1:55:17	601	622	Rupert Garrett	M46	1:58:37	
517	150	Nicky Trew	F28	Dunstable RR	1:55:20	602	940	Richard Sutton	M40	1:58:37	
518	953	Philip Scotcher	M31		1:55:22	603	699	Mark Wilson	M41	1:58:38	
519	962	Rachael Little	F36		1:55:23	604	912	Kate Cousin	F43	1:58:39	
520	742	Jonathan Sykes	M50	Ely Runners	1:55:26	605	217	Anne Lewington	F44	1:58:43	
521	419	Emma Lovegrove	F36		1:55:27	606	620	Andy Strach	M43	1:58:48	
522	554	Mark Moroney	M42		1:55:30	607	1042	Paul Carter	M43	St Albans Striders	1:58:58
523	420	Carole Lydon	F53	Amptill & Flitwick	1:55:30	608	897	Felicity Tucker	F31	1:59:01	
524	605	Anne De Asha	F50	Orion Harriers	1:55:33	609	255	John Harris	M38	1:59:05	
525	951	Christine Moran	F36		1:55:36	610	668	Andrew Cole	M32	1:59:09	
526	813	Jayne Morgan	F43	Watford Joggers	1:55:37	611	38	Jocelyn Blackwell	F51	1:59:09	
527	1082	Andy Rutley	M42		1:55:38	612	234	Paul Williams	M39	Chiltern Harriers	1:59:10
528	583	Colin Gifford	M49	RAF Uxbridge	1:55:38	613	1174	Jonathan Lee	M28	1:59:13	
529	1122	Allan Mackintosh	M45		1:55:39	614	1173	Rachel Lindley	F27	1:59:13	
530	174	Alexander Thackway	M48		1:55:39	615	659	Deolor Da Silva	M51	1:59:19	
531	276	Kirsty Barnett	F33	Tring RC	1:55:39	616	1012	Janice Alves De Sousa	F61	Sandhurst Joggers	1:59:19
532	809	Darren Oliver	M32		1:55:41	617	125	Robert Macmillan	M39	Benfleet RC	1:59:23
533	788	Andrew Guest	M33		1:55:43	618	206	Robin Forrest	M37	1:59:27	
534	199	Ruth Jackson	F41	Sudbury Court RC	1:55:45	619	60	Nikki Burgess	F42	Tring RC	1:59:33
535	309	Jennifer Broughton	F28	Serpentine RC	1:55:48	620	321	Paul Hibbs	M44	Campus 7 AC	1:59:35
536	510	Ian Dent	M21		1:55:48	621	197	Duncan Marriott	M38	1:59:45	
537	818	Sharon Willmore	F52		1:55:49	622	443	Harriet Ivory	F36	1:59:50	
538	1116	Melissa Myatt	F29		1:55:50	623	91	Lara Wadey	F29	1:59:58	
539	32	Matthew Rush	M33		1:55:55	624	573	Barbara Rodriguez	F53	Woking AC	2:00:01
540	31	Sara Rush	F34		1:55:56	625	1089	Kevin Seabourne	M48	2:00:08	
541	913	Alex McLeod	M45		1:55:56	626	200	Gareth Brahams	M37	2:00:10	
542	568	David Walker	M62	Chiltern Harriers	1:55:58	627	518	Jana Hladun	F26	Dulwich Runners	2:00:11
543	169	Mike Baker	M49	Kidzone Kickers	1:56:07	628	822	Russell Levene	M46	2:00:17	
544	820	Geoff Lambrick	M53	David Lloyd Pacers	1:56:11	629	713	Carol Quirk	F49	Watford Harriers	2:00:21
545	113	Alex Laine	M35		1:56:12	630	857	Dexter Brown	M40	2:00:28	
546	387	John Lockett	M46	Northgate	1:56:15	631	942	Nicholas Hicks	M35	Chiltern Harriers	2:00:29
547	1091	Michael Hunt	M38		1:56:16	632	993	Malcolm Sargeant	M61	Dacorum & Tring AC	2:00:30
548	1105	Mark Elliott	M31		1:56:18	633	587	John Horgan	M53	100 Marathon Club	2:00:32
549	151	Andrea Broughton	F43	TVH	1:56:18	634	1078	Alexander Chenery	M24	2:00:32	
550	553	George Martin	M30	RAF Uxbridge	1:56:19	635	331	Belinda Russell	F36	Bearbrook Joggers	2:00:35
551	531	Donna Warren	F37	Metros	1:56:25	636	1119	Clare Foster	F27	2:00:38	
552	1169	Sue Figgis	F50		1:56:34	637	899	Stuart Ball	M47	St Albans Striders	2:00:39
553	827	William MacAulay	M37		1:56:34	638	1004	Alan Blackburne	M45	2:00:39	
554	64	Peter Martin	M51		1:56:35	639	637	Peter Collins	M45	2:00:41	
555	794	John Walker	M31		1:56:36	640	1099	Joe Wyatt	M38	2:00:41	
556	648	Marie Trezise	F40		1:56:37	641	55	Elizabeth Daniel	F45	Tring RC	2:00:43
557	1034	Sarah Shynn	F36	Dunstable RR	1:56:39	642	53	John Adams	M30	2:00:50	
558	162	Wendy Cope	F48	Dunstable RR	1:56:40	643	160	Penny Lawrence	F42	2:00:54	
559	230	Anita Hall	F39	Dunstable RR	1:56:41	644	739	Douglas Nholloway	M47	2:00:55	
560	661	Gresh Braglewicz	M33		1:56:42	645	192	Liz Bott	F29	2:00:58	
561	457	Warner Stainbank	M32		1:56:44	646	1007	Leslie Barber	F46	2:01:10	
562	365	Paul Snyman	M32		1:56:44	647	57	Edda Aitchison	F61	Tring RC	2:01:11
563	541	Mark Tant	M43		1:56:46	648	664	Steve Molesworth	M33	2:01:11	
564	359	Anthony Vaz	M30		1:56:48	649	723	Geoff Dennis	M65	Tring RC	2:01:12
565	675	Geoff Doyle	M63		1:56:50	650	235	Hugh Brady	M43	2:01:14	
566	886	Fiona Tarrant	F40		1:56:52	651	847	Gary Wells	M51	2:01:21	
567	840	Quintin Wright	M47	Serpentine RC	1:56:55	652	114	Emily Robinson	F34	Serpentine RC	2:01:22
568	260	Mary Davis	F43		1:56:58	653	721	Amy Mills	F28	2:01:24	
569	1072	Sam Monk	M20		1:56:59	654	181	Nigel Millwood	M35	Tring RC	2:01:31
570	1073	Terry Wintle	M41		1:56:59	655	1146	Philip Walker	M49	2:01:35	
571	147	Simon Cattle	M49		1:57:01	656	938	Anthony Bartlett	M63	Wargrave Runners	2:01:36
572	643	Carolyn Williams	F43		1:57:04	657	152	Anna Sinclair	F25	2:01:39	
573	202	David Pryce	M32		1:57:10	658	939	Brian Skinner	M52	Hayes & Harlington	2:01:46
574	48	Ben Tutty	M40		1:57:11	659	934	Carin Eilerts De Haan	F62	2:01:48	
575	35	Elizabeth Foley	F42		1:57:20	660	776	Simon Fowler	M48	2:01:51	
576	784	Antony Jones	M36		1:57:26	661	790	Steven Hempsall	M34	2:02:00	
577	644	Graham Sanders	M61	Bearbrook Joggers	1:57:27	662	831	Sarah Anderson	F48	2:02:01	
578	950	Cynthia McCabe	F32		1:57:28	663	445	Lloyd Harrison	M27	2:02:05	
579	65	Matt Carter	M35		1:57:29	664	1153	Sarah Welsh	F48	2:02:16	
580	673	Reg Gilbert	M60	Chiltern Harriers	1:57:34	665	760	Fran Martin	F40	2:02:17	
581	785	Paula Cook	F44	Gade Valley Harr	1:57:36	666	401	Liam McGrath	M37	2:02:18	
582	841	Nelofer Syed	F43	Serpentine RC	1:57:42	667	789	Bradley Amiee	M34	2:02:19	
583	745	Mandy Neale	F34		1:57:43	668	517	Alexandra Fairley	F27	2:02:20	
584	544	Alex McBride	F33	Womens Running Net	1:57:46	669	542	Colin McCready	M32	2:02:29	

670	874	John Chelsom	M46		2:02:34	756	1108	Robert Smith	M36		2:09:11
671	737	Philip Kent	M60		2:02:46	757	1083	David Harrison	M51		2:09:25
672	885	Dominic Tarrant	M40		2:02:56	758	481	Jonathan Davey	M35		2:09:26
673	433	Richard Whiting	M57	Herts Phoenix AC	2:02:58	759	529	Andrew Rose	M47		2:09:28
674	1162	Paul Owen	M50		2:03:00	760	922	Claire Douglas	F26		2:09:30
675	158	Sarah Jocelyn	F26	Indeprod	2:03:03	761	923	Paul Douglas	M27		2:09:30
676	290	Neil Johnson	M47		2:03:15	762	516	Chris Stancombe	M38		2:09:34
677	210	Robert MacArthur	M40		2:03:19	763	722	Jo Summers	F32	Trent Park RC	2:09:46
678	527	Jason Levy	M36		2:03:25	764	265	David Phillips	M64	Massey Ferguson RC	2:09:46
679	245	Elizabeth Ashley	F42		2:03:25	765	144	Errol Green	M42		2:09:49
680	316	Katie Fletcher	F27		2:03:27	766	889	Chloe Fleck	F28	Serpentine RC	2:09:50
681	799	James Sangster	M33		2:03:30	767	89	Helle Hennings	F40	Tring RC	2:09:59
682	798	Rachel Sangster	F33		2:03:34	768	452	Rosemary Bains	F50	Trent Park RC	2:10:00
683	10	Paul Thomas	M60	Leighton FR	2:03:38	769	585	Jill Atkins	F53	Trent Park RC	2:10:00
684	991	Paul Chopping	M30		2:03:38	770	68	Jennie Molland	F30		2:10:05
685	95	Kevin Nicholas	M38		2:03:39	771	442	Maritha Archer	F30		2:10:07
686	967	Colin Ware	M43		2:03:50	772	791	Sarah Pluves	F39		2:10:19
687	8	Henrik Hansen	M39	BP Helios Harriers	2:03:52	773	1046	David Ellis	M40		2:10:24
688	426	Jane Porteous	F45	Tring RC	2:03:55	774	413	Sue Vale	F39		2:10:36
689	456	Richard Broom	M52	Eaton Bay Hope Har	2:03:58	775	470	Graham Hart	M36		2:10:38
690	936	Martin Murray	M43		2:03:59	776	753	David Tucker	M54		2:10:41
691	111	J Rogers	F35	Thame Runners	2:04:02	777	865	Louisa Jennings	F29		2:10:44
692	494	Claire Jelfs	F36		2:04:03	778	894	Andrew Amos	M46		2:10:44
693	856	Catherine Baker	F24		2:04:06	779	482	Will Parkinson	M31		2:10:46
694	767	Sunil Patel	M39		2:04:09	780	1124	Jonathan Wheeler	M30		2:10:46
695	133	John Summerhayes	M38		2:04:12	781	155	Huw Hamer	M31		2:10:46
696	464	Jeff Searle	M33		2:04:12	782	918	Marie Shannon	F38	London Heathside	2:10:58
697	764	John Thompson	M49		2:04:15	783	1104	Fabian Mills	M61	Dacorum & Tring AC	2:10:59
698	548	Vikki Kavanagh	F28	Longworth Runners	2:04:16	784	74	James Dauncey	M37		2:11:02
699	546	Andrew Haines	M32	Longworth Runners	2:04:17	785	20	Tina Batchelor	F30		2:11:05
700	864	Jo Diss	F29		2:04:18	786	1050	Ruth Taylor	F25		2:11:07
701	624	Tina Donohoe	F42		2:04:34	787	1048	Jason O'Malley	M25		2:11:08
702	1171	Julie Garner	F44		2:04:34	788	744	Carole Yearley	F47		2:11:08
703	1170	Mike Drew	M44		2:04:34	789	761	Cecilia Heley	F50		2:11:30
704	855	Richard Baker	M55		2:04:55	790	248	Mark Freyd	M28	Freyd Magic	2:11:34
705	280	Sam Elderfield	F42		2:04:57	791	247	Hana Freyd	F29		2:11:35
706	692	Catherine Reece	F23		2:05:10	792	1005	Natalie Parkins	F42		2:11:44
707	693	Thomas Godfrey	M28		2:05:10	793	878	Sue Richardson	F30		2:12:06
708	594	Leona Baldwin	F30		2:05:14	794	879	Mark Richardson	M32		2:12:06
709	995	Julie Taylor	F44	St Albans Striders	2:05:15	795	964	Carrie Stanley	F40	Watford Joggers	2:12:22
710	1020	Gill Cresswell	F36		2:05:21	796	1038	Rob Perry	M36		2:12:23
711	1041	Deborah Roberts	F45		2:05:21	797	930	Charlotte Morris	F18		2:12:24
712	211	Derek Benton	M53		2:05:27	798	328	Adrian Baker	M40		2:12:24
713	1102	Simon Dobbs	M56		2:05:37	799	468	Claire Quinlivan	F40	Trent Park RC	2:12:26
714	196	Tim Brandwood	M32		2:05:43	800	773	Mark Ashley	M37		2:12:29
715	73	Nigel Flowers	M47		2:05:45	801	1033	Jemma Goodship	F25	Portsmouth Uni AC	2:12:30
716	1156	Serif Sasmaz	M19		2:05:47	802	500	Barbro Julin	F45	Marlow Striders	2:12:40
717	132	James Brown	M40		2:05:52	803	999	Amanda Whorwood	F33		2:12:43
718	650	Sara Peters	F42		2:05:53	804	741	Graham Amos	M44		2:12:48
719	180	Imogen Haddon	F33		2:05:54	805	1013	Ross Muee	M32		2:12:50
720	1111	Jane Vellacott	F56		2:06:05	806	259	Annelie Whitfield	F45	Chiltern Harriers	2:12:51
721	1145	Anne Blackburn	F49		2:06:10	807	572	Alexandra Babyneec	F27		2:13:06
722	1117	Chris Anders	M40		2:06:12	808	834	Hugh Miles	M45		2:13:12
723	1175	Carlos Da Costa	M27		2:06:13	809	50	Jennifer Akroyd	F27		2:13:18
724	412	Lynne Saunders	F53		2:06:28	810	373	John Reade	M63		2:13:24
725	330	Gill Heron	F51	Bearbrook Joggers	2:06:31	811	455	Michael Izza	M47		2:13:24
726	689	Arnold Glickman	M60	Purple Patch Run	2:06:32	812	173	Chris Love	M48	Orion Harriers	2:13:27
727	1070	Meena Jefferys	F55		2:06:42	813		No Race Number			2:13:28
728	824	Julia Lines	F43	Dunstable RR	2:06:45	814	75	Fiona Wood	F30		2:13:32
729	84	Gavin Sugden	M34		2:06:45	815	79	Susannah Clark	F32		2:13:33
730	139	Anthony Gotts	M45		2:06:56	816	1103	Hy Ung	M35		2:13:37
731	663	Jan Constantine	F50	Northgate	2:06:59	817	374	Alan Harling	M58	Northgate	2:13:57
732	1154	Kirsty Pollard	F28		2:07:00	818	881	Rob Mac	M39		2:14:06
733	963	Richard Sharples	M42		2:07:06	819	870	Peter Myers	M41		2:14:07
734	1121	Edward Shedd	M41		2:07:07	820	1112	Stjaaw Scheepers	M31		2:14:48
735	641	Emily Short	F27		2:07:21	821	224	Juliusz Wodzianski	M52		2:14:48
736	957	Gary Mitchell	M31		2:07:24	822	850	Michael Mulholland	M41		2:14:53
737	647	Mike Keane	M35		2:07:25	823	505	Roxan Strommer	F25		2:15:17
738	1113	Simon Longbottom	M36		2:07:27	824	695	Tina Searle	F48		2:15:23
739	201	Nigel Brahams	M41		2:07:42	825	1161	Gary Jasper	M46		2:15:34
740	1093	Rachael Turner	F45	Gade Valley Harr	2:07:53	826	486	Janet Fricker	F46		2:15:44
741	917	Briony Fane	F50	London Heathside	2:07:53	827	385	Kev Buckingham	M46	Tring RC	2:15:55
742	429	Sam Richardson	M32		2:07:57	828	491	Patrick Mulhall	M38	Bearbrook Joggers	2:16:30
743	257	Joshua Harrison	M33		2:08:01	829	104	Sarah Lovell	F27		2:16:33
744	300	Helen Durance	F24	St Albans Striders	2:08:03	830	627	Pauline Henley	F59	Trent Park RC	2:16:34
745	828	Paul Mosley	M53	Gade Valley Harr	2:08:10	831	379	Charles Riches	M30		2:16:35
746	787	Amanda Coleman	F37	Dunstable RR	2:08:17	832	167	Alison Merrigan	F29		2:16:40
747	973	David Bartrick	M45		2:08:24	833	907	Charlotte Buxton	F29		2:16:59
748	381	Sally Scothern	F32		2:08:34	834	231	Jackie Armstrong	F47	Watford Joggers	2:17:08
749	578	Sanjay Pal	M35		2:08:35	835	480	Sue Ferguson	F46		2:17:15
750	301	Julie Dowle	F52	Trent Park Trotter	2:08:35	836	662	Lee Craze	M43		2:17:23
751	980	Mark Forsdike	M37	Gade Valley Harr	2:08:46	837	219	Steve Chambers	M30	Chiltern Harriers	2:17:24
752	887	Lawrence Lipka	M45		2:08:49	838	1097	Lynsey Taylor	F26		2:17:32
753	304	Jayne Eckett	F42	Ugogirl	2:08:51	839	589	Zoe Carter	F28		2:17:32
754	1074	Claire Galvin	F44		2:08:53	840	877	Jeanette Rockley	F39	BBC RC	2:18:06
755	1027	Kate Bailey	F36	Gade Valley Harr	2:09:01	841	284	Graham Fensome	M60		2:18:18

5 Mile Fun Run

1	291	Daniel Horner	M32	St Albans Striders	0:27:37	85	133	Sadie Grimes	F31	Stadium Runners	0:43:10
2	97	Jack Thie	M16	Ashlyns Sch	0:29:06	86	50	Charlotte Sadler	F33		0:43:11
3	275	Frank Rooney	M18	Vale of Aylesbury	0:29:15	87	164	Lorna Wright	F11	Dacorum & Tring AC	0:43:15
4	77	Barry Walters	M52	British Airways AC	0:29:39	88	98	Robert Engers	M46	Chiltern Harriers	0:43:30
5	244	Andrzej Bojarski	M35	Hemel Hempstead CC	0:29:47	89	28	Nicola Milestone	F31		0:43:31
6	290	Tony Leary	M40		0:31:27	90	253	Robert Durant	M47		0:43:32
7	102	Katherine Henville	F31	British Airways AC	0:31:33	91	230	Ros Batty	F21		0:43:35
8	58	Mark Taylor	M48	British Airways AC	0:31:38	92	216	David Rayner	M43		0:43:36
9	123	Laura Butt	F35	Chiltern Harriers	0:31:52	93	23	Ann Fitzgerald	F44		0:43:38
10	87	John O'Grady	M40	Chiltern Harriers	0:32:06	94	288	John Potter	M30	WGC Runners	0:43:49
11	161	Kevin Hammond	M42	Stroud AC	0:32:10	95	15	Max Halliwell	M40		0:44:03
12	248	Paul Illing	M42	Watford Harriers	0:32:57	96	21	Patricia Osborne	F39		0:44:09
13	246	Graham Mayoh	M42	Watford Harriers	0:32:58	97	305	Hugo Manson	M13		0:44:13
14	24	Martin Grimdsdale	M53	Watford Harriers	0:33:08	98	306	David Manson	M44		0:44:14
15	182	Rob Harper	M27		0:33:31	99	265	Chris Bradshaw	M16		0:44:17
16	178	Roger Martin	M48	Prologic	0:33:44	100	187	Martin Moore	M49		0:44:31
17	304	Gerry Doherty	M34		0:34:15	101	13	Mark Ashley	M34		0:44:33
18	157	Steve Bevan	M46		0:34:27	102	220	Jessica Gurney	F33		0:44:34
19	284	Ben Clement	M23	RAF Uxbridge	0:34:36	103	14	Lucy Ashley	F34		0:44:36
20	122	Darren Luke	M19	RAF Uxbridge	0:35:23	104	142	Andrew Beard	M30	Prologic	0:44:40
21	101	Deborah Helsdon	F31	British Airways AC	0:35:54	105	73	Janet Hall	F47		0:44:59
22	165	Derek Peverill	M62	Vale of Aylesbury	0:36:12	106	279	Stas Strach	M47		0:45:19
23	247	Derek Robertson	M46	Watford Harriers	0:36:17	107	158	Sarah Veall	F36		0:45:20
24	260	Rory Tinker	M11	Hemel Hempstead S	0:36:19	108	254	Angelo Di Carlo	M50		0:45:21
25	309	Chris Smith	M30		0:36:24	109	151	Carole Pitts	F46		0:45:32
26	191	Dominic Tucker	M33	British Airways AC	0:36:46	110	61	Jenny Chalmers	F45		0:45:34
27	177	Ben Moss	M34		0:36:58	111	232	Glenn Rawson	M25		0:45:39
28	74	Steve Gould	M54		0:37:16	112	91	Margaret Atwill	F45		0:45:43
29	70	John Cherry	M60	Watford Joggers	0:37:25	113	162	Ron Mudge	M48		0:45:47
30	72	Tom Hall	M17	Berkhamsted Coll	0:37:29	114	154	Susan Defoe	F48	Watford Joggers	0:45:50
31	131	Christian Schramm	M13		0:37:38	115	40	Emily Matejak	F24	RAF Uxbridge	0:45:55
32	269	Adrian Simm	M48		0:37:39	116	104	Livia Benova	F32		0:45:58
33	166	Tim Symington	M44		0:37:46	117	282	Rebecca Lemoignew	F22		0:46:08
34	289	David Short	M29	Prologic	0:37:48	118	308	Helen Dowley	F34	Prologic	0:46:17
35	160	Mick McCormack	M47		0:37:52	119	124	Jane Richmond	F58	Watford Joggers	0:46:22
36	143	Sanjeev Vijh	M39	Prologic	0:37:57	120	251	Christine James	F52	Watford Harriers	0:46:30
37	60	Tim Ashby	M11	St Thomas More Sch	0:38:03	121	57	Louise Pollard	F32		0:46:32
38	183	Charles Cowpe	M28		0:38:04	122	42	Laura Nixon	F24	RAF Uxbridge	0:46:33
39	184	Joanna Teare	F28		0:38:05	123	147	Elizabeth Harrison	F57		0:46:33
40	229	Michael Bannister	M31		0:38:05	124	148	Sarah Lawley	F35		0:46:34
41	95	Tracy Holden	F41		0:38:06	125	234	Victoria Sims	F41		0:46:35
42	173	Gail Maleham	F41		0:38:26	126	263	Sarah Morley	F28		0:46:39
43	141	Jayne Turnley	F41	Watford Harriers	0:38:32	127	86	Claire O'Grady	F40		0:46:51
44	202	Linda Batchelor	F44	Gade Valley Harr	0:38:33	128	272	Dan White	M48		0:47:01
45	92	Patrick Shaw	M46		0:38:39	129	203	Kenny Gahagan	M37		0:47:06
46	63	Jack Richardson	M63		0:38:46	130	235	Andrew Smith	M44		0:47:10
47	219	Ray Gurney	M61	Dacorum & Tring AC	0:38:59	131	4	James Moir	M50		0:47:17
48	297	Ursula Downs	F51		0:39:02	132	242	Katie Noble	F13	Wycombe Abbey	0:47:19
49	153	Peter Gray	M21		0:39:15	133	243	Peter Noble	M51		0:47:32
50	62	Ben Chalmers	M11	Bridgewater Sch	0:39:17	134	93	Nicola Henry	F43		0:47:45
51	208	Bernie Horabin	F39		0:39:18	135	144	Helen Smith	F52	British Airways AC	0:48:13
52	120	Kieran Dolan	M44		0:39:27	136	100	Colin Harris-Rowe	M67		0:48:28
53	222	Robert Dowley	M35	Prologic	0:39:44	137	6	Michael Moir	M14		0:48:29
54	69	Collette Convery	F43	Prologic	0:39:55	138	224	Caroline Crozier	F45		0:48:31
55	256	Alex Marra	M14	Ashlyns Sch	0:40:09	139	212	Peter Tucker	M54	Gade Valley Harr	0:48:37
56	293	Maria Cook	F45	Tring RC	0:40:16	140	210	Harry Day	M9	Bridgewater Sch	0:48:48
57	274	Emma Langdon	F24		0:40:22	141	75	Mark Evans	M18		0:48:57
58	30	Andrew Watt	M37		0:40:24	142	195	Toby Sayers	M11	Bridgewater Sch	0:48:58
59	121	Colin Campbell	M26	RAF Uxbridge	0:40:37	143	266	Tim Bradshaw	M14		0:49:00
60	213	Nick Pierpoint	M50	Tring RC	0:40:41	144	84	Eleanor O'Grady	F11	Berkhamsted Coll	0:49:01
61	44	Alex Humphrey	M14		0:40:47	145	198	Amy Jagger	F25		0:49:06
62	193	Justine Arnott	F25	British Airways AC	0:40:56	146	190	Keith Pangbourne	M43		0:49:09
63	206	Stuart Goss	M31		0:41:00	147	22	Ros Cranston	F40		0:49:11
64	43	Martin Humphrey	M51		0:41:09	148	12	Michelle Meadows	F31		0:49:14
65	286	Steve McGuinness	M43	RAF Uxbridge	0:41:10	149	2	Lasairfiona MacMahon-Mills	F47		0:49:15
66	252	Phil Woodage	M57	Bearbrook Joggers	0:41:10	150	31	Alison Brown	F41		0:49:21
67	39	George Martin	M30	RAF Uxbridge	0:41:12	151	146	Catherine Matheson	F16	Berkhamsted Coll	0:49:23
68	103	David Dixon	M34		0:41:14	152	292	Helen Pert	F45		0:49:24
69	280	Grant Charleston	M44		0:41:20	153	176	Annemarie Renny-Smith	F49		0:49:28
70	167	Nick Ormiston	M15	Berkhamsted Coll	0:41:21	154	257	Angelo Marra	M47		0:49:29
71	53	Nicola Hammond	F26	RAF Uxbridge	0:41:30	155	159	Amanda Bond	F41	Mels Milers	0:49:42
72	264	Chris Pike	M38		0:41:31	156	223	Caroline Matthews	F26		0:49:52
73	188	Nicholas Crowther	M31		0:41:37	157	196	David Sayers	M43		0:50:00
74	138	Julia Riddle	F27		0:41:39	158	262	Geraldine Bradshaw	F48	Dacorum & Tring AC	0:50:01
75	277	George Godar	M59		0:41:59	159	231	Ella Livingstone	F33		0:50:18
76	241	James Honour	M47		0:42:08	160	117	Lee Bryant	M29		0:50:29
77	197	Paul Reynolds	M40		0:42:14	161	76	Roger Evans	M51		0:50:36
78	303	Thomas Lester	M59		0:42:17	162	310	Oliver Barker	M7	Greenway Sch	0:50:37
79	132	John Anderson	M48		0:42:18	163	186	Vincent Barker	M37		0:50:38
80	16	Mark Halliwell	M12		0:42:24	164	285	Marie Williamson	F25	Gade Valley Harr	0:50:40
81	227	Nigel Parkins	M48		0:42:55	165	218	Ian Barnes	M59	Gade Valley Harr	0:50:44
82	245	Kathleen Gilmartin	F54		0:42:58	166	204	John Shelton	M56	Tring RC	0:50:49
83	221	Michael Thompson	M51		0:42:59	167	201	Brad Burlingham	M40		0:50:50
84	109	Scott Baillie	M34	Dunstable RR	0:43:02	168	55	Daniel Prince	M13		0:50:53

169	228	Debbie Knott	F34	Amptill & Flitwick	0:50:55	254	116	Caitlin Bruce	F11		1:03:38
170	214	Louise Brookes	F34		0:51:06	255	283	Alice Beaumont	F15	Ashlyns Sch	1:03:52
171	174	Bethan George	F38		0:51:06	256	240	Beth Booker	F48	LA Fitness	1:03:57
172	268	Roger Wotton	M61		0:51:06	257	79	Alison Johnson	F39		1:04:09
173	200	Katie Hunt	F37		0:51:08	258	114	Jackie Gomme	F52		1:04:26
174	199	Gwen Reson	F35		0:51:08	259	278	Pat Westcott	F65	Watford Run Sister	1:05:10
175	189	James Pangbourne	M9	Bridgewater Sch	0:51:11	260	145	Sandra Cowan	F68	Watford Run Sister	1:05:12
176	185	Thomas Barker	M9	Bridgewater Sch	0:51:11	261	78	Caroline Livings	F43		1:05:15
177	59	Simon Wardell	M40		0:51:17	262	296	Charlotte Wells	F10		1:06:03
178	249	Tina Ransome	F36		0:51:23	263	90	Heather Coghlan	F36		1:06:28
179	250	Alan Ransome	M40		0:51:24	264	83	Gemma Keen	F36		1:06:28
180	80	Sarah Rimmer	F31		0:51:28	265	136	Hayley Bedforth	F39		1:08:45
181	302	Katie Tant	F41		0:51:33	266	65	Yvette Patel	F43		1:39:21
182	17	Alison Lyon	F43		0:51:38	267	68	Zachary Patel	M6	Victoria Sch	1:39:21
183	239	Elizabeth Brazier	F41		0:51:45	268	128	Sadhna Patel	F37	The Patels	1:39:21
184	181	Fiona Insch	F41		0:51:51	269	129	Ayesha Patel	F10	The Patels	1:39:21
185	180	Fiona Kent	F43		0:51:51	270	237	Liam Brown	M3		2:10:12
186	41	Claire Wilson	F33	RAF Uxbridge	0:51:59	271	238	Debbie Watson	F32		2:10:12
187	205	Louise Fallows	F26		0:52:07						
188	267	Carole Bartlett	F47	Running Sisters	0:52:18						
189	135	Dora Slater	F44	Watford Run Sister	0:52:23						
190	226	Lynne Mosley	F51	Gade Valley Harr	0:52:24						
191	225	Helen Terry	F25	Gade Valley Harr	0:52:25						
192	71	Carolyn Moss	F48		0:52:50						
193	115	Caroline Johnson	F48		0:53:03						
194	110	Jayne Barratt-Haynes	F41		0:53:03						
195	126	Karen Higgins	F36		0:53:07						
196	127	Phil Higgins	M39		0:53:07						
197	215	Kate Pratt	F40		0:53:14						
198	209	Niki Day	F44		0:53:36						
199	211	Mark Day	M42		0:53:36						
200	281	Catherine Kearney	F41		0:53:42						
201	175	James Renny-Smith	M13	Berkhamsted Coll	0:53:45						
202	113	Gill Reynolds	F53		0:53:50						
203	276	Angela Proctor	F44		0:53:52						
204	94	Fiona Davis	F21		0:53:55						
205	5	Ruth Moir	F12		0:53:56						
206	51	Jeff Peters	M38		0:54:01						
207	21	Patricia Osborne	F39		0:54:07						
208	255	Victoria Sorzano	F39		0:54:09						
209	271	Heidi Gould	F33		0:54:18						
210	270	Gemma Wiggins	F27		0:54:19						
211	298	Natalie Chandler	F45		0:54:20						
212	217	Caroline Wright	F47		0:54:24						
213	192	Natalie Ruffell	F17	Ashlyns Sch	0:54:28						
214	107	Hester Thorp	F37		0:54:30						
215	56	Harriet Queralt	F36		0:54:31						
216	89	Deborah Lea	F37		0:54:31						
217	119	David Cudby	M58		0:54:37						
218	207	Andrew Thompson	M13	Chesham High	0:54:38						
219	118	David Cook	M37		0:54:58						
220	8	Liz Carlile	F51		0:55:04						
221	149	Menna Pitts	F45		0:55:17						
222	194	Naomi Joyner	F17	Ashlyns Sch	0:55:43						
223	64	Lynn Denham	F51		0:55:47						
224	273	Ben White	M27		0:56:12						
225	233	Samantha Barnes	F26		0:56:12						
226	37	Sharon Slade	F38		0:56:18						
227	38	Rob Slade	M34		0:56:18						
228	106	Euan Robertson	M8	Greenway Sch	0:56:41						
229	108	Rachel Willson	F28		0:56:46						
230	295	Anthea Watkins	F45		0:56:47						
231	111	Claire Terry	F25	Gade Valley Harr	0:56:53						
232	96	Monica Tourlamain	F52		0:56:58						
233	99	Elizabeth Gray	F49		0:57:02						
234	105	Sheila Robertson	F41		0:57:25						
235	236	Caroline Banks	F49		0:57:31						
236	294	Alison Cooper	F41		0:57:32						
237	172	Yantra Williams	F37	Prologic	0:58:00						
238	171	Gordon Williams	M39	Prologic	0:58:01						
239	163	Louise Ferdjani	F12		0:58:19						
240	169	Clare Norris	F30		0:58:22						
241	170	Sarah Fearn	F30		0:58:23						
242	168	Andrew Fearn	M56		0:58:23						
243	155	May Milton	F49		0:59:25						
244	311	Jane Barker	F41		0:59:43						
245	140	Mary Manfield	F54	Gade Valley Harr	0:59:58						
246	287	Gary O'Mahoney	M43		1:00:05						
247	258	Adrin Wollacott	M45	Bulbourne Rotary	1:00:13						
248	299	Kate Saunders	F8	Victoria Sch	1:01:55						
249	300	Isobel Tupman	F9	Swingate School	1:01:56						
250	301	Ian Tupman	M43		1:01:57						
251	67	Thomas Patel	M12	Bridgewater Sch	1:02:36						
252	261	Iona Tinker	F9	Boxmore Sch	1:03:04						
253	259	Fergus Tinker	M13	Hemel Hempstead S	1:03:04						

School Team

- 1 Berkhamsted Coll Total :- 244
 :A72 - T Hall 30:A167 - N Ormiston 70:A84 - E O'Grady 144:
 2 Ashlyns Sch Total :- 270
 :A97 - J Thie 2:A256 - A Marra 55:A192 - N Ruffell 213:
 3 Bridgewater Sch Total :- 332
 :A62 - B Chalmers 50:A210 - H Day 140:A195 - T Sayers 142:

Team Prize

- 1 British Airways AC Total :- 19
 :A77 - B Walters 4:A102 - K Henville 7:A58 - M Taylor 8:
 2 Watford Harriers Total :- 39
 :A248 - P Illing 12:A246 - G Mayoh 13:A24 - M Grimsdale 14:
 3 Prologic Total :- 86
 :A178 - R Martin 16:A289 - D Short 34:A143 - S Vjih 36:
 4 RAF Uxbridge Total :- 98
 :A284 - B Clement 19:A122 - D Luke 20:A121 - C Campbell 59:
 5 Chiltern Harriers Total :- 107
 :A123 - L Butt 9:A87 - J O'Grady 10:A98 - R Engers 88:
 6 Watford Joggers Total :- 262
 :A70 - J Cherry 29:A154 - S Defoe 114:A124 - J Richmond 119:
 7 Tring RC Total :- 282
 :A293 - M Cook 56:A213 - N Pierpoint 60:A204 - J Shelton 166:
 8 Dacorum & Tring AC Total :- 292
 :A219 - R Gurney 47:A164 - L Wright 87:A262 - G Bradshaw 158:
 9 Gade Valley Harr Total :- 347
 :A202 - L Batchelor 44:A212 - P Tucker 139:A285 - M Williamson 164:
 10 Watford Run Sister Total :- 708
 :A135 - D Slater 189:A278 - P Westcott 259:A145 - S Cowan 260